

Holy Eucharist

19 November 2023 | 7.00 am, 11.00 am
Second Sunday Before Advent



Synod of the Diocese of West Malaysia
St Mary's Cathedral
Making disciples of Jesus Christ

[Sermon Outline](#) (page 15) | [Announcements](#) (page 41)

Hymn: Praise To The Lord, The Almighty

Joachim Neander 1650-1680, tr. Catherine Winkworth 1827-1878

Praise to the Lord,
the Almighty, the King of creation;
O my soul, praise him,
for he is thy health and salvation:
all ye who hear,
now to his temple draw near,
join me in glad adoration.

Praise to the Lord,
who o'er all things so wondrously reigneth,
shieldeth thee gently from harm,
or when fainting sustaineth:
hast thou not seen
how thy heart's wishes have been
granted in what he ordaineth?

Praise to the Lord,
who doth prosper thy work and defend thee;
surely his goodness and mercy
shall daily attend thee:
ponder anew
what the Almighty can do,
if to the end he befriend thee.

Praise to the Lord!
O let all that is in me adore him!
All that hath life and breath,
come now with praises before him!
Let the Amen
sound from his people again;
gladly for aye we adore him!

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Introduction

Prayer of Preparation

All: **Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord.
Amen.**

Gloria In Excelsis

**All: Glory to God in the highest
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord;
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Collect for the Second Sunday Before Advent

**All: Heavenly Father,
whose blessed Son was revealed
to destroy the works of the devil
and to make us the children of God
and heirs of eternal life:
grant that we, having this hope,
may purify ourselves even as he is pure;
that when he shall appear in power
and great glory
we may be made like him
in his eternal and glorious kingdom;
where he is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.**

Old Testament Reading: 2 Samuel 23:1-12, 18-23

(Please be seated.)

The whole text of 2 Samuel 23 is printed below as this is the preaching passage, but verses in [brackets] will not be read in the services.

¹ Now these are the last words of David:

The oracle of David, the son of Jesse,
the oracle of the man who was raised on high,
the anointed of the God of Jacob,
the sweet psalmist of Israel:

² “The Spirit of the LORD speaks by me;
his word is on my tongue.

³ The God of Israel has spoken;
the Rock of Israel has said to me:

When one rules justly over men,
ruling in the fear of God,

⁴ he dawns on them like the morning light,
like the sun shining forth on a cloudless morning,
like rain that makes grass to sprout from the earth.

⁵ “For does not my house stand so with God?

For he has made with me an everlasting covenant,
ordered in all things and secure.

For will he not cause to prosper
all my help and my desire?

⁶ But worthless men are all like thorns that are thrown
away,

for they cannot be taken with the hand;

⁷ but the man who touches them
arms himself with iron and the shaft of a spear,
and they are utterly consumed with fire.”

⁸ These are the names of the mighty men whom David had: Josheb-basshebeth a Tahchemonite; he was chief of the three. He wielded his spear against eight hundred whom he killed at one time.

⁹ And next to him among the three mighty men was Eleazar the son of Dodo, son of Ahohi. He was with David when they defied the Philistines who were gathered there for battle, and the men of Israel withdrew. ¹⁰ He rose and struck down the Philistines until his hand was weary, and his hand clung to the sword. And the LORD brought about

a great victory that day, and the men returned after him only to strip the slain.

¹¹ And next to him was Shammah, the son of Agee the Hararite. The Philistines gathered together at Lehi, where there was a plot of ground full of lentils, and the men fled from the Philistines. ¹² But he took his stand in the midst of the plot and defended it and struck down the Philistines, and the LORD worked a great victory.

[¹³ And three of the thirty chief men went down and came about harvest time to David at the cave of Adullam, when a band of Philistines was encamped in the Valley of Rephaim. ¹⁴ David was then in the stronghold, and the garrison of the Philistines was then at Bethlehem. ¹⁵ And David said longingly, "Oh, that someone would give me water to drink from the well of Bethlehem that is by the gate!" ¹⁶ Then the three mighty men broke through the camp of the Philistines and drew water out of the well of Bethlehem that was by the gate and carried and brought it to David. But he would not drink of it. He poured it out to the LORD ¹⁷ and said, "Far be it from me, O LORD, that I should do this. Shall I drink the blood of the men who

went at the risk of their lives?” Therefore he would not drink it. These things the three mighty men did.]

¹⁸ Now Abishai, the brother of Joab, the son of Zeruah, was chief of the thirty. And he wielded his spear against three hundred men and killed them and won a name beside the three. ¹⁹ He was the most renowned of the thirty and became their commander, but he did not attain to the three.

²⁰ And Benaiah the son of Jehoiada was a valiant man of Kabzeel, a doer of great deeds. He struck down two ariels of Moab. He also went down and struck down a lion in a pit on a day when snow had fallen. ²¹ And he struck down an Egyptian, a handsome man. The Egyptian had a spear in his hand, but Benaiah went down to him with a staff and snatched the spear out of the Egyptian's hand and killed him with his own spear. ²² These things did Benaiah the son of Jehoiada, and won a name beside the three mighty men. ²³ He was renowned among the thirty, but he did not attain to the three. And David set him over his bodyguard.

[²⁴ Asahel the brother of Joab was one of the thirty; Elhanan the son of Dodo of Bethlehem, ²⁵ Shammah of Harod, Elikah of Harod, ²⁶ Helez the Paltite, Ira the son of Ikkesh of Tekoa, ²⁷ Abiezer of Anathoth, Mebunnai the Hushathite, ²⁸ Zalmon the Ahohite, Maharai of Netophah, ²⁹ Heleb the son of Baanah of Netophah, Ittai the son of Ribai of Gibeah of the people of Benjamin, ³⁰ Benaiah of Pirathon, Hiddai of the brooks of Gaash, ³¹ Abi-albon the Arbathite, Azmaveth of Bahurim, ³² Eliahba the Shaalbonite, the sons of Jashen, Jonathan, ³³ Shammah the Hararite, Ahiam the son of Sharar the Hararite, ³⁴ Eliphelet the son of Ahasbai of Maacah, Eliam the son of Ahithophel the Gilonite, ³⁵ Hezro of Carmel, Paarai the Arbite, ³⁶ Igal the son of Nathan of Zobah, Bani the Gadite, ³⁷ Zelek the Ammonite, Naharai of Beeroth, the armour-bearer of Joab the son of Zeruah, ³⁸ Ira the Ithrite, Gareb the Ithrite, ³⁹ Uriah the Hittite: thirty-seven in all.]

At the end of the reading, the reader says,

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Psalm 89:1-8

(Please stand: the Psalm will be said responsively. At the 11 am service, parents may take their children to Kids' Church at this point.)

A Maskil of Ethan the Ezrahite.

¹ I will sing of the steadfast love of the LORD, forever;
with my mouth I will make known your faithfulness to
all generations.

² **For I said, “Steadfast love will be built up forever;
in the heavens you will establish your faithfulness.”**

³ You have said, “I have made a covenant with my chosen
one;

I have sworn to David my servant:

⁴ **‘I will establish your offspring forever,
and build your throne for all generations.’”**

⁵ Let the heavens praise your wonders, O LORD,
your faithfulness in the assembly of the holy ones!

⁶ **For who in the skies can be compared to the LORD?
Who among the heavenly beings is like the LORD,**

⁷ a God greatly to be feared in the council of the holy
ones,

and awesome above all who are around him?

**8 O LORD God of hosts,
who is mighty as you are, O LORD,
with your faithfulness all around you?**

At the end of the reading, the reader says,

Reader: **Glory be to the Father, and to the Son
and to the Holy Spirit,**

All: **As it was in the beginning, is now,
and shall be forever.
Amen.**

New Testament Reading: 1 Peter 4:10-11

(Please be seated.)

¹⁰ As each has received a gift, use it to serve one another, as good stewards of God's varied grace: ¹¹ whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies—in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever and ever. Amen.

At the end of the reading, the reader says,

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Gospel Reading: Luke 6:12-16

After the reader announces the reading, the people all standing up, all shall say:

Glory to Christ our Saviour.

¹² In these days he went out to the mountain to pray, and all night he continued in prayer to God. ¹³ And when day came, he called his disciples and chose from them twelve, whom he named apostles: ¹⁴ Simon, whom he named Peter, and Andrew his brother, and James and John, and Philip, and Bartholomew, ¹⁵ and Matthew, and Thomas, and James the son of Alphaeus, and Simon who was called the Zealot, ¹⁶ and Judas the son of James, and Judas Iscariot, who became a traitor.

At the end of the reading, the reader shall say:

This is the Gospel of Christ.

All shall respond:

Praise to Christ our Lord.

The Nicene Creed

(Please stand.)

**All: We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
by the power of the Holy Spirit
he was born of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate;
he suffered, died and was buried.
On the third day he rose again
in fulfilment of the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
With the Father and the Son
he is worshipped and glorified,
He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

(Please kneel or be seated.)

Prayers for the nations of the world and our own nation

Leader: O God, our creator and preserver, we pray for people of every race, and in every kind of need: make your ways known on earth, your saving power among all nations.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the church throughout the world and our own church

Leader: We pray for your Church throughout the world: guide and govern us by your Holy Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the sick, the suffering and those who mourn the death of loved ones

Leader: We commend to your fatherly goodness all who are anxious or distressed in mind or body; comfort and relieve them in their need; give them patience in their sufferings and bring good out of their troubles.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers conclude with the Lord's Prayer.

All: **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever.
Amen.**

The Peace

(Please stand.)

The Greeting of Peace is introduced in these or other suitable words:

Minister: We are the body of Christ.

In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

Minister: The peace of the Lord be always with you.

All: **And also with you.**

All may exchange a sign of peace (please avoid physical touch while doing so in this time).

Hymn: Put Thou Thy Trust In God

Paul Gerhardt 1607-1676, tr. John Wesley 1703-1791

Put thou thy trust in God,
in duty's path go on;
walk in his strength with faith and hope,
so shall thy work be done.

Commit thy ways to him,
thy works into his hands,
and rest on his unchanging word,
who heaven and earth commands.

Though years on years roll on,
his covenant shall endure;
though clouds and darkness hide his path,
the promised grace is sure.

Give to the winds thy fears;
hope, and be undismayed:
God hears thy sighs and counts thy tears;
God shall lift up thy head.

Through waves and clouds and storms
his power will clear thy way:
wait thou his time; the darkest night
shall end in brightest day.

Leave to his sovereign sway
to choose and to command;
so shalt thou, wondering, own his way,
how wise, how strong his hand.

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Prayer of Penitence and Confession

The minister may use this or another call to confession.

Minister: Brothers and sisters: as we come together to share in the holy Communion of the Body and Blood of our Saviour Christ, the Scriptures urge us to examine our lives and repent of our sins. As we do so, let us be thankful that God the Son humbled himself, becoming man, to die for us on the Cross. And by the shedding of his precious blood, he obtained for us forgiveness of sins, and life with him forever. In remembrance of his death, and as a pledge of his love, Jesus instituted this holy sacrament, to our great and endless comfort.

You, then, who truly and earnestly repent of your sins, seek to live in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from now on in his holy ways, draw near with faith, and take this holy sacrament to your comfort. But first, let us make our humble confession to almighty God.

(Please kneel or be seated.)

All: Almighty God, our Heavenly Father

**We admit that we have sinned against you
in thought, word and deed,
and deserve your just punishment.**

**We truly repent and are sorry
for what we have done.**

Have mercy on us, merciful Father.

**For the sake of your Son Jesus Christ,
who died for us,**

forgive us all that is past,

**and grant that we may serve you in newness of life
to the glory of your name.**

Amen.

The minister declares God's forgiveness:

Almighty God,
who forgives all who truly repent
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All: **Amen.**

Then the minister shall say:

Hear the words of comfort our Saviour Christ says unto all
that truly turn to him.

Come to me, all who labour and are heavy laden, and I will
give you rest.

(Matthew 11:28)

God so loved the world, that he gave his only Son, that
whoever believes in him should not perish but have
eternal life.

(John 3:16)

Hear also what St Paul says.

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

(1 Timothy 1:15)

Hear also what St John says.

If anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins.

(1 John 2:1-2)

The Eucharist

(Please remain kneeling or seated.)

Minister: The Lord is here.

All: **His Spirit is with us.**

Minister: Lift up your hearts.

All: **We lift them to the Lord.**

Minister: Let us give thanks to the Lord our God.

All: **It is right to give him thanks and praise.**

Minister: It is indeed right, it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ your Son our Lord.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

All: **Holy, holy, holy Lord
God of power and might,
Heaven and earth are full of your glory.
Glory to you O Lord Most High.**

This Prayer of Humble Access may be said by all.

**All: We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy so much as to gather up
the crumbs under your table.
But you are the same Lord,
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that we may evermore dwell in him
and he in us.
Amen.**

The Minister prays:

Almighty God, our Heavenly Father,
who in your tender mercy gave your only Son
Jesus Christ to suffer death upon the cross
for our redemption;
who made there,
by his one oblation of himself once offered,
a full, perfect and sufficient sacrifice
for the sins of the whole world;
and who instituted, and in his holy gospel
commanded us to continue,
a perpetual memory of his precious death
until his coming again:
Hear us, merciful Father, we humbly pray,
and grant that we who receive
these gifts of your creation,
this bread and this wine,
according to your Son our Saviour
Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers, by faith,
of his most blessed body and blood:

who, in the night he was betrayed,
took bread, and when he had given you thanks,
he broke it and gave it to his disciples saying,
“Take, eat; this is my body which is given for you;
do this in remembrance of me.”

In the same way, after supper,
he took the cup, and when he had given you thanks,
he gave it to them saying,
“Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins;
do this, as often as you drink it,
in remembrance of me.”

All: **Amen.**

The Distribution

Minister:

Eat and drink this in remembrance that Christ died
for you and feed on him in your hearts by faith with
thanksgiving.

Hymn: Alas! And Did My Saviour Bleed

Isaac Watts, 1707

Alas! and did my Saviour bleed,
and did my Sovereign die!
Would he devote that sacred head
for such a worm as I?

Was it for crimes that I have done,
he groaned upon the tree?
Amazing pity! Grace unknown!
And love beyond degree!

Well might the sun in darkness hide,
and shut its glories in,
when God, the mighty maker, died
for his own creature's sin.

Thus might I hide my blushing face
while his dear cross appears;
dissolve my heart in thankfulness,
and melt mine eyes to tears.

But drops of tears can ne'er repay
the debt of love I owe.
Here, Lord, I give myself away;
'tis all that I can do.

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Hymn: Grace That Is Greater Than All Our Sin

Julia H. Johnston, 1849-1919

Marvellous grace of our loving Lord,
Grace that exceeds our sin and our guilt!
Yonder on Calvary's mount out-poured—
There where the blood of the Lamb was spilt.

*Grace, grace, God's grace,
Grace that will pardon and cleanse within;
Grace, grace, God's grace,
Grace that is greater than all our sin!*

Sin and despair, like the sea-waves cold,
Threaten the soul with infinite loss;
Grace that is greater— yes, grace untold—
Points to the Refuge, the mighty Cross.

Marvellous, infinite, matchless grace,
Freely bestowed on all who believe!
All who are longing to see His face,
Will you this moment His grace receive?

Hymn: My Jesus, I Love Thee

William R. Featherstone, 1846-1873

My Jesus, I love Thee, I know Thou art mine;
for Thee all the follies of sin I resign;
my gracious Redeemer, my Saviour art Thou;
if ever I loved Thee, my Jesus, 'tis now.

I love Thee because Thou hast first loved me
and purchased my pardon on Calvary's tree;
I love Thee for wearing the thorns on Thy brow;
if ever I loved Thee, my Jesus, 'tis now.

I'll love Thee in life, I will love Thee in death,
and praise Thee as long as Thou lendest me breath;
and say, when the deathdew lies cold on my brow:
"If ever I loved Thee, my Jesus, 'tis now."

In mansions of glory and endless delight,
I'll ever adore Thee in heaven so bright;
I'll sing with the glittering crown on my brow:
"If ever I loved Thee, my Jesus, 'tis now."

Prayers of Response

(Please kneel or be seated.)

**All: Almighty God,
we thank you for feeding us
with the spiritual food
of the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out into the world
in the power of your Spirit,
to live and work
to your praise and glory.
Amen.**

Announcements

The Blessing

The gathering ends with a blessing.

Minister: The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All: **Amen.**

Minister: Go in peace to love and serve the Lord.

All: **In the name of Christ. Amen.**

Hymn: Go Forward, Christian Soldier

Lawrence Tuttiett, 1825-1897

Go forward, Christian soldier,
Beneath His banner true!
The Lord Himself, thy Leader,
Shall all thy foes subdue.
His love foretells thy trials;
He knows thine hourly need;
He can with bread of heaven
Thy fainting spirit feed.

Go forward, Christian soldier!
Fear not the secret foe;
Far more o'er thee are watching
Than human eyes can know;
Trust only Christ, thy Captain;
Cease not to watch and pray;
Heed not the treacherous voices
That lure thy soul astray.

Go forward, Christian soldier!
Nor dream of peaceful rest,
Till Satan's host is vanquished
And heaven is all possessed;
Till Christ Himself shall call thee
To lay thine armour by,
And wear in endless glory
The crown of victory.

Go forward, Christian soldier!
Fear not the gathering night:
The Lord has been thy shelter;
The Lord will be thy light.
When morn His face revealeth,
Thy dangers all are past:
Oh, pray that faith and virtue
May keep thee to the last!

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Connect with us

Thank you for joining our service. If you would like for us to get in touch with you, or have any feedback for us, please fill in our Connection Card at stmarys.my/connect.

Giving

Online transfer

Bank name: **Standard Chartered Bank Malaysia Bhd**

Account name: **St Mary's Cathedral**

Account number: **312 142 334 691**

Recipient reference: If giving a pledge, enter ***your 3-digit pledge number***.
Otherwise, enter **Online Service** or the service you normally attend.

For one-off giving, please email the bank-in slip or online transfer receipt to: **collections@stmaryscathedral.org.my**

E-wallet

Scan the following QR code using any e-wallet app (Touch n Go/GrabPay/Boost). Please ensure “St Mary's Cathedral” is listed as the payee.



St Mary's Cathedral Main Hall

Note: This method of giving is analogous to putting cash into the offertory bag/box. Your donation will go to the General Fund. You will not be given a receipt. Do not use this to give a pledge.

Details on our webpage: stmarys.my/give.

Giving via Pledge Envelopes

In recent years, the church giving system has moved from a pledge envelope system to an online giving system. Those who wish to remain contributing via pledge envelopes are advised to write their pledge numbers on any blank envelopes and drop them in the allocated boxes at church.

Onsite and Online Services

Here are the details of our English onsite services on Sundays:

- Liturgical Services – 7am, 9am, 11am
- Contemporary (SMACC) Services – 11am, 5pm

If you are joining us online on Sundays, the Liturgical service will be livestreamed at 9am.

More information about our services can be found here: stmarys.my/services.

Carpark Booking

Please visit stmarys.my/booking to book a carpark on Sundays at the Royal Selangor Club or at the Cathedral, if you need to. There is also an option for you to indicate on the form that you would like to book a parking spot for 6 months. Your car plate number will then be given to the guards. Please note that you will only be allowed in if your car plate number is on the list given to the guards. If you are parking at the Dataran Merdeka Carpark, you do not need to book a carpark.

Bookings for carparking will open at 2pm on Sunday and close at noon on Friday.

If you are parking in the Cathedral, please drive slowly and carefully for the sake of the safety of the many pedestrians in the Cathedral compound.

Volunteers

We are looking for volunteers to help out at our services. If you are a regular at St Mary's Cathedral and would like to volunteer, please fill in the form at stmarys.my/volunteer.

Kids' Church

The Kids' Church classes run on Sunday mornings. The different age groups meet at their respective classrooms on the ground floor of the Cathedral. Parents may pick up their children after the 11am church services ends.

Please email kidschurch@stmaryscathedral.org.my or speak to our Kids' Church teachers for further information.

Community Meal

Next Community Meal: 10 December 2023

Cathedral Office Contact Number

Kindly note that the Cathedral Office landline is not functioning at the moment. If you need to call the office, please do so on 011 5760 3484 for now. We will let you know when we get a new landline.

A Service of Nine Lessons & Carols

We invite you to join us for a service of Christmas carols and readings from Scripture with a short Christmas message. This will be held on Sunday, 3 December 2023 at 7.30pm. All are welcome to join us as we rejoice at the birth of Jesus Christ this Christmas season. Light refreshments will be served after the service.

For more information, please visit stmarys.my/9lessons

Kids' Church Christmas Party

St Mary's Cathedral Kids' Church is throwing a Kids' Christmas party with the theme "The Best News Ever"!

Join us here at the Cathedral on 2 December 2023 (Saturday), 10am to celebrate the birth of Christ. There will be a time of singing, games, an interactive kids' talk, delicious food, and craft!

Please register your children and their guests (by 27 November) at stmarys.my/kidschristmasparty

Biblical Theology Seminar

Biblical Theology (Level 2) Seminar is a seminar that focuses on helping students to interpret each passage of the Bible well, in light of its place in the single overarching story that binds the Bible together as a whole. You must have previously attended Bible Overview or have an alternative grounding in basic Biblical Theology (which is considered Biblical Theology Level 1) as pre-requisite for this seminar.

The seminar will be spread over 4 sessions:

- Friday 24 November 8pm-10pm (Zoom)
- Saturday 25 November 9am-4pm (in person at SMC)
- Thursday 7 December 8pm-10pm (Zoom)
- Saturday 9 December 9am-4pm (in person at SMC)

The seminar itself will be free, and you will only be asked to contribute towards the lunch that will be provided on the 2 Saturdays of the seminar.

The seminar also covers the teaching component of the Promise to Fulfilment module in the Equip-MBS Certificate in Theology. As this is a Certificate in Theology subject, the usual enrolment fees apply. If you would like to enrol for that module, please register at

new.equip.org.my/product/23t3ptf-smc. You will be given access to the Promise to Fulfilment textbook and Equip's online resources for the subject, and be eligible to sit the assessment. If you pass the assessment, you will receive credit in the Equip-MBS Certificate in Theology.

If you would like to just attend the Biblical Theology (Level 2) seminar without enrolling for Promise to Fulfilment you will not be eligible for a copy of the textbook or to take the assessment and your attendance will not count for academic purposes with Equip. However, lecture outlines and notes will be provided for you to follow the seminar. You can register for free at stmarys.my/BTSeminar.

Carolling

We are happy to share the Christmas Message with our brothers and sisters during this Christmas season. If you wish for the Carollers to come over to your place, please let us know by filling in the form at stmarys.my/carolling.invite. Please do so by 3 December.

Please find the list of areas that we are covering below. If your area is not mentioned here, please drop us a note and we will try our best to accommodate.

- 9 Dec – Subang Jaya / Putra Heights / Puchong
- 10 Dec – Ampang / Cheras / Kajang
- 16 Dec – Setia Alam / Elmina / PJ
- 17 Dec – Bangsar / Damansara

Should you need any further clarification, please feel free to contact Joyce Yu on 012 225 5277.

Girls' Christian Camp

The Girls' Christian Camp is held annually for girls aged between 11-17. The theme for this year's camp is "A Devoted Life", based on Daniel 1-6.

Here are the details:

Date: 16-20 December 2023 (Saturday – Wednesday)

Venue: Methodist College Kuala Lumpur

Camp fees: RM150 (before 19 November)

RM 170 (20 November – 1 December)

Across these 5 days, there will be theme talks, workshops, group discussions and games. To register and find out more about this camp that is organized for girls from different churches in the Klang Valley and beyond, please visit this website: girlschristiancamp.org

Building Roof & External Walls

The main roof and external walls of the Cathedral are in need of major repairs to address leaks that are threatening the comfort and safety of the building. We will need to raise funds for the repair and restoration works. For more information on the extent of damage and works, and for occasional updates on the funds collected, please visit stmarys.my/building.

Seminars

Our website has a page dedicated to seminars that we ran in the past. Topics include gender identity, parenting, relationships and church history. If you would like to listen to or watch videos of these seminars, you can find them at stmarys.my/seminars.

Golden Circle: Chair and Floor Exercises

The Golden Circle conducts a fitness programme for seniors at the Cathedral. Movements consist of chair and floor exercises to strengthen and tone muscles, improve balance, improve lung function, and improve circulation and cardiac function.

Day: Fridays

Time: 9.30am-10.30am

Venue: MPH

Donation for Flowers

If you would like to donate flowers to commemorate occasions (such as anniversary, memorial, baptism, birthday), you can let us know by indicating on the spreadsheet on the notice board at the Cathedral

entrance. Please contact Janet Chan (017 213 3418) for the type, colour and cost of flowers. Payment for the flowers can be made to Jessica Hoh at the Book Corner.

Music Ministry

If you are someone who is following Jesus as your Lord and Saviour, committed to serving him in St Mary's and interested in serving either in the choir or as an organist at the Liturgical services, please fill in the Connection Card at stmarys.my/connect or let the Cathedral Office know on 011 5760 3484. You will be contacted and furnished with more details by those in charge from the Cathedral.

Lost And Found

If you left something in the Cathedral, you can look for it at the 'Lost and Found' section in the Book Corner. Items will be kept for a month for people to claim before they are disposed of.

St Mary's Agape Mission School

St Mary's Agape Mission School is now in its 9th year of operation and currently has over 100 students. As such, the school is always on the lookout for volunteers who might be keen to teach the children. If you have a heart for seeing vulnerable children receive an education and would like to find out more about what is involved, please contact Mei Tan on 012 387 3408. (Retired teachers are preferred.)

The school is located near Ampang, and the time for volunteering is 9am-12pm and/or 1-3pm from Mondays to Thursdays.

The Daily Office

We invite you to join us for the Daily Office – a short daily service with systematic Bible readings and set prayers. This will take place every day at 7.30am by Zoom (except Sunday).

If you think this would be a helpful part of your daily routine, please join us by simply going to stmarys.my/dailyoffice at about 7.25am each day for a 7.30am start. That will take you directly to the Zoom room

where the service takes place. The service will finish before 8am.

Pastoral Needs

If you are a regular at St Mary's Cathedral and would like to make an appointment to talk to a pastor, please let us know by filling in a Connection Card at stmarys.my/connect or call the Cathedral Office on 011 5760 3484.

If you are a woman and there are pastoral matters you prefer to talk about with another woman, you can contact Mrs Christine Rajaratnam or Miss Danielle Cheng. If you would like one of them to contact you, please let us know in the same way – you can fill in a Connection Card at stmarys.my/connect or call the Cathedral Office on 011 5760 3484.

If there is a pastoral emergency, you can reach the pastoral team on our Emergency Pastoral Care Hotline: 011 5762 8524.

The Cathedral Electoral Roll

We encourage all our baptised and confirmed members who come regularly to our church (whether onsite or online) to be on our Electoral Roll. Joining the Electoral Roll will enable you to vote at our Annual General Meetings (AGM).

If you would like to sign up to be on the roll, please fill in the form here: stmarys.my/electoralroll.enrolment
The electoral roll for 2024 will close on 31 December 2023.

Small Groups

Looking to connect with a Christian community? We encourage you to consider joining one of our online or in-person small groups. This is one of the important ways we grow together as a community of God's people as we gather under His Word and seek to encourage one another to persevere in following Jesus.

If you would like to join a small group, please fill in a form at stmarys.my/smallgroups and we'd be happy to help find you one.

Youth Fellowship

Our Youth Fellowship (ages 13-18) meets on Sundays at 9am in the GF3 room (the room between the Pantry and the Old Office). If you would like to join us, please sign up at stmarys.my/youth.

Youth Confirmation Programme

If you would like to indicate interest in our Youth Confirmation Programme for your teenager aged 13-17, please let us know at stmarys.my/youthbaptismconfirmation and we will inform you when the next one starts.

Subscribe to our Mailing List

To receive emails about latest updates and important news about the Cathedral, fill in the form at stmarys.my/subscribe.

Dataran Merdeka Underground Carpark

Here are the weekend parking rates (Saturday & Sunday):

12am-9.59am – RM 4.00 per entry

10am-11.59pm – RM 5.00 per entry

For more information on payment methods, you can find them at stmarys.my/dataran.

Work Care Panel

We have a panel to help our Cathedral community look for work or advise about work and training opportunities. If you're looking for work and wouldn't mind a helping hand, fill in our Connection Card at stmarys.my/connect, indicating that you would like someone from the Work Care Panel to contact you.

Photography/Video Recordings during Services

Please note that taking photographs and/or recording videos are not allowed during our services. If you would like to have footage of the service, you may look up our [YouTube channel](#).

WhatsApp Announcement Groups

We have new WhatsApp announcement groups! Do join your service community to receive the appropriate updates on the goings-on here at the cathedral. You can either click the links here or follow the QR code by the entrances for each hall. Only admins will be able to post and to see the phone numbers of everyone in the group. You will get the order of service for the congregation you are in each week (with all the announcements within the document). Admins will carefully limit the number of other announcements sent out to avoid overloading your WhatsApp inbox.

Liturgical Online:

<https://chat.whatsapp.com/GdKJ70hOT4p7UTZUD2RxpP>

Liturgical 7am:

<https://chat.whatsapp.com/FzoyrkZOMcBFUuA5EGygFT>

Liturgical 9am:

<https://chat.whatsapp.com/BCd6szYiXlk7iyu1VT8s8N>

Liturgical 11am:

<https://chat.whatsapp.com/KK2bI0HRZsdCmRWXOiPdfK>

SMACC 1:

<https://chat.whatsapp.com/GqLRkLZgvIF4e5Ht4GktnF>

SMACC 2:

<https://chat.whatsapp.com/EXCHpSflvDv8NRGgxqgPhE>

In Memoriam

Give thanks for the life of Francis Kanyan Enchang who passed away on 19 November 2020. Thank God for his promise that all who depart in the faith of Christ rest now in peace and will surely rise in glory.