

Holy Eucharist

14 July 2024 | 7.00 am, 11.00 am

Seventh Sunday after Trinity



Synod of the Diocese of West Malaysia

St Mary's Cathedral

Making disciples of Jesus Christ

[Sermon Outline](#) (page 15) | [Announcements](#) (page 41)

Hymn: Praise, My Soul, The King Of Heaven

Henry Francis Lyte 1793-1847

Praise, my soul, the King of Heaven;
to his feet thy tribute bring;
ransomed, healed, restored, forgiven,
who like me his praise should sing?
Alleluia, alleluia,
praise the everlasting King.

Praise him for his grace and favour
to our fathers in distress;
praise him still the same for ever,
slow to chide, and swift to bless:
Alleluia, alleluia,
glorious in his faithfulness.

Father-like, He tends and spares us,
well our feeble frame he knows;
in his hands he gently bears us,
rescues us from all our foes:
Alleluia, alleluia,
widely as his mercy flows.

Angels, help us to adore him;
ye behold him face to face;
sun and moon, bow down before him,
dwellers all in time and space:
Alleluia, alleluia,
praise with us the God of grace.

Public Domain

Introduction

Prayer of Preparation

All: Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord.
Amen.

Gloria In Excelsis

**All: Glory to God in the highest
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord;
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Collect for the Seventh Sunday after Trinity

**All: Lord of all power and might,
the author and giver of all good things:
graft in our hearts the love of your name,
increase in us true religion,
nourish us with all goodness,
and of your great mercy keep us in the same;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.**

Old Testament Reading: Nehemiah 5

(Please be seated.)

¹ Now there arose a great outcry of the people and of their wives against their Jewish brothers. ² For there were those who said, “With our sons and our daughters, we are many. So let us get grain, that we may eat and keep alive.” ³ There were also those who said, “We are mortgaging our fields, our vineyards, and our houses to get grain because of the famine.” ⁴ And there were those who said, “We have borrowed money for the king's tax on our fields and our vineyards. ⁵ Now our flesh is as the flesh of our brothers, our children are as their children. Yet we are forcing our sons and our daughters to be slaves, and some of our daughters have already been enslaved, but it is not in our power to help it, for other men have our fields and our vineyards.”

⁶ I was very angry when I heard their outcry and these words. ⁷ I took counsel with myself, and I brought charges against the nobles and the officials. I said to them, “You are exacting interest, each from his brother.” And I held a great assembly against them ⁸ and said to them, “We, as far as we are able, have bought back our Jewish brothers who have been sold to the nations, but you even sell your

brothers that they may be sold to us!” They were silent and could not find a word to say. ⁹ So I said, “The thing that you are doing is not good. Ought you not to walk in the fear of our God to prevent the taunts of the nations our enemies? ¹⁰ Moreover, I and my brothers and my servants are lending them money and grain. Let us abandon this exacting of interest. ¹¹ Return to them this very day their fields, their vineyards, their olive orchards, and their houses, and the percentage of money, grain, wine, and oil that you have been exacting from them.” ¹² Then they said, “We will restore these and require nothing from them. We will do as you say.” And I called the priests and made them swear to do as they had promised. ¹³ I also shook out the fold of my garment and said, “So may God shake out every man from his house and from his labour who does not keep this promise. So may he be shaken out and emptied.” And all the assembly said “Amen” and praised the Lord. And the people did as they had promised.

¹⁴ Moreover, from the time that I was appointed to be their governor in the land of Judah, from the twentieth year to the thirty-second year of Artaxerxes the king, twelve years, neither I nor my brothers ate the food

allowance of the governor. ¹⁵ The former governors who were before me laid heavy burdens on the people and took from them for their daily ration forty shekels of silver. Even their servants lorded it over the people. But I did not do so, because of the fear of God. ¹⁶ I also persevered in the work on this wall, and we acquired no land, and all my servants were gathered there for the work. ¹⁷ Moreover, there were at my table 150 men, Jews and officials, besides those who came to us from the nations that were around us. ¹⁸ Now what was prepared at my expense for each day was one ox and six choice sheep and birds, and every ten days all kinds of wine in abundance. Yet for all this I did not demand the food allowance of the governor, because the service was too heavy on this people. ¹⁹ Remember for my good, O my God, all that I have done for this people.

At the end of the reading, the reader says,

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Psalm 15

(Please stand: the Psalm will be said responsively.)

A Psalm of David.

¹ O LORD, who shall sojourn in your tent?

Who shall dwell on your holy hill?

² **He who walks blamelessly and does what is right
and speaks truth in his heart;**

³ who does not slander with his tongue
and does no evil to his neighbour,
nor takes up a reproach against his friend;

⁴ **in whose eyes a vile person is despised,
but who honours those who fear the LORD;
who swears to his own hurt and does not change;**

⁵ who does not put out his money at interest
and does not take a bribe against the innocent.

He who does these things shall never be moved.

At the end of the reading the reader says,

Reader: Glory be to the Father, and to the Son
and to the Holy Spirit,

All: **As it was in the beginning, is now,
and shall be forever.
Amen.**

New Testament Reading: Revelation 19:1-10

(Please be seated.)

¹ After this I heard what seemed to be the loud voice of a great multitude in heaven, crying out,

“Hallelujah!

Salvation and glory and power belong to our God,

² for his judgments are true and just;

for he has judged the great prostitute

who corrupted the earth with her immorality,
and has avenged on her the blood of his servants.”

³ Once more they cried out,

“Hallelujah!

The smoke from her goes up forever and ever.”

⁴ And the twenty-four elders and the four living creatures fell down and worshiped God who was seated on the throne, saying, “Amen. Hallelujah!” ⁵ And from the throne came a voice saying,

“Praise our God,

all you his servants,

you who fear him,

small and great.”

⁶ Then I heard what seemed to be the voice of a great multitude, like the roar of many waters and like the sound of mighty peals of thunder, crying out,

“Hallelujah!

For the Lord our God
the Almighty reigns.

⁷ Let us rejoice and exult
and give him the glory,
for the marriage of the Lamb has come,
and his Bride has made herself ready;

⁸ it was granted her to clothe herself
with fine linen, bright and pure” —

for the fine linen is the righteous deeds of the saints.

⁹ And the angel said to me, “Write this: Blessed are those who are invited to the marriage supper of the Lamb.” And he said to me, “These are the true words of God.” ¹⁰ Then I fell down at his feet to worship him, but he said to me, “You must not do that! I am a fellow servant with you and your brothers who hold to the testimony of Jesus. Worship God.” For the testimony of Jesus is the spirit of prophecy.

At the end of the reading, the reader says,

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Gospel Reading: Matthew 22:1-14

After the reader announces the reading, the people all standing up, all shall say:

Glory to Christ our Saviour.

¹ And again Jesus spoke to them in parables, saying, ² “The kingdom of heaven may be compared to a king who gave a wedding feast for his son, ³ and sent his servants to call those who were invited to the wedding feast, but they would not come. ⁴ Again he sent other servants, saying, ‘Tell those who are invited, “See, I have prepared my dinner, my oxen and my fat calves have been slaughtered, and everything is ready. Come to the wedding feast.”’”

⁵ But they paid no attention and went off, one to his farm, another to his business, ⁶ while the rest seized his servants, treated them shamefully, and killed them. ⁷ The king was angry, and he sent his troops and destroyed those murderers and burned their city. ⁸ Then he said to his servants, ‘The wedding feast is ready, but those invited were not worthy. ⁹ Go therefore to the main roads and invite to the wedding feast as many as you find.’ ¹⁰ And those servants went out into the roads and gathered all whom they found, both bad and good. So the wedding hall was filled with guests.

¹¹ “But when the king came in to look at the guests, he saw there a man who had no wedding garment. ¹² And he said to him, ‘Friend, how did you get in here without a wedding garment?’ And he was speechless. ¹³ Then the king said to the attendants, ‘Bind him hand and foot and cast him into the outer darkness. In that place there will be weeping and gnashing of teeth.’ ¹⁴ For many are called, but few are chosen.”

At the end of the reading, the reader shall say,
This is the Gospel of Christ.

All shall respond:

Praise to Christ our Lord.

(At the 11 am service, parents may take their children to Kids’ Church at this point.)

Sermon: Building The Wall: The People Cry Out

Nehemiah 5

1. Introduction

- a. Why have this narrative here?

2. The People Cry Out (v1-5)

3. Nehemiah Addresses the People (v6-9)

4. The Response of the People (v10-13)

5. Nehemiah's Example (v14-19)

6. Application

- a. Caring for God's People
- b. Looking Forward to the Marriage Supper of the Lamb

The Nicene Creed

(Please stand.)

**All: We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
by the power of the Holy Spirit
he was born of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate;
he suffered, died and was buried.
On the third day he rose again
in fulfilment of the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
With the Father and the Son
he is worshipped and glorified,
He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

(Please kneel or be seated.)

Prayers for the nations of the world and our own nation

Leader: O God, our creator and preserver, we pray for people of every race, and in every kind of need: make your ways known on earth, your saving power among all nations.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the church throughout the world and our own church

Leader: We pray for your Church throughout the world: guide and govern us by your Holy Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the sick, the suffering and those who mourn the death of loved ones

Leader: We commend to your fatherly goodness all who are anxious or distressed in mind or body; comfort and relieve them in their need; give them patience in their sufferings and bring good out of their troubles.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers conclude with the Lord's Prayer.

All: **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever.
Amen.**

The Peace

(Please stand.)

The Greeting of Peace is introduced in these or other suitable words.

Minister: We are the body of Christ.

In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

Minister: The peace of the Lord be always with you.

All: **And also with you.**

All may exchange a sign of peace.

Hymn: Help Us To Help Each Other

Charles Wesley 1707-1788

Help us to help each other, Lord,
each other's cross to bear;
let each his friendly aid afford,
and feel another's care.

Up into thee, our living head,
let us in all things grow,
and by thy sacrifice be led
the fruits of love to show.

Touched by the lodestone of thy love
let all our hearts agree;
and ever towards each other move,
and ever move towards thee.

This is the bond of perfectness,
thy spotless charity.
O let us still, we pray, possess
the mind that was in thee.

Prayer of Penitence and Confession

The minister may use this or another call to confession.

Minister: Brothers and sisters: as we come together to share in the holy Communion of the Body and Blood of our Saviour Christ, the Scriptures urge us to examine our lives and repent of our sins. As we do so, let us be thankful that God the Son humbled himself, becoming man, to die for us on the Cross. And by the shedding of his precious blood, he obtained for us forgiveness of sins, and life with him forever. In remembrance of his death, and as a pledge of his love, Jesus instituted this holy sacrament, to our great and endless comfort.

You, then, who truly and earnestly repent of your sins, seek to live in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from now on in his holy ways, draw near with faith, and take this holy sacrament to your comfort. But first, let us make our humble confession to almighty God.

(Please kneel or be seated.)

All: Almighty God, our Heavenly Father

**We admit that we have sinned against you
in thought, word and deed,
and deserve your just punishment.**

**We truly repent and are sorry
for what we have done.**

Have mercy on us, merciful Father.

**For the sake of your Son Jesus Christ,
who died for us,**

forgive us all that is past,

**and grant that we may serve you in newness of life
to the glory of your name.**

Amen.

The minister declares God's forgiveness:

Almighty God,
who forgives all who truly repent
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All: **Amen.**

Then the minister shall say,

Hear the words of comfort our Saviour Christ says unto all
that truly turn to him.

Come to me, all who labour and are heavy laden, and I will
give you rest.

(Matthew 11:28)

God so loved the world, that he gave his only Son, that
whoever believes in him should not perish but have
eternal life.

(John 3:16)

Hear also what St Paul says.

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

(1 Timothy 1:15)

Hear also what St John says.

If anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins.

(1 John 2:1-2)

The Eucharist

(Please remain kneeling or seated.)

Minister: The Lord is here.

All: **His Spirit is with us.**

Minister: Lift up your hearts.

All: **We lift them to the Lord.**

Minister: Let us give thanks to the Lord our God.

All: **It is right to give him thanks and praise.**

Minister: It is indeed right it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ your Son our Lord.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

All: **Holy, holy, holy Lord
God of power and might,
Heaven and earth are full of your glory.
Glory to you, O Lord Most High.**

This Prayer of Humble Access may be said by all.

**All: We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy so much as to gather up
the crumbs under your table.
But you are the same Lord,
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that we may evermore dwell in him
and he in us.
Amen.**

The Minister prays:

Almighty God, our Heavenly Father,
who in your tender mercy gave your only Son
Jesus Christ to suffer death upon the cross
for our redemption;
who made there,
by his one oblation of himself once offered,
a full, perfect and sufficient sacrifice
for the sins of the whole world;
and who instituted, and in his holy gospel
commanded us to continue,
a perpetual memory of his precious death
until his coming again:
Hear us, merciful Father, we humbly pray,
and grant that we who receive
these gifts of your creation,
this bread and this wine,
according to your Son our Saviour
Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers, by faith,
of his most blessed body and blood:

who, in the night he was betrayed,
took bread, and when he had given you thanks,
he broke it and gave it to his disciples saying,
“Take, eat; this is my body which is given for you;
do this in remembrance of me.”

In the same way, after supper,
he took the cup, and when he had given you thanks,
he gave it to them saying,
“Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins;
do this, as often as you drink it,
in remembrance of me.”

All: **Amen.**

The Distribution

Minister:

Eat and drink this in remembrance that Christ died
for you and feed on him in your hearts by faith with
thanksgiving.

Hymn: Be Still My Soul The Lord Is On Your Side

Katharina von Schlegel 1697

Be still, my soul: the Lord is on your side;
bear patiently the cross of grief and pain;
leave to your God to order and provide;
in every change he faithful will remain.
Be still, my soul: your best, your heavenly friend
through thorny ways leads to a joyful end.

Be still, my soul: your God will undertake
to guide the future as he has the past.
Your hope, your confidence let nothing shake,
all now mysterious shall be clear at last.
Be still, my soul: the waves and winds still know
his voice, who ruled them while he dwelt below.

Be still, my soul: when dearest friends depart
and all is darkened in the vale of tears,
then you shall better know his love, his heart,
who comes to soothe your sorrow, calm your fears.
Be still, my soul: for Jesus can repay
from his own fullness all he takes away.

Be still, my soul: the hour is hastening on
when we shall be for ever with the Lord,
when disappointment, grief, and fear are gone,
sorrow forgotten, love's pure joy restored.
Be still, my soul: when change and tears are past,
all safe and blessèd we shall meet at last.

Public Domain

Hymn: O Thou From Whom All Goodness Flows

Thomas Haweis 1734-1820

O thou from whom all goodness flows,
I lift my soul to thee;
In all my sorrows, conflicts, woes,
Good Lord, remember me.

When on my aching, burdened heart
My sins lie heavily,
Thy pardon grant, new peace impart:
Good Lord, remember me.

When trials sore obstruct my way,
And ills I cannot flee,
O let my strength be as my day:
Good Lord, remember me.

If, for thy sake, upon my name
Shame and reproach shall be,
All hail reproach, and welcome shame!
Good Lord, remember me.

If worn with pain, disease, or grief,
This feeble frame should be,
Grant patience, rest, and kind relief:
Good Lord, remember me.

When, in the solemn hour of death,
I wait thy just decree,
Be this the pray'r of my last breath:
Good Lord, remember me.

Public Domain

Hymn: Brother, Sister, Let Me Serve You

Richard Gillard 1953

Brother, sister, let me serve you;
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.

We are pilgrims on a journey,
and companions on the road;
we are here to help each other
walk the mile and bear the load.

I will hold the Christ-light for you
in the night-time of your fear;
I will hold my hand out to you,
speak the peace you long to hear.

I will weep when you are weeping;
when you laugh I'll laugh with you;
I will share your joy and sorrow,
till we've seen this journey through.

When we sing to God in heaven
we shall find such harmony,
born of all we've known together
of Christ's love and agony.

Brother, sister, let me serve you;
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.

© 1977 Scripture in Song/Maranatha! Music
Used by permission. CCL License No. 332301

Prayers of Response

(Please kneel or be seated.)

**All: Almighty God,
we thank you for feeding us
with the spiritual food
of the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out into the world
in the power of your Spirit,
to live and work
to your praise and glory.
Amen.**

Announcements

The Blessing

The gathering ends with a blessing.

Minister: The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All: **Amen.**

Minister: Go in peace to love and serve the Lord.

All: **In the name of Christ. Amen.**

Hymn: Fight The Good Fight With All Thy Might

J. S. B. Monsell, 1811-1875

Fight the good fight with all thy might;
Christ is thy strength, and Christ thy right;
lay hold on life, and it shall be
thy joy and crown eternally.

Run the straight race through God's good grace,
lift up thine eyes, and seek his face;
life with its way before us lies;
Christ is the path, and Christ the prize.

Cast care aside, lean on thy guide;
his boundless mercy will provide;
trust, and thy trusting soul shall prove
Christ is its life, and Christ its love.

Faint not nor fear, his arms are near;
He changeth not, and thou art dear;
only believe, and thou shalt see
that Christ is all in all to thee.

Public Domain

Connect with us

Thank you for joining our service. If you would like for us to get in touch with you, or have any feedback for us, please fill in our Connection Card at stmarys.my/connect.

Giving

Online transfer

Bank name: **Standard Chartered Bank Malaysia Bhd**

Account name: **St Mary's Cathedral**

Account number: **312 142 334 691**

Recipient reference: If giving a pledge, enter ***your 3-digit pledge number***.
Otherwise, enter **Online Service** or the service you normally attend.

For one-off giving, please email the bank-in slip or online transfer receipt to: **collections@stmaryscathedral.org.my**

E-wallet

Scan the following QR code using any e-wallet app (Touch n Go/GrabPay/Boost). Please ensure “St Mary's Cathedral” is listed as the payee.



St Mary's Cathedral Main Hall

Note: This method of giving is analogous to putting cash into the offertory bag/box. Your donation will go to the General Fund. You will not be given a receipt. Do not use this to give a pledge.

Details on our webpage: stmarys.my/give.

Giving via Pledge Envelopes

In recent years, the church giving system has moved from a pledge envelope system to an online giving system. Those who wish to remain contributing via pledge envelopes are advised to write their pledge numbers on any blank envelopes and drop them in the allocated boxes at church.

Onsite and Online Services

Here are the details of our English onsite services on Sundays:

- Liturgical Services – 7am, 9am, 11am
- Contemporary (SMACC) Services – 11am, 5pm

If you are joining us online on Sundays, the Liturgical service will be livestreamed at 9am.

More information about our services can be found here: stmarys.my/services.

Carparking

If you are attending any of the services or events at St Mary's Cathedral, please park at the Dataran Merdeka Underground Carpark across the road.

The Cathedral Carpark is reserved for women travelling alone who may feel unsafe parking in the Dataran Merdeka Underground Carpark, people with young children who would find it hard to cross the road with them, and those who are elderly, or suffering from illness

or disability who would then find it hard to walk from the carpark across the road.

If you fall into any of the categories above and wish to park in the Cathedral, please visit stmarys.my/booking to book a carpark on Sundays. There is also an option for you to indicate on the form that you would like to book a parking spot for 6 months. Your car plate number will then be given to the guards and you will be allowed in.

Bookings for carparking will open at 2pm on Sunday and close at noon on Friday.

If you miss a booking but you fall into any of the categories mentioned above and need to park in the Cathedral, you may request for a temporary paper form from the guard to allow you to park just for that day.

If you are parking in the Cathedral, please drive slowly and carefully for the sake of the safety of the many pedestrians in the Cathedral compound.

Community Meal

Next Community Meal: 14 July 2024

Kids' Church

The Kids' Church classes run on Sunday mornings. The different age groups meet at their respective classrooms on the ground floor of the Cathedral. Parents may pick up their children after the 11am church services ends.

Please email kidschurch@stmaryscathedral.org.my or speak to our Kids' Church teachers for further information.

Opportunities to Serve

Do you have a heart for service and a desire to be part of a vibrant community? St Mary's Cathedral is looking for dedicated people to help us in various roles. If you're a regular at the Cathedral and would like to lend a hand, we encourage you to register your interest today! Simply visit stmarys.my/serve to learn more and fill out the serving form. We look forward to welcoming you onto our team!

Being Anglican Course (Part 2 of the Adult Confirmation Programme)

The next round of Part 2 of the Cathedral's Adult Confirmation Programme, 'Being Anglican', will run for 4 Saturdays (20 July, 27 July, 3 August, 10 August), 10.30am-12.30pm, in Room GF5 at St Mary's Cathedral.

If you are 18 and above and are interested in being confirmed, then please let us know at stmarys.my/adultconfirmation. If you have already done 'Just for Starters' (Part 1), let us know on the form and we will enrol you in the 'Being Anglican' course.

Kids' Church: Family Picnic

Kids' Church Family Picnic is happening on 20 July 2024, from 8.30am to 10.30am at Perdana Botanical Gardens!

This event is for children ages 0-12 and their families. It will be a great opportunity for kids, parents, and Kids' Church teachers to connect and enjoy a lovely Saturday morning together. We hope to see you there!

Please register by Wednesday, 17 July 2024, at stmarys.my/kcfamilypicnic

Cathedral Women's Fellowship Talk: Intimacy

We are designed for relationships, but sometimes struggle most with those we are closest to. Come and explore the problems and promise of intimacy and find hope for our relationships with friends, husbands, and God himself.

Date: Saturday, 3 August 2024

Time: 9.30am - 2.00pm

Venue: MPH, St Mary's Cathedral

Fee: RM10 (for lunch)

Speakers: Judi Cheah and Frances Lim (clinical psychologist)

Note: Only for women ages 18 and above.

If interested, please register here: stmarys.my/cwf

If you need more information, please contact Judi Cheah (012 375 7694).

SMAGLOW 2024: Prayers of Pilgrimage

SMAGLOW, our camp for the English congregations of the Cathedral, is happening from 15-17 September in Ancasa Residences, Port Dickson! Our speaker, Rev. John Warner,

will take us through the Psalms and how it can be a source of encouragement for us daily through the different seasons of our lives.

Camp fees are subsidised by the church and are priced at RM420 per person for a twin room sharing with different rates for children pending their ages. If anyone needs an extra mattress, it is RM300 per adult/child.

The camp form and details are available at stmarys.my/smaglow, which will be updated from time to time. We are also looking for volunteers in some areas. Do check out the website above for more details. If anyone has any questions, can reach out to the organisers via smaglow@stmaryscathedral.org.my

Klang Valley Bible Conference (KVBC)

KVBC is an annual platform to encourage godliness through faithful Bible exposition. This year's theme is "The Spirit of Truth" with Dr. Peter Jensen as the speaker.

Date: 5-7 August 2024 (Monday – Wednesday)

Time: 7.30-10pm

Venue: Hall 1, Dream Centre PJ

Register for the free conference [here](#).

Ministry Partners News 2024

We are excited to share this new annual booklet in which you can read about the ministries that take place in St Mary's Cathedral and learn about how you can be involved in this gospel partnership. Download the booklet here: stmarys.my/mpn

Personal Details Update

Thank you for being here with us at St Mary's Cathedral and we would like to get to know you better.

Here is a form to update your contact details on our church management system, for us to stay in touch with you. This will also help the pastoral and admin teams to have details of those whom we are seeking to serve.

stmarys.my/survey2024

Rest assured that we will be safeguarding the information and it will not be used for any commercial purposes.

Building Roof & External Walls

The main roof and external walls of the Cathedral are in need of major repairs to address leaks that are threatening the comfort and safety of the building. We will need to raise funds for the repair and restoration works. For more information on the extent of damage and works, and for occasional updates on the funds collected, please visit stmarys.my/building.

Seminars

Our website has a page dedicated to seminars that we ran in the past. Topics include gender identity, parenting, relationships and church history. If you would like to listen to or watch videos of these seminars, you can find them at stmarys.my/seminars.

Golden Circle: Chair Exercise

The Golden Circle conducts a fitness programme for seniors at the Cathedral. Movements consist of chair exercises to strengthen and tone muscles, improve balance, improve lung function, and improve circulation and cardiac function.

Day: Fridays

Time: 9.30-10.30am

Venue: MPH

Donation for Flowers

If you would like to donate flowers to commemorate occasions (such as anniversary, memorial, baptism, birthday), you can let us know by indicating on the spreadsheet on the notice board at the Cathedral entrance. Please send a WhatsApp message to Janet Chan (017 213 3418) and she will contact you to discuss the type, colour and cost of flowers. Payment for the flowers can be made by placing it in an envelope and writing on the envelope the purpose for the payment (in this case 'Flowers'). Please drop the envelope in one of the allocated collection boxes at church. If you would like a receipt to be issued to you, please write your name and contact number on the envelope, and we will send the receipt to you.

St Mary's Agape Mission School

St Mary's Agape Mission School is always on the lookout for volunteers or anyone looking to sponsor a refugee

child's education for the short / long term. No prerequisites required.

As a number of students are resettling in the next few months, if anyone has cold weather clothes you no longer need and wish to give them away, please contact Dr Mei Tan at agapeschool@stmaryscathedral.org.my

The Daily Office

We invite you to join us for the Daily Office – a short daily service with systematic Bible readings and set prayers. This will take place every day at 7.30am by Zoom (except Sunday).

If you think this would be a helpful part of your daily routine, please join us by simply going to stmarys.my/dailyoffice at about 7.25am each day for a 7.30am start. That will take you directly to the Zoom room where the service takes place. The service will finish before 8am.

Pastoral Needs

If you are a regular at St Mary's Cathedral and would like to make an appointment to talk to a member of the pastoral team, please let us know by filling in a Connection Card at stmarys.my/connect or call the Cathedral Office at 011 5760 3484.

If there is a pastoral emergency, you can reach the pastoral team on our Emergency Pastoral Care Hotline: 011 5762 8524.

Small Groups

Looking to connect with a Christian community? We encourage you to consider joining one of our in-person or online small groups. This is one of the important ways we grow together as a community of God's people as we gather under his Word and seek to encourage one another to persevere in following Jesus.

If you would like to join a small group, please fill in a form at stmarys.my/smallgroups and we'd be happy to help find you one.

Youth Fellowship

Our Youth Fellowship (ages 13-18) meets on Sundays at 9am in the GF3 room (the room between the Pantry and the Old Office). If you would like to join us, please sign up at stmarys.my/youth.

Youth Confirmation Programme

If you would like to indicate interest in our Youth Confirmation Programme for your teenager aged 13-17, please let us know at stmarys.my/youthbaptismconfirmation and we will inform you when the next one starts.

Subscribe to our Mailing List

To receive emails about latest updates and important news about the Cathedral, fill in the form at stmarys.my/subscribe.

Dataran Merdeka Underground Carpark

Here are the weekend parking rates (Saturday & Sunday):

12am-9.59am – RM 4.00 per entry

10am-11.59pm – RM 5.00 per entry

For more information on payment methods, you can find them at stmarys.my/dataran.

Work Care Panel

We have a panel to help our Cathedral community look for work or advise about work and training opportunities. If you're looking for work and wouldn't mind a helping hand, fill in our Connection Card at stmarys.my/connect, indicating that you would like someone from the Work Care Panel to contact you.

Photography/Video Recordings during Services

Please note that taking photographs and/or recording videos are not allowed during our services without prior permission. If you would like to have footage of the service, you may look up our [YouTube channel](#).

WhatsApp Announcement Groups

We have new WhatsApp announcement groups! Do join your service community to receive the appropriate updates on the goings-on here at the cathedral. You can join by clicking the links below. Only admins will be able to post and to see the phone numbers of everyone in the group. You will get the order of service for the congregation you are in each week (with all the announcements within the document). Admins will carefully limit the number of other announcements sent out to avoid overloading your WhatsApp inbox.



[Liturgical 7am](#)



[Liturgical 9am](#)



[Liturgical 11am](#)



[Liturgical Online](#)



[SMACC 1](#)



[SMACC 2](#)