

Holy Eucharist

17 September 2023 | 7.00 am, 11.00 am

Fifteenth Sunday after Trinity



Synod of the Diocese of West Malaysia

St Mary's Cathedral

Making disciples of Jesus Christ

Hymn: O God Beyond All Praising

Michael A. Perry, 1942-1996

O God beyond all praising,
we worship you today
and sing the love amazing
that songs cannot repay;
for we can only wonder
at every gift you send,
at blessings without number
and mercies without end:
we lift our hearts before you
and wait upon your word,
we honour and adore you,
our great and mighty Lord.

Then hear, O gracious Savior,
accept the love we bring,
that we who know your favour
may serve you as our king;

and whether our tomorrows
be filled with good or ill,
we'll triumph through our sorrows
and rise to bless you still:
to marvel at your beauty
and glory in your ways,
and make a joyful duty
our sacrifice of praise.

© 1982, Hope Publishing Co.

Used by permission. CCL License No. 332301

Introduction

Prayer of Preparation

All: **Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord.
Amen.**

Gloria In Excelsis

**All: Glory to God in the highest
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord;
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Collect for Fifteenth Sunday after Trinity

All: God, who in generous mercy sent the Holy Spirit upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Old Testament Reading: 2 Samuel 15:1-14, 30-31

(Please be seated.)

¹ After this Absalom got himself a chariot and horses, and fifty men to run before him. ² And Absalom used to rise early and stand beside the way of the gate. And when any man had a dispute to come before the king for judgment, Absalom would call to him and say, “From what city are you?” And when he said, “Your servant is of such and such a tribe in Israel,” ³ Absalom would say to him, “See, your claims are good and right, but there is no man designated by the king to hear you.” ⁴ Then Absalom would say, “Oh that I were judge in the land! Then every man with a dispute or cause might come to me, and I would give him justice.” ⁵ And whenever a man came near to pay homage to him, he would put out his hand and take hold of him and kiss him. ⁶ Thus Absalom did to all of Israel who came to the king for judgment. So Absalom stole the hearts of the men of Israel.

⁷ And at the end of four years Absalom said to the king, “Please let me go and pay my vow, which I have vowed to the LORD, in Hebron. ⁸ For your servant vowed a vow while

I lived at Geshur in Aram, saying, 'If the LORD will indeed bring me back to Jerusalem, then I will offer worship to the LORD.'" ⁹ The king said to him, "Go in peace." So he arose and went to Hebron. ¹⁰ But Absalom sent secret messengers throughout all the tribes of Israel, saying, "As soon as you hear the sound of the trumpet, then say, 'Absalom is king at Hebron!'" ¹¹ With Absalom went two hundred men from Jerusalem who were invited guests, and they went in their innocence and knew nothing. ¹² And while Absalom was offering the sacrifices, he sent for Ahithophel the Gilonite, David's counselor, from his city Giloh. And the conspiracy grew strong, and the people with Absalom kept increasing.

¹³ And a messenger came to David, saying, "The hearts of the men of Israel have gone after Absalom." ¹⁴ Then David said to all his servants who were with him at Jerusalem, "Arise, and let us flee, or else there will be no escape for us from Absalom. Go quickly, lest he overtake us quickly and bring down ruin on us and strike the city with the edge of the sword."

...

³⁰ But David went up the ascent of the Mount of Olives, weeping as he went, barefoot and with his head covered. And all the people who were with him covered their heads, and they went up, weeping as they went. ³¹ And it was told David, “Ahithophel is among the conspirators with Absalom.” And David said, “O LORD, please turn the counsel of Ahithophel into foolishness.”

At the end of the reading, the reader says,

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Psalm 3

(Please stand: the Psalm will be said responsively. At the 11 am service, parents may take their children to Kids' Church at this point.)

A Psalm of David, when he fled from Absalom his son.

O LORD, how many are my foes!

Many are rising against me;

² many are saying of my soul,

“There is no salvation for him in God.” *Selah*

**³ But you, O LORD, are a shield about me,
my glory, and the lifter of my head.**

⁴ I cried aloud to the LORD,

and he answered me from his holy hill. *Selah*

⁵ I lay down and slept;

I woke again, for the LORD sustained me.

⁶ I will not be afraid of many thousands of people

who have set themselves against me all around.

⁷ Arise, O LORD!

Save me, O my God!

For you strike all my enemies on the cheek;

you break the teeth of the wicked.

**⁸ Salvation belongs to the LORD;
your blessing be on your people! *Selah***

At the end of the reading, the reader says,

Reader: **Glory be to the Father, and to the Son
and to the Holy Spirit,**

All: **As it was in the beginning, is now,
and shall be forever.
Amen.**

New Testament Reading: 2 Corinthians 4:7-12

(Please be seated.)

⁷ But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us. ⁸ We are afflicted in every way, but not crushed; perplexed, but not driven to despair; ⁹ persecuted, but not forsaken; struck down, but not destroyed; ¹⁰ always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. ¹¹ For we who live are always being given over to death for Jesus' sake, so that the life of Jesus also may be manifested in our mortal flesh. ¹² So death is at work in us, but life in you.

At the end of the reading, the reader says,

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Gospel Reading: Mark 14:26, 32-36

After the reader announces the reading, the people all standing up, all shall say:

Glory to Christ our Saviour.

²⁶ And when they had sung a hymn, they went out to the Mount of Olives.

...

³² And they went to a place called Gethsemane. And he said to his disciples, "Sit here while I pray." ³³ And he took with him Peter and James and John, and began to be greatly distressed and troubled. ³⁴ And he said to them, "My soul is very sorrowful, even to death. Remain here and watch." ³⁵ And going a little farther, he fell on the ground and prayed that, if it were possible, the hour might pass from him. ³⁶ And he said, "Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will."

At the end of the reading, the reader shall say:

This is the Gospel of Christ.

All shall respond:

Praise to Christ our Lord.

2 Samuel 15

¹ After this Absalom got himself a chariot and horses, and fifty men to run before him. ² And Absalom used to rise early and stand beside the way of the gate. And when any man had a dispute to come before the king for judgment, Absalom would call to him and say, "From what city are you?" And when he said, "Your servant is of such and such a tribe in Israel," ³ Absalom would say to him, "See, your claims are good and right, but there is no man designated by the king to hear you." ⁴ Then Absalom would say, "Oh that I were judge in the land! Then every man with a dispute or cause might come to me, and I would give him justice." ⁵ And whenever a man came near to pay homage to him, he would put out his hand and take hold of him and kiss him. ⁶ Thus Absalom did to all of Israel who came to the king for judgment. So Absalom stole the hearts of the men of Israel.

⁷ And at the end of four years Absalom said to the king, "Please let me go and pay my vow, which I have vowed to the LORD, in Hebron. ⁸ For your servant vowed a vow while I lived at Geshur in Aram, saying, 'If the LORD will indeed bring me back to Jerusalem, then I will offer worship to

the LORD.”⁹ The king said to him, “Go in peace.” So he arose and went to Hebron.¹⁰ But Absalom sent secret messengers throughout all the tribes of Israel, saying, “As soon as you hear the sound of the trumpet, then say, ‘Absalom is king at Hebron!’”¹¹ With Absalom went two hundred men from Jerusalem who were invited guests, and they went in their innocence and knew nothing.¹² And while Absalom was offering the sacrifices, he sent for Ahithophel the Gilonite, David's counselor, from his city Giloh. And the conspiracy grew strong, and the people with Absalom kept increasing.

¹³ And a messenger came to David, saying, “The hearts of the men of Israel have gone after Absalom.”¹⁴ Then David said to all his servants who were with him at Jerusalem, “Arise, and let us flee, or else there will be no escape for us from Absalom. Go quickly, lest he overtake us quickly and bring down ruin on us and strike the city with the edge of the sword.”¹⁵ And the king's servants said to the king, “Behold, your servants are ready to do whatever my lord the king decides.”¹⁶ So the king went out, and all his household after him. And the king left ten concubines to keep the house.¹⁷ And the king went out, and all the people after him. And they halted at the last house.

¹⁸And all his servants passed by him, and all the Cherethites, and all the Pelethites, and all the six hundred Gittites who had followed him from Gath, passed on before the king. ¹⁹Then the king said to Ittai the Gittite, “Why do you also go with us? Go back and stay with the king, for you are a foreigner and also an exile from your home. ²⁰You came only yesterday, and shall I today make you wander about with us, since I go I know not where? Go back and take your brothers with you, and may the Lord show steadfast love and faithfulness to you.” ²¹But Ittai answered the king, “As the Lord lives, and as my lord the king lives, wherever my lord the king shall be, whether for death or for life, there also will your servant be.” ²²And David said to Ittai, “Go then, pass on.” So Ittai the Gittite passed on with all his men and all the little ones who were with him. ²³And all the land wept aloud as all the people passed by, and the king crossed the brook Kidron, and all the people passed on toward the wilderness.

²⁴And Abiathar came up, and behold, Zadok came also with all the Levites, bearing the ark of the covenant of God. And they set down the ark of God until the people had all passed out of the city. ²⁵Then the king said to Zadok, “Carry the ark of God back into the city. If I find

favor in the eyes of the Lord, he will bring me back and let me see both it and his dwelling place. ²⁶But if he says, 'I have no pleasure in you,' behold, here I am, let him do to me what seems good to him." ²⁷The king also said to Zadok the priest, "Are you not a seer? Go back to the city in peace, with your two sons, Ahimaaz your son, and Jonathan the son of Abiathar. ²⁸See, I will wait at the fords of the wilderness until word comes from you to inform me." ²⁹So Zadok and Abiathar carried the ark of God back to Jerusalem, and they remained there.

³⁰But David went up the ascent of the Mount of Olives, weeping as he went, barefoot and with his head covered. And all the people who were with him covered their heads, and they went up, weeping as they went. ³¹And it was told David, "Ahithophel is among the conspirators with Absalom." And David said, "O Lord, please turn the counsel of Ahithophel into foolishness."

³²While David was coming to the summit, where God was worshiped, behold, Hushai the Archite came to meet him with his coat torn and dirt on his head. ³³David said to him, "If you go on with me, you will be a burden to me.

³⁴But if you return to the city and say to Absalom, 'I will be your servant, O king; as I have been your father's servant in time past, so now I will be your servant,' then you will defeat for me the counsel of Ahithophel. ³⁵Are not Zadok and Abiathar the priests with you there? So whatever you hear from the king's house, tell it to Zadok and Abiathar the priests. ³⁶Behold their two sons are with them there, Ahimaaz, Zadok's son, and Jonathan, Abiathar's son, and by them you shall send to me everything you hear." ³⁷So Hushai, David's friend, came into the city, just as Absalom was entering Jerusalem.

Sermon: Which King Will You Follow?

2 Samuel 15

1. Introduction

2. Absalom

a. Gathering support (v1-6)

b. Preparing for takeover (v7-12)

3. David

a. Realising the danger (v13-17)

b. The response of the people (v18-23)

c. His attitude towards God (v24-29)

d. David's hope in despair (v30-37)

4. Application

The Nicene Creed

(Please stand.)

**All: We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
by the power of the Holy Spirit
he was born of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate;
he suffered, died and was buried.
On the third day he rose again
in fulfilment of the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
With the Father and the Son
he is worshipped and glorified,
He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

(Please kneel or be seated.)

Prayers for the nations of the world and our own nation

Leader: O God, our creator and preserver, we pray for people of every race, and in every kind of need: make your ways known on earth, your saving power among all nations.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the church throughout the world and our own church

Leader: We pray for your Church throughout the world: guide and govern us by your Holy Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the sick, the suffering and those who mourn the death of loved ones

Leader: We commend to your fatherly goodness all who are anxious or distressed in mind or body; comfort and relieve them in their need; give them patience in their sufferings and bring good out of their troubles.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers conclude with the Lord's Prayer.

All: **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever.
Amen.**

The Peace

(Please stand.)

The Greeting of Peace is introduced in these or other suitable words:

Minister: We are the body of Christ.

In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

Minister: The peace of the Lord be always with you.

All: **And also with you.**

All may exchange a sign of peace (please avoid physical touch while doing so in this time).

Hymn: God Moves In A Mysterious Way

William Cowper 1731-1800

God moves in a mysterious way
His wonders to perform;
He plants His footsteps in the sea
and rides upon the storm.

Deep in unfathomable mines
of never-failing skill;
He treasures up his bright designs,
and works His sov'reign will.

Ye fearful saints, fresh courage take;
the clouds ye so much dread
are big with mercy and shall break
in blessings on your head.

Judge not the Lord by feeble sense,
but trust Him for His grace;
behind a frowning providence
He hides a smiling face.

His purposes will ripen fast,
unfolding ev'ry hour;
the bud may have a bitter taste,
but sweet will be the flow'r.

Blind unbelief is sure to err,
and scan His work in vain;
God is His own interpreter,
and He will make it plain.

Public Domain

Prayer of Penitence and Confession

The minister may use this or another call to confession.

Minister: Brothers and sisters: as we come together to share in the holy Communion of the Body and Blood of our Saviour Christ, the Scriptures urge us to examine our lives and repent of our sins. As we do so, let us be thankful that God the Son humbled himself, becoming man, to die for us on the Cross. And by the shedding of his precious blood, he obtained for us forgiveness of sins, and life with him forever. In remembrance of his death, and as a pledge of his love, Jesus instituted this holy sacrament, to our great and endless comfort.

You, then, who truly and earnestly repent of your sins, seek to live in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from now on in his holy ways, draw near with faith, and take this holy sacrament to your comfort. But first, let us make our humble confession to almighty God.

(Please kneel or be seated.)

**All: Almighty God, our Heavenly Father
we have sinned against you
and against our neighbour,
in thought and word and deed,
in the evil we have done
and in the good we have not done,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry, and repent of all our sins.
For the sake of your Son, Jesus Christ,
who died for us,
forgive us all that is past;
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

The minister declares God's forgiveness:

Almighty God,
who forgives all who truly repent
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All: **Amen.**

Then the minister shall say:

Hear the words of comfort our Saviour Christ says unto all
that truly turn to him.

Come to me, all who labour and are heavy laden, and I will
give you rest.

(Matthew 11:28)

God so loved the world, that he gave his only Son, that
whoever believes in him should not perish but have
eternal life.

(John 3:16)

Hear also what St Paul says.

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

(1 Timothy 1:15)

Hear also what St John says.

If anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins.

(1 John 2:1-2)

The Eucharist

(Please remain kneeling or seated.)

Minister: The Lord is here.

All: **His Spirit is with us.**

Minister: Lift up your hearts.

All: **We lift them to the Lord.**

Minister: Let us give thanks to the Lord our God.

All: **It is right to give him thanks and praise.**

Minister: It is indeed right, it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ your Son our Lord.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

All: **Holy, holy, holy Lord
God of power and might,
Heaven and earth are full of your glory.
Glory to you O Lord Most High.**

This Prayer of Humble Access may be said by all.

**All: We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy so much as to gather up
the crumbs under your table.
But you are the same Lord,
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that we may evermore dwell in him
and he in us.
Amen.**

The Minister prays:

Almighty God, our Heavenly Father,
who in your tender mercy gave your only Son
Jesus Christ to suffer death upon the cross
for our redemption;
who made there,
by his one oblation of himself once offered,
a full, perfect and sufficient sacrifice
for the sins of the whole world;
and who instituted, and in his holy gospel
commanded us to continue,
a perpetual memory of his precious death
until his coming again:
Hear us, merciful Father, we humbly pray,
and grant that we who receive
these gifts of your creation,
this bread and this wine,
according to your Son our Saviour
Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers, by faith,
of his most blessed body and blood:

who, in the night he was betrayed,
took bread, and when he had given you thanks,
he broke it and gave it to his disciples saying,
“Take, eat; this is my body which is given for you;
do this in remembrance of me.”

In the same way, after supper,
he took the cup, and when he had given you thanks,
he gave it to them saying,
“Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins;
do this, as often as you drink it,
in remembrance of me.”

All: **Amen.**

The Distribution

Minister:

Eat and drink this in remembrance that Christ died
for you and feed on him in your hearts by faith with
thanksgiving.

Hymn: I Heard The Voice Of Jesus Say

Horatius Bonar, 1808-1889

I heard the voice of Jesus say,
"Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast."

I came to Jesus as I was,
weary and worn and sad;
I found in him a resting place,
and he has made me glad.

I heard the voice of Jesus say,
"Behold, I freely give
the living water; thirsty one,
stoop down and drink, and live."

I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

I heard the voice of Jesus say,
"I am this dark world's light;
look unto me, thy morn shall rise,
and all thy day be bright."
I looked to Jesus and I found
in him my star, my sun;
and in that light of life I'll walk,
'til trav'ling days are done.

Public Domain

Hymn: My Song Is Love Unknown

Samuel Crossman, 1624-1683

My song is love unknown,
my Saviour's love to me;
love to the loveless shown,
that they might lovely be.
O who am I, that for my sake,
my Lord should take frail flesh and die?

He came from His blest throne
salvation to bestow;
but man made strange, and none
the longed-for Christ would know.
But oh, my Friend, my Friend indeed,
who at my need His life did spend!

In life, no house, no home
my Lord on earth might have;
in death, no friendly tomb
but what a stranger gave.
What may I say? Heav'n was His home,
but mine the tomb wherein He lay.

Here might I stay and sing,
no story so divine;
never was love, dear King,
never was grief like Thine.
This is my Friend, in whose sweet praise
I all my days could gladly spend.

Public Domain

Hymn: Jesus Paid It All

Elvina M. Hall, 1818

I hear the Saviour say,
"Your strength indeed is small;
Child of weakness, watch and pray,
find in me your all in all."

*Jesus paid it all,
all to him I owe;
sin had left a crimson stain,
he washed it white as snow.*

Lord, now indeed I find
Your power, and yours alone
Can change the leper's spots
and melt the heart of stone.

For nothing good have I
whereby thy grace to claim;
I'll wash my garments white
in the blood of Calvary's Lamb.

And when, before the throne,
I stand in him complete,
"Jesus died my soul to save,"
my lips shall still repeat.

Public Domain

Prayers of Response

(Please kneel or be seated.)

**All: Almighty God,
we thank you for feeding us
with the spiritual food
of the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out into the world
in the power of your Spirit,
to live and work
to your praise and glory.
Amen.**

Announcements

The Blessing

The gathering ends with a blessing.

Minister: The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All: **Amen.**

Minister: Go in peace to love and serve the Lord.

All: **In the name of Christ. Amen.**

Hymn: Jerusalem, My Happy Home

F. B. P., 1600

Jerusalem, my happy home,
name ever dear to me,
when shall my labours have an end,
thy joys when shall I see?

When shall these eyes thy heaven-built walls
and pearly gates behold,
thy bulwarks with salvation strong,
and streets of shining gold?

Apostles, martyrs, prophets, there
around my Saviour stand;
and all I love in Christ below
will join the glorious band.

Jerusalem, my happy home,
when shall I come to thee?
When shall my labours have an end,
thy joys when shall I see?

O Christ, do thou my soul prepare
for that bright home of love;
that I may see thee and adore,
with all thy saints above.

Public Domain

Connect with us

Thank you for joining our service. If you would like for us to get in touch with you, or have any feedback for us, please fill in our Connection Card at stmarys.my/connect.

Giving

Online transfer

Bank name: **Standard Chartered Bank Malaysia Bhd**

Account name: **St Mary's Cathedral**

Account number: **312 142 334 691**

Recipient reference: If giving a pledge, enter ***your 3-digit pledge number***.
 Otherwise, enter **Online Service**
 or the service you normally
 attend.

For one-off giving, please email the bank-in slip or online transfer receipt to: **collections@stmaryscathedral.org.my**

E-wallet

Scan the following QR code using any e-wallet app (Touch n Go/GrabPay/Boost). Please ensure “St Mary's Cathedral” is listed as the payee.



St Mary's Cathedral Main Hall

Note: This method of giving is analogous to putting cash into the offertory bag/box. Your donation will go to the General Fund. You will not be given a receipt. Do not use this to give a pledge.

Details on our webpage: stmarys.my/give.

Giving via Pledge Envelopes

In recent years, the church giving system has moved from a pledge envelope system to an online giving system. Those who wish to remain contributing via pledge envelopes are advised to write their pledge numbers on any blank envelopes and drop them in the allocated boxes at church.

Onsite and Online Services

Here are the details of our English onsite services on Sundays:

- Liturgical Services – 7am, 9am, 11am
- Contemporary (SMACC) Services – 11am, 5pm

If you are joining us online on Sundays, the Liturgical service will be livestreamed at 9am.

More information about our services can be found here: stmarys.my/services.

Carpark Booking

Please visit stmarys.my/booking to book a carpark on Sundays at the Royal Selangor Club or at the Cathedral, if you need to. There is also an option for you to indicate on the form that you would like to book a parking spot for 6 months. Your car plate number will then be given to the guards. Please note that you will only be allowed in if your car plate number is on the list given to the guards. If you are parking at the Dataran Merdeka Carpark, you do not need to book a carpark.

Bookings for carparking will open at 2pm on Sunday and close at noon on Friday.

If you are parking in the Cathedral, please drive slowly and carefully for the sake of the safety of the many pedestrians in the Cathedral compound.

Volunteers

We are looking for volunteers to help out at our services. If you are a regular at St Mary's Cathedral and would like to volunteer, please fill in the form at stmarys.my/volunteer.

Kids' Church

The Kids' Church classes run on Sunday mornings. The different age groups meet at their respective classrooms on the ground floor of the Cathedral. Parents may pick up their children after the 11am church services ends.

Please email kidschurch@stmaryscathedral.org.my or speak to our Kids' Church teachers for further information.

CWF Amazing Challenge

It's today!

Fun and fellowship for all ages! Form a team of 4 and come challenge each other to complete mini challenges in the CWF Amazing Challenge! Will you be reciting bible verses? Learn a tik tok dance? Or complete a jigsaw puzzle in record time? Come find out today!

Time: 2pm or when community lunch ends

Venue: Multi-Purpose Hall

Register here: stmarys.my/CWFAmazingChallenge

For more information, please contact Regina Robin at 012 506 8854.

Note: Children who would like to participate should be 10 years old and above and have parental consent.

Health Talk

The UCA Golden Circle Committee is organizing a Health Talk.

Details as follows:

Date: Saturday 23 Sept 2023

Time: 9.30 am – 1.00 pm

Venue: MPH St. Mary's Cathedral

Registration: RM 5.00

Speakers:

- Dr Naresh – Physician (currently doing his subspecialty in Geriatric Medicine)
- Dr Jeffrey Jaya Raj - Consultant Arthroplasty and Joint Reconstruction Orthopedic Surgeon

Please call Mrs Nesamani Alexandor at 013-3366355 to register. Closing date Sunday 17 September 2023. Thank you.

Carolling

If you love to sing and play the guitar, please consider joining our Christmas Carolling Group. Practices will take place weekly from October. Please let us know by filling in the form at stmarys.my/carolling.

If you have any questions about the above, please contact Joyce Yu on 012 225 5277.

SMAGLOW is in 12 days!

Not much time left to get ready.

We will need some volunteers at the camp and if you're able to help we would greatly appreciate it. Many hands make light work, and this would ensure that everybody has a good time.

We also have 9 electives to choose from; due to how many of us there are, allocations to the 3 elective slots will be made by the organising committee.

Please choose 5 electives and indicate if you can volunteer via the form on our SMAGLOW page:

stmarys.my/smaglow

If you have signed up for the camp but are not receiving emails, please do refer to our SMAGLOW page for all your essential updates.

Diocesan Senior Citizen's Day

The UCA Golden Circle Committee is organizing the Diocesan Senior Citizen's Day as follows:

Date: Saturday 14 October 2023
Time: 10 am to 1 pm
Venue: St. James Church Sentul
Speaker: Rev Jesvinder Singh
Registration: RM 15.00

We will begin with a Holy Communion Service followed by a fellowship Lunch.

Please register with Mrs Thilly Abraham at 017-8166165 on or before Sunday 1 October.

Senior Citizen's Day High Tea

The Cathedral Golden Circle Committee is organizing a High-Tea event to celebrate Senior Citizen's Day.



Details as follows:

Date: Saturday 21 October 2023
Time: 2.30 pm – 5.30 pm
Venue: Card Room, Royal Selangor Club Dataran
Merdeka

Participation is by Invitation priced at RM 35 each.

Please call Mrs Thilly Abraham at 017-8166165 or Mrs Nesamani Alexandor at 013-3366355 for the invitation. Thank you.

Upper Central Archdeaconry Women's Committee Treasure Hunt

 Get ready for UCAWC's Hunt 4 Fun Treasure Hunt 2023 on October 21st across Klang Valley! 
Upper Central Archdeaconry Women's Committee (UCAWC)

 Rules in a Nutshell:

Form teams of 2-4 players. (males are welcome!)

Use a 4-wheeled vehicle.

Pay RM300 per team (RM280 if early bird) by October 7th.

Attend the Hunt Briefing on October 19th.

Play fair, be safe, and have a blast!

 Prizes awarded based on points.

 Languages: English and Bahasa Malaysia.

Hit SUBMIT and let's roll! 🚗👉 Good luck, treasure hunters! 🚩

<https://bit.ly/UCAWCTH>

Building Roof

The main roof of the Cathedral is in need of major repairs to address leaks that are threatening the comfort and safety of the building. We will need to raise funds for the repair and restoration works. For more information on the extent of damage and works, and for occasional updates on the funds collected, please visit stmarys.my/building.

Seminars

Our website has a page dedicated to seminars that we ran in the past. Topics include gender identity, parenting, relationships and church history. If you would like to listen to or watch videos of these seminars, you can find them at stmarys.my/seminars.

Golden Circle: Chair and Floor Exercises

The Golden Circle conducts a fitness programme for seniors at the Cathedral. Movements consist of chair and floor exercises to strengthen and tone muscles, improve balance, improve lung function, and improve circulation and cardiac function.

Day: Fridays

Time: 9.30am-10.30am

Venue: MPH

Volunteer with the Social Concerns Team

The Social Concerns Team of St Mary's Cathedral is the first point of referral for members and other St Mary's contacts who may require care, support and/or practical assistance, and seek to organise, facilitate and oversee these needs. This ministry is limited by the availability of more hands to assist with the various needs that arise. If you have a heart for people who are struggling and are willing and able to assist us, please consider and complete the form below to partner with us in any way you are able to show the love of Christ practically:

stmarys.my/socialconcerns.volunteer.

Donation for Flowers

If you would like to donate flowers to commemorate occasions (such as anniversary, memorial, baptism, birthday), you can let us know by indicating on the spreadsheet on the notice board at the Cathedral entrance. Please contact Janet Chan (017 213 3418) for the type, colour and cost of flowers. Payment for the flowers can be made to Jessica Hoh at the Book Corner.

Music Ministry

If you are someone who is following Jesus as your Lord and Saviour, committed to serving him in St Mary's and interested in serving either in the choir or as an organist at the Liturgical services, please fill in the Connection Card at stmarys.my/connect or let the Cathedral Office know on 03 2692 8672. You will be contacted and furnished with more details by those in charge from the Cathedral.

Lost And Found

If you left something in the Cathedral, you can look for it at the 'Lost and Found' section in the Book Corner. Items

will be kept for a month for people to claim before they are disposed of.

St Mary's Agape Mission School

St Mary's Agape Mission School is now in its 9th year of operation and currently has over 100 students. As such, the school is always on the lookout for volunteers who might be keen to teach the children. If you have a heart for seeing vulnerable children receive an education and would like to find out more about what is involved, please contact Mei Tan on 012 387 3408. (Retired teachers are preferred.)

The school is located near Ampang, and the time for volunteering is 9am-12pm and/or 1-3pm from Mondays to Thursdays.

The Daily Office

We invite you to join us for the Daily Office – a short daily service with systematic Bible readings and set prayers. This will take place every day at 7.30am by Zoom (except Sunday).

If you think this would be a helpful part of your daily routine, please join us by simply going to stmarys.my/dailyoffice at about 7.25am each day for a 7.30am start. That will take you directly to the Zoom room where the service takes place. The service will finish before 8am.

Pastoral Needs

If you are a regular at St Mary's Cathedral and would like to make an appointment to talk to a pastor, please let us know by filling in a Connection Card at stmarys.my/connect or call the Cathedral Office on 03 2692 8672.

If you are a woman and there are pastoral matters you prefer to talk about with another woman, you can contact Mrs Christine Rajaratnam or Miss Danielle Cheng. If you would like one of them to contact you, please let us know in the same way – you can fill in a Connection Card at stmarys.my/connect or call the Cathedral Office on 03 2692 8672.

If there is a pastoral emergency, you can reach the pastoral team on our Emergency Pastoral Care Hotline: 011 5762 8524.

Small Groups

Looking to connect with a Christian community? We encourage you to consider joining one of our online or in-person small groups. This is one of the important ways we grow together as a community of God's people as we gather under His Word and seek to encourage one another to persevere in following Jesus.

If you would like to join a small group, please fill in a form at stmarys.my/smallgroups and we'd be happy to help find you one.

Youth Fellowship

Our Youth Fellowship (ages 13-18) meets on Sundays at 9am in the GF3 room (the room between the Pantry and the Old Office). If you would like to join us, please sign up at stmarys.my/youth.

Youth Confirmation Programme

If you would like to indicate interest in our Youth Confirmation Programme for your teenager aged 13-17, please let us know at stmarys.my/youthconfirmation and we will inform you when the next one starts.

Subscribe to our Mailing List

To receive emails about latest updates and important news about the Cathedral, fill in the form at stmarys.my/subscribe.

Dataran Merdeka Underground Carpark

Here are the weekend parking rates (Saturday & Sunday):

12am-9.59am – RM 4.00 per entry

10am-11.59pm – RM 5.00 per entry

For more information on payment methods, you can find them at stmarys.my/dataran.

Work Care Panel

We have a panel to help our Cathedral community look for work or advise about work and training opportunities. If you're looking for work and wouldn't mind a helping hand, fill in our Connection Card at stmarys.my/connect, indicating that you would like someone from the Work Care Panel to contact you.

Photography/Video Recordings during Services

Please note that taking photographs and/or recording videos are not allowed during our services. If you would like to have footage of the service, you may look up our [YouTube channel](#).

WhatsApp Announcement Groups

We have new WhatsApp announcement groups! Do join your service community to receive the appropriate updates on the goings-on here at the cathedral. You can either click the links here or follow the QR code by the entrances for each hall. Only admins will be able to post and to see the phone numbers of everyone in the group. You will get the order of service for the congregation you

are in each week (with all the announcements within the document). Admins will carefully limit the number of other announcements sent out to avoid overloading your WhatsApp inbox.

Liturgical Online:

<https://chat.whatsapp.com/GdKJ70hOT4p7UTZUD2RxpP>

Liturgical 7am:

<https://chat.whatsapp.com/FzoyrkZOMcBFUuA5EGygFT>

Liturgical 9am:

<https://chat.whatsapp.com/BCd6szYiXlk7iyu1VT8s8N>

Liturgical 11am:

<https://chat.whatsapp.com/KK2bI0HRZsdCmRWXOiPdfK>

SMACC 1:

<https://chat.whatsapp.com/GqLRkLZgvlF4e5Ht4GktnF>

SMACC 2:

<https://chat.whatsapp.com/EXCHpSflvDv8NRGgxqgPhE>
