

Holy Eucharist

4 August 2024 | 7.00 am, 11.00 am

Tenth Sunday after Trinity



Synod of the Diocese of West Malaysia

St Mary's Cathedral

Making disciples of Jesus Christ

[Sermon Outline](#) (page 21) | [Announcements](#) (page 50)

Hymn: Stand Up And Bless The Lord

James Montgomery 1771-1854

Stand up, and bless the Lord,
ye people of his choice;
stand up, and bless the Lord you God,
with heart and soul and voice.

Though high above all praise,
above all blessing high,
who would not fear his holy name,
and laud and magnify?

O for the living flame
from his own altar brought,
to touch our lips, our minds inspire,
and wing to heaven our thought.

God is our strength and song,
and his salvation ours;
then be his love in Christ proclaimed
with all our ransomed powers.

Stand up, and bless the Lord,
the Lord your God adore;
stand up, and bless his glorious name
henceforth for evermore.

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Introduction

Prayer of Preparation

All: Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord.
Amen.

Gloria In Excelsis

**All: Glory to God in the highest
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord;
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Collect for the Tenth Sunday after Trinity

**All: Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.**

Old Testament Reading: Nehemiah 9:1-3, 32-38, 10:28-29

(Please be seated.)

The whole text of Nehemiah 9-10 is printed below as this is the preaching passage but verses in [brackets] will not be read in the services.

^{9:1} Now on the twenty-fourth day of this month the people of Israel were assembled with fasting and in sackcloth, and with earth on their heads. ² And the Israelites separated themselves from all foreigners and stood and confessed their sins and the iniquities of their fathers. ³ And they stood up in their place and read from the Book of the Law of the LORD their God for a quarter of the day; for another quarter of it they made confession and worshiped the LORD their God. [⁴ On the stairs of the Levites stood Jeshua, Bani, Kadmiel, Shebaniah, Bunni, Sherebiah, Bani, and Chenani; and they cried with a loud voice to the LORD their God. ⁵ Then the Levites, Jeshua, Kadmiel, Bani, Hashabneiah, Sherebiah, Hodiah, Shebaniah, and Pethahiah, said, “Stand up and bless the LORD your God from everlasting to everlasting. Blessed be your glorious name, which is exalted above all blessing and praise.

⁶ “You are the LORD, you alone. You have made heaven, the heaven of heavens, with all their host, the earth and all that is on it, the seas and all that is in them; and you preserve all of them; and the host of heaven worships you. ⁷ You are the LORD, the God who chose Abram and brought him out of Ur of the Chaldeans and gave him the name Abraham. ⁸ You found his heart faithful before you, and made with him the covenant to give to his offspring the land of the Canaanite, the Hittite, the Amorite, the Perizzite, the Jebusite, and the Girgashite. And you have kept your promise, for you are righteous.

⁹ “And you saw the affliction of our fathers in Egypt and heard their cry at the Red Sea, ¹⁰ and performed signs and wonders against Pharaoh and all his servants and all the people of his land, for you knew that they acted arrogantly against our fathers. And you made a name for yourself, as it is to this day. ¹¹ And you divided the sea before them, so that they went through the midst of the sea on dry land, and you cast their pursuers into the depths, as a stone into mighty waters. ¹² By a pillar of cloud you led them in the day, and by a pillar of fire in the night to light for them the way in which they should go. ¹³ You came down on Mount Sinai and spoke with them

from heaven and gave them right rules and true laws, good statutes and commandments, ¹⁴ and you made known to them your holy Sabbath and commanded them commandments and statutes and a law by Moses your servant. ¹⁵ You gave them bread from heaven for their hunger and brought water for them out of the rock for their thirst, and you told them to go in to possess the land that you had sworn to give them.

¹⁶ “But they and our fathers acted presumptuously and stiffened their neck and did not obey your commandments. ¹⁷ They refused to obey and were not mindful of the wonders that you performed among them, but they stiffened their neck and appointed a leader to return to their slavery in Egypt. But you are a God ready to forgive, gracious and merciful, slow to anger and abounding in steadfast love, and did not forsake them.

¹⁸ Even when they had made for themselves a golden calf and said, ‘This is your God who brought you up out of Egypt,’ and had committed great blasphemies, ¹⁹ you in your great mercies did not forsake them in the wilderness. The pillar of cloud to lead them in the way did not depart from them by day, nor the pillar of fire by night to light for them the way by which they should go. ²⁰ You gave your

good Spirit to instruct them and did not withhold your manna from their mouth and gave them water for their thirst. ²¹ Forty years you sustained them in the wilderness, and they lacked nothing. Their clothes did not wear out and their feet did not swell.

²² “And you gave them kingdoms and peoples and allotted to them every corner. So they took possession of the land of Sihon king of Heshbon and the land of Og king of Bashan. ²³ You multiplied their children as the stars of heaven, and you brought them into the land that you had told their fathers to enter and possess. ²⁴ So the descendants went in and possessed the land, and you subdued before them the inhabitants of the land, the Canaanites, and gave them into their hand, with their kings and the peoples of the land, that they might do with them as they would. ²⁵ And they captured fortified cities and a rich land, and took possession of houses full of all good things, cisterns already hewn, vineyards, olive orchards and fruit trees in abundance. So they ate and were filled and became fat and delighted themselves in your great goodness.

²⁶ “Nevertheless, they were disobedient and rebelled against you and cast your law behind their back and killed your prophets, who had warned them in order to turn them back to you, and they committed great blasphemies.

²⁷ Therefore you gave them into the hand of their enemies, who made them suffer. And in the time of their suffering they cried out to you and you heard them from heaven, and according to your great mercies you gave them saviours who saved them from the hand of their enemies. ²⁸ But after they had rest they did evil again before you, and you abandoned them to the hand of their enemies, so that they had dominion over them. Yet when they turned and cried to you, you heard from heaven, and many times you delivered them according to your mercies. ²⁹ And you warned them in order to turn them back to your law. Yet they acted presumptuously and did not obey your commandments, but sinned against your rules, which if a person does them, he shall live by them, and they turned a stubborn shoulder and stiffened their neck and would not obey. ³⁰ Many years you bore with them and warned them by your Spirit through your prophets. Yet they would not give ear. Therefore you gave them into the hand of the peoples of the lands.

³¹ Nevertheless, in your great mercies you did not make

an end of them or forsake them, for you are a gracious and merciful God.]

³² “Now, therefore, our God, the great, the mighty, and the awesome God, who keeps covenant and steadfast love, let not all the hardship seem little to you that has come upon us, upon our kings, our princes, our priests, our prophets, our fathers, and all your people, since the time of the kings of Assyria until this day. ³³ Yet you have been righteous in all that has come upon us, for you have dealt faithfully and we have acted wickedly. ³⁴ Our kings, our princes, our priests, and our fathers have not kept your law or paid attention to your commandments and your warnings that you gave them. ³⁵ Even in their own kingdom, and amid your great goodness that you gave them, and in the large and rich land that you set before them, they did not serve you or turn from their wicked works. ³⁶ Behold, we are slaves this day; in the land that you gave to our fathers to enjoy its fruit and its good gifts, behold, we are slaves. ³⁷ And its rich yield goes to the kings whom you have set over us because of our sins. They rule over our bodies and over our livestock as they please, and we are in great distress.

³⁸ “Because of all this we make a firm covenant in writing; on the sealed document are the names of our princes, our Levites, and our priests.

[^{10:1} “On the seals are the names of Nehemiah the governor, the son of Hacaliah, Zedekiah, ² Seraiah, Azariah, Jeremiah, ³ Pashhur, Amariah, Malchijah, ⁴ Hattush, Shebaniah, Malluch, ⁵ Harim, Meremoth, Obadiah, ⁶ Daniel, Ginnethon, Baruch, ⁷ Meshullam, Abijah, Mijamin, ⁸ Maaziah, Bilgai, Shemaiah; these are the priests. ⁹ And the Levites: Jeshua the son of Azaniah, Binnui of the sons of Henadad, Kadmiel; ¹⁰ and their brothers, Shebaniah, Hodiah, Kelita, Pelaiah, Hanan, ¹¹ Mica, Rehob, Hashabiah, ¹² Zaccur, Sherebiah, Shebaniah, ¹³ Hodiah, Bani, Beninu. ¹⁴ The chiefs of the people: Parosh, Pahath-moab, Elam, Zattu, Bani, ¹⁵ Bunni, Azgad, Bebai, ¹⁶ Adonijah, Bigvai, Adin, ¹⁷ Ater, Hezekiah, Azzur, ¹⁸ Hodiah, Hashum, Bezai, ¹⁹ Hariph, Anathoth, Nebai, ²⁰ Magpiash, Meshullam, Hezir, ²¹ Meshezabel, Zadok, Jaddua, ²² Pelatiah, Hanan, Anaiah, ²³ Hoshea, Hananiah, Hasshub, ²⁴ Hallohesh, Pilha, Shobek, ²⁵ Rehum, Hashabnah, Maaseiah, ²⁶ Ahiah, Hanan, Anan, ²⁷ Malluch, Harim, Baanah.]

²⁸ “The rest of the people, the priests, the Levites, the gatekeepers, the singers, the temple servants, and all who have separated themselves from the peoples of the lands to the Law of God, their wives, their sons, their daughters, all who have knowledge and understanding, ²⁹ join with their brothers, their nobles, and enter into a curse and an oath to walk in God's Law that was given by Moses the servant of God, and to observe and do all the commandments of the LORD our Lord and his rules and his statutes. [³⁰ We will not give our daughters to the peoples of the land or take their daughters for our sons. ³¹ And if the peoples of the land bring in goods or any grain on the Sabbath day to sell, we will not buy from them on the Sabbath or on a holy day. And we will forego the crops of the seventh year and the exaction of every debt.

³² “We also take on ourselves the obligation to give yearly a third part of a shekel for the service of the house of our God: ³³ for the showbread, the regular grain offering, the regular burnt offering, the Sabbaths, the new moons, the appointed feasts, the holy things, and the sin offerings to make atonement for Israel, and for all the work of the house of our God. ³⁴ We, the priests, the Levites, and the people, have likewise cast lots for the wood offering, to

bring it into the house of our God, according to our fathers' houses, at times appointed, year by year, to burn on the altar of the LORD our God, as it is written in the Law. ³⁵ We obligate ourselves to bring the firstfruits of our ground and the firstfruits of all fruit of every tree, year by year, to the house of the LORD; ³⁶ also to bring to the house of our God, to the priests who minister in the house of our God, the firstborn of our sons and of our cattle, as it is written in the Law, and the firstborn of our herds and of our flocks; ³⁷ and to bring the first of our dough, and our contributions, the fruit of every tree, the wine and the oil, to the priests, to the chambers of the house of our God; and to bring to the Levites the tithes from our ground, for it is the Levites who collect the tithes in all our towns where we labour. ³⁸ And the priest, the son of Aaron, shall be with the Levites when the Levites receive the tithes. And the Levites shall bring up the tithe of the tithes to the house of our God, to the chambers of the storehouse. ³⁹ For the people of Israel and the sons of Levi shall bring the contribution of grain, wine, and oil to the chambers, where the vessels of the sanctuary are, as well as the priests who minister, and the gatekeepers and the singers. We will not neglect the house of our God.”]

At the end of the reading, the reader says,

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Psalm 119:33-40

(Please stand: the Psalm will be said responsively.)

³³ Teach me, O LORD, the way of your statutes;
and I will keep it to the end.

³⁴ **Give me understanding, that I may keep your law
and observe it with my whole heart.**

³⁵ Lead me in the path of your commandments,
for I delight in it.

³⁶ **Incline my heart to your testimonies,
and not to selfish gain!**

³⁷ Turn my eyes from looking at worthless things;
and give me life in your ways.

³⁸ **Confirm to your servant your promise,
that you may be feared.**

³⁹ Turn away the reproach that I dread,
for your rules are good.

⁴⁰ **Behold, I long for your precepts;
in your righteousness give me life!**

At the end of the reading the reader says,

Reader: Glory be to the Father, and to the Son
and to the Holy Spirit,

All: **As it was in the beginning, is now,
and shall be forever.
Amen.**

New Testament Reading: Galatians 3:10-14

(Please be seated.)

¹⁰ For all who rely on works of the law are under a curse; for it is written, “Cursed be everyone who does not abide by all things written in the Book of the Law, and do them.”
¹¹ Now it is evident that no one is justified before God by the law, for “The righteous shall live by faith.” ¹² But the law is not of faith, rather “The one who does them shall live by them.” ¹³ Christ redeemed us from the curse of the law by becoming a curse for us—for it is written, “Cursed is everyone who is hanged on a tree”— ¹⁴ so that in Christ Jesus the blessing of Abraham might come to the Gentiles, so that we might receive the promised Spirit through faith.

At the end of the reading, the reader says,

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Gospel Reading: John 14:15-21

After the reader announces the reading, the people all standing up, all shall say:

Glory to Christ our Saviour.

¹⁵ “If you love me, you will keep my commandments.

¹⁶ And I will ask the Father, and he will give you another Helper, to be with you forever, ¹⁷ even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.

¹⁸ “I will not leave you as orphans; I will come to you.

¹⁹ Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live. ²⁰ In that day you will know that I am in my Father, and you in me, and I in you. ²¹ Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him.”

At the end of the reading, the reader shall say,

This is the Gospel of Christ.

All shall respond:

Praise to Christ our Lord.

(At the 11 am service, parents may take their children to Kids' Church at this point.)

7am service

Sermon: Restoration With God

Nehemiah 9-10

Introduction: Restoration with God

Demands an honest confession

Demands a solemn promise

Conclusion: Restoration with God through Jesus

Sermon: Covenant Renewal

Nehemiah 9-10

Setting: God's People assembled... (9:1-5)

1. To Confess (Nehemiah 9:6-38)

- i. Abraham (v7-8)
- ii. Exodus (v9-21)
- iii. Joshua-Judges (v22-31)
- iv. Kings- Exile (Nehemiah) (v33-37)

[Principle 1] God is merciful to his wicked people.

2. To Covenant (Nehemiah 10:1-39)

- Who covenanted (10:1-29)
- What was covenanted (10:30-39)
 - Faithfulness in Family (v30)
 - Faithfulness in Finance (v31)
 - Faithfulness in supporting God's house (v32-39)

[Principle 2] God relates to his people by covenant.

[Main idea] God mercifully saves wicked humanity through the New Covenant in Christ.

The Nicene Creed

(Please stand.)

**All: We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
by the power of the Holy Spirit
he was born of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate;
he suffered, died and was buried.
On the third day he rose again
in fulfilment of the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
With the Father and the Son
he is worshipped and glorified,
He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

(Please kneel or be seated.)

Prayers for the nations of the world and our own nation

Leader: O God, our creator and preserver, we pray for people of every race, and in every kind of need: make your ways known on earth, your saving power among all nations.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the church throughout the world and our own church

Leader: We pray for your Church throughout the world: guide and govern us by your Holy Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the sick, the suffering and those who mourn the death of loved ones

Leader: We commend to your fatherly goodness all who are anxious or distressed in mind or body; comfort and relieve them in their need; give them patience in their sufferings and bring good out of their troubles.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers conclude with the Lord's Prayer.

All: **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever.
Amen.**

The Peace

(Please stand.)

The Greeting of Peace is introduced in these or other suitable words.

Minister: We are the body of Christ.

In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

Minister: The peace of the Lord be always with you.

All: **And also with you.**

All may exchange a sign of peace.

Hymn: How Firm A Foundation

Kirkham 1787

How firm a foundation ye saints of the Lord,
Is laid for your faith in His excellent word!
What more can He say than to you He has said,
You who unto Jesus for refuge have fled?

In every condition, in sickness, in health,
In poverty's vale, or abounding in wealth;
At home, or abroad, on the land, on the sea,
"As your days may demand, shall your strength ever be."

"Fear not, I am with you; O be not dismayed;
For I am your God, and will still give you aid;
I'll strengthen you, help you, and cause you to stand,
Upheld by My righteous omnipotent hand."

"When through the deep waters I call you to go,
The rivers of woe shall not you overflow;
For I will be with you, your troubles to bless,
And sanctify to you your deepest distress."

“When through fiery trials your pathway shall lie,
My grace all-sufficient shall be your supply;
The flame shall not hurt you; I only design
Your dross to consume, and your gold to refine.”

“The soul that on Jesus has leaned for repose,
I will not, I will not desert to his foes;
That soul, though all hell should endeavour to shake,
I’ll never, no never, no never forsake.”

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Prayer of Penitence and Confession

The minister may use this or another call to confession.

Minister: Brothers and sisters: as we come together to share in the holy Communion of the Body and Blood of our Saviour Christ, the Scriptures urge us to examine our lives and repent of our sins. As we do so, let us be thankful that God the Son humbled himself, becoming man, to die for us on the Cross. And by the shedding of his precious blood, he obtained for us forgiveness of sins, and life with him forever. In remembrance of his death, and as a pledge of his love, Jesus instituted this holy sacrament, to our great and endless comfort.

You, then, who truly and earnestly repent of your sins, seek to live in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from now on in his holy ways, draw near with faith, and take this holy sacrament to your comfort. But first, let us make our humble confession to almighty God.

(Please kneel or be seated)

**All: Almighty God, our Heavenly Father
we have sinned against you
and against our neighbour,
in thought and word and deed,
in the evil we have done
and in the good we have not done,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry, and repent of all our sins.
For the sake of your Son, Jesus Christ,
who died for us,
forgive us all that is past;
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

The minister declares God's forgiveness:

Almighty God,
who forgives all who truly repent
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All: **Amen.**

Then the minister shall say,

Hear the words of comfort our Saviour Christ says unto all
that truly turn to him.

Come to me, all who labour and are heavy laden, and I will
give you rest.

(Matthew 11:28)

God so loved the world, that he gave his only Son, that
whoever believes in him should not perish but have
eternal life.

(John 3:16)

Hear also what St Paul says.

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

(1 Timothy 1:15)

Hear also what St John says.

If anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins.

(1 John 2:1-2)

The Eucharist

(Please remain kneeling or seated.)

Minister: The Lord is here.

All: **His Spirit is with us.**

Minister: Lift up your hearts.

All: **We lift them to the Lord.**

Minister: Let us give thanks to the Lord our God.

All: **It is right to give him thanks and praise.**

Minister: It is indeed right it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ your Son our Lord.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

All: **Holy, holy, holy Lord
God of power and might,
Heaven and earth are full of your glory.
Glory to you, O Lord Most High.**

This Prayer of Humble Access may be said by all.

**All: We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy so much as to gather up
the crumbs under your table.
But you are the same Lord,
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that we may evermore dwell in him
and he in us.
Amen.**

The Minister prays:

Almighty God, our Heavenly Father,
who in your tender mercy gave your only Son
Jesus Christ to suffer death upon the cross
for our redemption;
who made there,
by his one oblation of himself once offered,
a full, perfect and sufficient sacrifice
for the sins of the whole world;
and who instituted, and in his holy gospel
commanded us to continue,
a perpetual memory of his precious death
until his coming again:
Hear us, merciful Father, we humbly pray,
and grant that we who receive
these gifts of your creation,
this bread and this wine,
according to your Son our Saviour
Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers, by faith,
of his most blessed body and blood:

who, in the night he was betrayed,
took bread, and when he had given you thanks,
he broke it and gave it to his disciples saying,
“Take, eat; this is my body which is given for you;
do this in remembrance of me.”

In the same way, after supper,
he took the cup, and when he had given you thanks,
he gave it to them saying,
“Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins;
do this, as often as you drink it,
in remembrance of me.”

All: **Amen.**

The Distribution

Minister:

Eat and drink this in remembrance that Christ died
for you and feed on him in your hearts by faith with
thanksgiving.

Hymn: In Adam We Have All Been One

Martin H. Franzmann

In Adam we have all been one,
One huge rebellious man;
We all have fled that evening voice
That sought us as we ran.

We fled thee, and in losing thee
We lost our brother too;
Each singly sought and claimed his own;
Each man his brother slew.

But thy strong love, it sought us still
And sent thine only Son
That we might hear his shepherd's voice
And, hearing him, be one.

O thou who, when we loved thee not,
Didst love and save us all;
Thou great Good Shepherd of mankind,
Oh, hear us when we call.

Send us thy Spirit, teach us truth;
Thou Son, oh, set us free
From fancied wisdom, self-sought ways,
And make us one in thee.

Then shall our song united rise
To thine eternal throne;
Where with the Father evermore
And Spirit, thou art one.

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Hymn: Come Thou Fount Of Every Blessing

Robert Robinson 1735-1790

Come, Thou Fount of ev'ry blessing,
tune my heart to sing Thy grace;
streams of mercy, never ceasing,
call for songs of loudest praise.
Teach me some melodious measure,
sung by flaming tongues above.
O the vast, the boundless treasure
of my Lord's unchanging love!

Here I find my greatest treasure;
hither by Thy help I've come;
and I hope, by Thy good pleasure,
safely to arrive at home.
Jesus sought me when a stranger,
wandering from the fold of God;
He, to rescue me from danger,
interposed His precious blood.

O to grace how great a debtor
daily I'm constrained to be!
Let that grace, Lord, like a fetter,
bind my wandering heart to Thee;
prone to wander, Lord, I feel it,
prone to leave the God I love;
take my heart, O take and seal it;
seal it from Thy courts above!

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Hymn: Jesus Paid It All

Elvina M. Hall 1818

I hear the Saviour say,
"Your strength indeed is small;
Child of weakness, watch and pray,
find in me your all in all."

*Jesus paid it all,
all to him I owe;
sin had left a crimson stain,
he washed it white as snow.*

Lord, now indeed I find
Your power, and yours alone
Can change the leper's spots
and melt the heart of stone.

For nothing good have I
whereby thy grace to claim;
I'll wash my garments white
in the blood of Calvary's Lamb.

And when, before the throne,
I stand in him complete,
"Jesus died my soul to save,"
my lips shall still repeat.

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Prayers of Response

(Please kneel or be seated.)

**All: Almighty God,
we thank you for feeding us
with the spiritual food
of the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out into the world
in the power of your Spirit,
to live and work
to your praise and glory.
Amen.**

Announcements

The Blessing

The gathering ends with a blessing.

Minister: The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All: **Amen.**

Minister: Go in peace to love and serve the Lord.

All: **In the name of Christ. Amen.**

Hymn: O Jesus I Have Promised

J.E. Bode 1816-1874

O Jesus, I have promised
to serve Thee to the end;
be Thou for ever near me,
my Master and my Friend;
I shall not fear the battle
if Thou art by my side,
nor wander from the pathway
if Thou wilt be my guide.

O let me hear Thee speaking
in accents clear and still,
above the storms of passion,
the murmurs of self-will;
O speak to reassure me,
to hasten or control;
O speak, and make me listen,
Thou Guardian of my soul.

O Jesus, Thou hast promised
to all who follow Thee,
that where Thou art in glory,
there shall Thy servant be;
and, Jesus, I have promised
to serve Thee to the end;
O give me grace to follow,
my Master and my Friend.

O Let me see thy foot-marks,
and in them plant mine own;
my hope to follow duly
is in thy strength alone:
O guide me, call me, draw me,
Uphold me to the end;
And then in heaven receive me.
My Saviour and my Friend.

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Connect with us

Thank you for joining our service. If you would like for us to get in touch with you, or have any feedback for us, please fill in our Connection Card at stmarys.my/connect.

Giving

Online transfer

Bank name: **Standard Chartered Bank Malaysia Bhd**

Account name: **St Mary's Cathedral**

Account number: **312 142 334 691**

Recipient reference: If giving a pledge, enter ***your 3-digit pledge number***.
 Otherwise, enter the service you normally attend.
 If giving to the Ministry Workers Fund, please put **“MWF”**.

For one-off giving, please email the bank-in slip or online transfer receipt to: **collections@stmaryscathedral.org.my**

E-wallet

Scan the following QR code using any banking or e-wallet app (Touch n Go/GrabPay/Boost). Please ensure **“St Mary's Cathedral”** is listed as the payee.



St Mary's Cathedral Main Hall

Note: This method of giving is analogous to putting cash into the offertory bag/box. Your donation will go to the General Fund. You will not be given a receipt. Do not use this to give a pledge.

Details on our webpage: stmarys.my/give.

Giving via Pledge Envelopes

In recent years, the church giving system has moved from a pledge envelope system to an online giving system. Those who wish to remain contributing via pledge envelopes are advised to write their pledge numbers on any blank envelopes and drop them in the allocated boxes at church.

Giving to the Ministry Workers Fund

If you would like to give to the Ministry Workers Fund, please scan the following QR code using any banking or e-wallet app (Touch n Go/GrabPay/Boost). Please ensure “**MWF**” is listed as the payee.



MWF

Onsite and Online Services

Here are the details of our English onsite services on Sundays:

- Liturgical Services – 7am, 9am, 11am
- Contemporary (SMACC) Services – 11am, 5pm

If you are joining us online on Sundays, the Liturgical service will be livestreamed at 9am.

More information about our services can be found here:

stmarys.my/services.

Carparking

If you are attending any of the services or events at St Mary's Cathedral, please park at the Dataran Merdeka Underground Carpark across the road.

The Cathedral Carpark is reserved for women travelling alone who may feel unsafe parking in the Dataran Merdeka Underground Carpark, people with young children who would find it hard to cross the road with them, and those who are elderly, or suffering from illness or disability who would then find it hard to walk from the carpark across the road.

If you fall into any of the categories above and wish to park in the Cathedral, please visit stmarys.my/booking to book a carpark on Sundays. There is also an option for you to indicate on the form that you would like to book a parking spot for 6 months. Your car plate number will then be given to the guards and you will be allowed in.

Bookings for carparking will open at 2pm on Sunday and close at noon on Friday.

If you miss a booking but you fall into any of the categories mentioned above and need to park in the Cathedral, you may request for a temporary paper form from the guard to allow you to park just for that day.

If you are parking in the Cathedral, please drive slowly and carefully for the sake of the safety of the many pedestrians in the Cathedral compound.

Community Meal

Next Community Meal: 11 August 2024

Kids' Church

The Kids' Church classes run on Sunday mornings. The different age groups meet at their respective classrooms on the ground floor of the Cathedral. Parents may pick up their children after the 11am church services ends.

Please email kidschurch@stmaryscathedral.org.my or speak to our Kids' Church teachers for further information.

Opportunities to Serve

Do you have a heart for service and a desire to be part of a vibrant community? St Mary's Cathedral is looking for dedicated people to help us in various roles. If you're a regular at the Cathedral and would like to lend a hand, we encourage you to register your interest today! Simply visit stmarys.my/serve to learn more and fill out the serving form. We look forward to welcoming you onto our team!

Sunday Afternoon Live with Dr Peter Jensen

Please join us as we interview Dr Peter Jensen, the former Archbishop of Sydney on Sunday, 4 August, 2.30-4pm at the Cathedral. Interview topics: Why I am a Christian, Following Jesus in Old Age, Loving God with your Mind, Being Faithful in Ministry.

An Overview of the Book of Revelation

Rev Dr Michael Jensen, the rector of St Mark's Church in Sydney and former lecturer at Moore College, will be giving an overview of the book of Revelation on Sunday, 11 August, 2.30-4pm at the Cathedral. All are welcome.

SMAGLOW 2024: Prayers of Pilgrimage

SMAGLOW, our camp for the English congregations of the Cathedral, is happening from 15-17 September in Ancasa Residences, Port Dickson! Our speaker, Rev. John Warner, will take us through the Psalms and how it can be a source of encouragement for us daily through the different seasons of our lives.

Camp fees are subsidised by the church and are priced at RM420 per person for a twin room sharing with different rates for children pending their ages. If anyone needs an extra mattress, it is RM300 per adult/child.

The camp form and details are available at stmarys.my/smaglow, which will be updated from time to time. We are also looking for volunteers in some areas. Do check out the website above for more details. If anyone has any questions, can reach out to the organisers via smaglow@stmaryscathedral.org.my

New Small Groups

We will be starting 2 new small groups especially for the English Liturgical services. We strongly encourage you to join one of these groups, as we seek to grow to maturity in Christ together.

Friday Group

Time: 8.30pm

Venue: St Mary's Cathedral

Leaders: Mark Raj and Marcus Lee

Start date: 6 September 2024

Saturday Group

Time: 10am

Venue: St Mary's Cathedral

Leaders: SP Lim and Shang Hwah Lee

Start date: 31 August 2024

Small groups meet regularly around God's Word. Group members pray for each other, encourage each other in the faith, and support each other through the ups and downs of life. Sometimes they share in meals and have fun too!

Please speak to any of the group leaders or pastoral team members to find out more / to express your interest in joining a small group.

Klang Valley Bible Conference (KVBC)

KVBC is an annual platform to encourage godliness through faithful Bible exposition. This year's theme is "The Spirit of Truth" with Dr Peter Jensen as the speaker.

Date: 5-7 August 2024 (Monday – Wednesday)

Time: 7.30-10pm

Venue: Hall 1, Dream Centre PJ

Register for the free conference [here](#).

Nepali Ministry

We are looking for doctors among us who are able to conduct general medical check-ups for our Nepali brothers and sisters in Shah Alam. If you are able to volunteer, please contact John Siwakoti at 018 204 7045.

East Malaysian Anglican Centre (EMAC)

If you have any indoor games such as boardgames that you would like to donate to our centre for East Malaysians at Jalan Pahang, please contact Rev John Layang at 013 819 6726.

Ministry Partners News 2024

We are excited to share this new annual booklet in which you can read about the ministries that take place in St Mary's Cathedral and learn about how you can be involved in this gospel partnership. Download the booklet here: stmarys.my/mpn

Personal Details Update

Thank you for being here with us at St Mary's Cathedral and we would like to get to know you better.

Here is a form to update your contact details on our church management system, for us to stay in touch with you. This will also help the pastoral and admin teams to have details of those whom we are seeking to serve.

stmarys.my/survey2024

Rest assured that we will be safeguarding the information and it will not be used for any commercial purposes.

SK (P) Pudu 1 & SMK (P) Pudu 110th Thanksgiving Service

SK (P) Pudu 1 & SMK (P) Pudu will be having their 110th Thanksgiving Service as follows:

Date: Saturday, 28 September 2024

Time: 11am

Venue: Dewan Foss, SMK(P) Pudu, Jalan Foss,

Please register for the service [here](#).

Building Roof & External Walls

The main roof and external walls of the Cathedral are in need of major repairs to address leaks that are threatening the comfort and safety of the building. We will need to raise funds for the repair and restoration works. For more information on the extent of damage and works, and for occasional updates on the funds collected, please visit stmarys.my/building.

Seminars

Our website has a page dedicated to seminars that we ran in the past. Topics include gender identity, parenting, relationships and church history. If you would like to listen to or watch videos of these seminars, you can find them at stmarys.my/seminars.

Golden Circle: Chair Exercise

The Golden Circle conducts a fitness programme for seniors at the Cathedral. Movements consist of chair exercises to strengthen and tone muscles, improve balance, improve lung function, and improve circulation and cardiac function.

Day: Fridays

Time: 9.30-10.30am

Venue: MPH

Donation for Flowers

If you would like to donate flowers to commemorate occasions (such as anniversary, memorial, baptism, birthday), you can let us know by indicating on the

spreadsheet on the notice board at the Cathedral entrance. Please send a WhatsApp message to Janet Chan (017 213 3418) and she will contact you to discuss the type, colour and cost of flowers. Payment for the flowers can be made by placing it in an envelope and writing on the envelope the purpose for the payment (in this case 'Flowers'). Please drop the envelope in one of the allocated collection boxes at church. If you would like a receipt to be issued to you, please write your name and contact number on the envelope, and we will send the receipt to you.

St Mary's Agape Mission School

St Mary's Agape Mission School is always on the lookout for volunteers or anyone looking to sponsor a refugee child's education for the short / long term. No prerequisites required.

As a number of students are resettling in the next few months, if anyone has cold weather clothes you no longer need and wish to give them away, please contact Dr Mei Tan at agapeschool@stmaryscathedral.org.my

The Daily Office

We invite you to join us for the Daily Office – a short daily service with systematic Bible readings and set prayers. This will take place every day at 7.30am by Zoom (except Sunday).

If you think this would be a helpful part of your daily routine, please join us by simply going to stmarys.my/dailyoffice at about 7.25am each day for a 7.30am start. That will take you directly to the Zoom room where the service takes place. The service will finish before 8am.

Pastoral Needs

If you are a regular at St Mary's Cathedral and would like to make an appointment to talk to a member of the pastoral team, please let us know by filling in a Connection Card at stmarys.my/connect or call the Cathedral Office at 011 5760 3484.

If there is a pastoral emergency, you can reach the pastoral team on our Emergency Pastoral Care Hotline: 011 2091 4458.

Small Groups

Looking to connect with a Christian community? We encourage you to consider joining one of our in-person or online small groups. This is one of the important ways we grow together as a community of God's people as we gather under his Word and seek to encourage one another to persevere in following Jesus.

If you would like to join a small group, please fill in a form at stmarys.my/smallgroups and we'd be happy to help find you one.

Youth Fellowship

Our Youth Fellowship (ages 13-18) meets on Sundays at 9am in the GF3 room (the room between the Pantry and the Old Office). If you would like to join us, please sign up at stmarys.my/youth.

Youth Confirmation Programme

If you would like to indicate interest in our Youth Confirmation Programme for your teenager aged 13-17, please let us know at

stmarys.my/youthbaptismconfirmation and we will inform you when the next one starts.

Subscribe to our Mailing List

To receive emails about latest updates and important news about the Cathedral, fill in the form at stmarys.my/subscribe.

Dataran Merdeka Underground Carpark

Here are the weekend parking rates (Saturday & Sunday):

12am-9.59am – RM 4.00 per entry

10am-11.59pm – RM 5.00 per entry

For more information on payment methods, you can find them at stmarys.my/dataran.

Car Sign for Road Closures

You can pick up a car sign at the back of the Jubilee Hall to let the police know that you are heading to the church and you will be let through in case there are road closures

on Sundays. This is not an entry pass but simply a sign to facilitate communication with the police.

Work Care Panel

We have a panel to help our Cathedral community look for work or advise about work and training opportunities. If you're looking for work and wouldn't mind a helping hand, fill in our Connection Card at stmarys.my/connect, indicating that you would like someone from the Work Care Panel to contact you.

Photography/Video Recordings during Services

Please note that taking photographs and/or recording videos are not allowed during our services without prior permission. If you would like to have footage of the service, you may look up our [YouTube channel](#).

WhatsApp Announcement Groups

We have new WhatsApp announcement groups! Do join your service community to receive the appropriate updates on the goings-on here at the cathedral. You can

join by clicking the links below. Only admins will be able to post and to see the phone numbers of everyone in the group. You will get the order of service for the congregation you are in each week (with all the announcements within the document). Admins will carefully limit the number of other announcements sent out to avoid overloading your WhatsApp inbox.



[Liturgical 7am](#)



[Liturgical 9am](#)



[Liturgical 11am](#)



[Liturgical Online](#)



[SMACC 1](#)



[SMACC 2](#)