

# Holy Eucharist

15 May 2022 | 9.00 am

*5<sup>th</sup> Sunday of Easter*



Synod of the Diocese of West Malaysia

**St Mary's Cathedral**

*Making disciples of Jesus Christ*

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## Hymn: Blest Be The Everlasting God

*Isaac Watts, 1674-1748*

Blest be the everlasting God,  
the Father of our Lord!  
Be his abounding mercy praised,  
his majesty adored!

When from the dead he raised his Son,  
and called him to the sky,  
he gave our souls a lively hope  
that they should never die.

There's an inheritance divine  
reserved against that day;  
'tis uncorrupted, undefiled,  
and cannot fade away.

Saints by the power of God are kept,  
till that salvation come:  
we walk by faith as strangers here,  
till Christ shall call us home.

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# Introduction

## Prayer of Preparation

**All:** Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord.  
Amen.

# Gloria In Excelsis

**All: Glory to God in the highest  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One;  
you alone are the Lord;  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

# Collect

*Collect for the fifth Sunday of Easter*

**All: Almighty God,  
who through your only-begotten Son Jesus Christ  
have overcome death and opened to us  
the gate of everlasting life:  
grant that, as by your grace going before us  
you put into our minds good desires,  
so by your continual help  
we may bring them to good effect;  
through Jesus Christ our risen Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.**

## Old Testament Reading: Leviticus 19:13-18

*(Please be seated)*

<sup>13</sup> “You shall not oppress your neighbour or rob him. The wages of a hired worker shall not remain with you all night until the morning. <sup>14</sup> You shall not curse the deaf or put a stumbling block before the blind, but you shall fear your God: I am the LORD.

<sup>15</sup> “You shall do no injustice in court. You shall not be partial to the poor or defer to the great, but in righteousness shall you judge your neighbour. <sup>16</sup> You shall not go around as a slanderer among your people, and you shall not stand up against the life of your neighbour: I am the LORD.

<sup>17</sup> “You shall not hate your brother in your heart, but you shall reason frankly with your neighbour, lest you incur sin because of him. <sup>18</sup> You shall not take vengeance or bear a grudge against the sons of your own people, but you shall love your neighbour as yourself: I am the LORD.

*At the end of the reading the reader says*

*Reader:* This is the Word of the Lord.

*All:* **Thanks be to God.**

# New Testament Reading: 1 John 4:7-12

*(Please be seated)*

<sup>7</sup> Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. <sup>8</sup> Anyone who does not love does not know God, because God is love. <sup>9</sup> In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. <sup>10</sup> In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. <sup>11</sup> Beloved, if God so loved us, we also ought to love one another. <sup>12</sup> No one has ever seen God; if we love one another, God abides in us and his love is perfected in us.

*At the end of the reading the reader says*

*Reader:* This is the Word of the Lord.

*All:* **Thanks be to God.**

## **Gospel Reading: John 15:9-12**

*After the reader announces the reading (the people all standing up), all shall say*

### **Glory to Christ our Saviour**

<sup>9</sup> As the Father has loved me, so have I loved you. Abide in my love. <sup>10</sup> If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. <sup>11</sup> These things I have spoken to you, that my joy may be in you, and that your joy may be full.

<sup>12</sup> "This is my commandment, that you love one another as I have loved you.

*At the end of the reading the reader shall say*

This is the Gospel of Christ

*All shall respond*

**Praise to Christ our Lord**

# **Sermon: Gospel-Centred Ministry: Love For Each Other And Those Around Us**

## **1. The Source of Love (1 John 4:7-8)**

- “Love one another”
- “Love is from God”, “God is Love”
- “Born of God”, “know God”

[Principle]: We Love because we know God.

## **2. The Demonstration of Love (1 John 4:9-10)**

- “Sent his only son into the world”
- “We might LIVE through him”
- “Love, not that we loved him”
- “Propitiation for our sins”

[Principle] We Love because God loved us in Christ.

## **3. The Perfection of Love (1 John 4:11-12)**

- “No one has seen God”
- “God abides in us”
- “His love is perfected in us”

[Principle] We Love to display God's love.

Big Idea: We Love because we are born of the God who loved us in Christ, and to display his love.

# The Nicene Creed

*(Please stand)*

**All: We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
by the power of the Holy Spirit  
he was born of the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate;  
he suffered, died and was buried.  
On the third day he rose again  
in fulfilment of the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
With the Father and the Son  
he is worshipped and glorified,  
He has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

# Prayers of Intercession

*(Please kneel or be seated)*

*Prayers for the nations of the world and our own nation:*

*Leader:* O God, our creator and preserver, we pray for people of every race, and in every kind of need: make your ways known on earth, your saving power among all nations.

(Especially we pray for ...)

*Leader:* Lord, in your mercy

*All:* **hear our prayer.**

*Prayers for the church throughout the world and our own church:*

*Leader:* We pray for your Church throughout the world: guide and govern us by your Holy Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

(Especially we pray for ...)

*Leader:* Lord, in your mercy

*All:* **hear our prayer.**

*Prayers for the sick, the suffering and those who mourn the death of loved ones:*

*Leader:* We commend to your fatherly goodness all who are anxious or distressed in mind or body; comfort and relieve them in their need; give them patience in their sufferings and bring good out of their troubles.

(Especially we pray for ...)

*Leader:* Lord, in your mercy

*All:* **hear our prayer.**

*Prayers conclude with the Lord's Prayer:*

*All:* **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and forever.  
Amen.**

# Hymn: Blest Be The Tie That Binds

*John Fawcett, 1740-1817*

Blest be the tie that binds  
our hearts in Christian love;  
the fellowship of kindred minds  
is like to that above.

Before our Father's throne  
we pour our ardent prayers;  
our fears, our hopes, our aims are one,  
our comforts and our cares.

We share our mutual woes,  
our mutual burdens bear,  
and often for each other flows  
the sympathizing tear.

When we are called to part,  
it gives us inward pain;  
but we shall still be joined in heart,  
and hope to meet again.

This glorious hope revives  
our courage by the way;  
while each in expectation lives  
and waits to see the day.

From sorrow, toil, and pain,  
and sin, we shall be free;  
and perfect love and friendship reign  
through all eternity.

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*Short briefing on receiving the Sacrament.*

## **Prayer of Penitence and Confession**

*(Please remain kneeling or seated)*

*The minister may use this or another call to confession*

**Minister:** Brothers and sisters: as we come together to share in the holy Communion of the Body and Blood of our Saviour Christ, the Scriptures urge us to examine our lives and repent of our sins. As we do so, let us be thankful that God the Son humbled himself, becoming man, to die for us on the Cross. And by the shedding of his precious blood, he obtained for us forgiveness of sins, and life with him forever. In remembrance of his death, and as a pledge of his love, Jesus instituted this holy sacrament, to our great and endless comfort.

You, then, who truly and earnestly repent of your sins, and are reconciled and at peace with others, and intend to lead a new life, following the commandments of God, and walking from now on in his holy ways, draw near with faith, and take this holy sacrament to your comfort. But first, let us make our humble confession to almighty God.

**All: Almighty God, our Heavenly Father**  
**We admit that we have sinned against you**  
**in thought, word and deed,**  
**and deserve your just punishment.**  
**We truly repent and are sorry**  
**for what we have done.**  
**Have mercy on us, merciful Father.**  
**For the sake of your Son Jesus Christ,**  
**who died for us,**  
**forgive us all that is past,**  
**and grant that we may serve you in newness of life**  
**to the glory of your name.**  
**Amen.**

*The minister declares God's forgiveness*

Almighty God,  
who forgives all who truly repent  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

*All:* **Amen.**

*Then the minister shall say,*

Hear these words of comfort in the Gospel:

God so loved the world, that he gave his only Son, that  
whoever believes in him should not perish but have  
eternal life.

(John 3:16)

The saying is trustworthy and deserving of full acceptance,  
that Christ Jesus came into the world to save sinners.

(1 Timothy 1:15)

# The Eucharist

*(Please remain kneeling or seated)*

*Minister:* The Lord is here.

*All:* **His Spirit is with us.**

*Minister:* Lift up your hearts.

*All:* **We lift them to the Lord.**

*Minister:* Let us give thanks to the Lord our God.

*All:* **It is right to give him thanks and praise.**

*Minister:* It is indeed right it is our duty and our joy,  
at all times and in all places  
to give you thanks and praise,  
holy Father, heavenly King,  
almighty and eternal God,  
through Jesus Christ your Son our Lord.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

*All:*       **Holy, holy, holy Lord  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the Highest!**

**[Blessed is he who comes in the name of the  
Lord; Hosanna in the Highest!]**

*This Prayer of Humble Access may be said by all*

*All:*       **We do not presume  
to come to this your table, merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.  
We are not worthy so much as to gather up  
the crumbs under your table.  
But you are the same Lord,  
whose nature is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ  
and to drink his blood,  
that we may evermore dwell in him  
and he in us.  
Amen.**

*The Minister prays*

Almighty God, our Heavenly Father,  
who in your tender mercy gave your only Son  
Jesus Christ to suffer death upon the cross  
for our redemption;  
who made there,  
by his one oblation of himself once offered,  
a full, perfect and sufficient sacrifice  
for the sins of the whole world;  
and who instituted, and in his holy gospel  
commanded us to continue,  
a perpetual memory of his precious death  
until his coming again:  
Hear us, merciful Father, we humbly pray,  
and grant that we who receive  
these gifts of your creation,  
this bread and this wine,  
according to your Son our Saviour  
Jesus Christ's holy institution,  
in remembrance of his death and passion,  
may be partakers, by faith,  
of his most blessed body and blood:  
who, in the night he was betrayed,  
took bread, and when he had given you thanks,

he broke it and gave it to his disciples saying,  
“Take, eat; this is my body which is given for you;  
do this in remembrance of me.”

In the same way, after supper,  
he took the cup, and when he had given you thanks,  
he gave it to them saying,

“Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins;  
do this, as often as you drink it,  
in remembrance of me.”

**All: Amen.**

**All: Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
give us your peace.**

# The Distribution

*Minister:*

Jesus is the Lamb of God who takes away the sins of the world.

Eat and drink this in remembrance that Christ died for you and feed on him in your hearts by faith with thanksgiving.

# Hymn: Psalm 133

*The Scottish Psalter*

Behold, how good a thing it is,  
and how becoming well,  
Together such as brethren are  
in unity to dwell!

Like precious ointment on the head,  
that down the beard did flow,  
Ev'n Aaron's beard, and to the skirts,\*  
did of his garments go.

As Hermon's dew, the dew that doth  
on Zion' hills descend:  
For there the blessing God commands,  
life that shall never end.

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# Hymn: O The Deep Deep Love Of Jesus

*S. Trevor Francis, 1834-1925*

O the deep, deep love of Jesus,  
vast, unmeasured, boundless, free,  
rolling as a mighty ocean  
in its fullness over me.

Underneath me, all around me,  
is the current of Thy love;  
leading onward, leading homeward,  
to thy glorious rest above.

O the deep, deep love of Jesus,  
spread His praise from shore to shore!  
How He loveth, ever loveth,  
changeth never, nevermore!  
How He watches o'er His loved ones,  
died to call them all His own;  
how for them He intercedeth,  
watcheth o'er them from the throne.

O the deep, deep love of Jesus,  
love of ev'ry love the best;  
'tis an ocean vast of blessing,  
'tis a haven sweet of rest.

O the deep, deep love of Jesus,  
'tis a heav'n of heav'ns to me;  
and it lifts me up to glory,  
for it lifts me up to Thee.

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# Prayers of Response

*(Please kneel or be seated)*

**All: Almighty God,  
we thank you for feeding us  
with the spiritual food  
of the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out into the world  
in the power of your Spirit,  
to live and work  
to your praise and glory.  
Amen.**

## Announcements

# The Blessing

*The gathering ends with a blessing.*

*Minister:* The God of peace,  
who brought again from the dead our Lord Jesus,  
that great shepherd of the sheep,  
through the blood of the eternal covenant,  
make you perfect in every good work  
to do his will,  
working in you that which is well-pleasing  
in his sight;  
and the blessing of God Almighty:  
Father, the Son, and the Holy Spirit,  
be among you, and remain with you always.

*All:* **Amen.**

*Minister:* Go in peace to love and serve the risen Lord.

*All:* **In the name of Christ. Amen.**

# Hymn: Take My Life And Let It Be

*Frances Ridley Havergal, 1836-1879*

Take my life, and let it be  
consecrated, Lord, to thee;  
take my moments and my days,  
let them flow in ceaseless praise.

Take my hands, and let them move  
at the impulse of thy love;  
take my feet, and let them be  
swift and beautiful for thee.

Take my voice, and let me sing  
always, only, for my King;  
take my lips, and let them be  
filled with messages from thee.

Take my silver and my gold;  
not a mite would I withhold;  
take my intellect, and use  
every power as thou shalt choose.

Take my will, and make it thine;  
it shall be no longer mine;  
take my heart: it is thine own;  
it shall be thy royal throne.

Take my love; my Lord, I pour  
at thy feet its treasure store;  
take myself, and I will be  
ever, only, all for thee.

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## Connect with us

Thank you for joining our service. If you would like for us to get in touch with you, or have any feedback for us, please fill in our Connection Card at [stmarys.my/connect](https://stmarys.my/connect)

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## Giving

### Online transfer

Bank name: **Standard Chartered Bank Malaysia Bhd**

Account name: **St Mary's Cathedral**

Account number: **312 142 334 691**

Recipient reference: If giving a pledge, enter ***your 3-digit pledge number***.  
Otherwise, enter **Online Service** or the service you normally attend.

For one-off giving, please email the bank-in slip or online transfer receipt to: **collections@stmaryscathedral.org.my**

### Boost e-wallet

Scan the following QR code using the Boost App. Be sure to confirm "St Mary's Cathedral" is listed as the payee.



## St Mary's Cathedral

Note: This method of giving is analogous to putting cash into the offertory bag/box. Your donation will go to the General Fund. You will not be given a receipt. Do not use this to give a pledge.

Details on our webpage: [stmarys.my/give](https://stmarys.my/give)

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## Onsite & Online Services

Here are the details of our English onsite services on Sundays:

- Liturgical Services – 7.00 am, 9.00 am, 11.00 am
- Contemporary (SMACC) Services – 11.30 am, 5.00 pm

If you are joining us online on Sundays, the Liturgical service will be livestreamed at 9.00 am, and the SMACC service at 11.30 am.

More information about our services can be found here: [stmarys.my/services](https://stmarys.my/services)

You no longer need to book to come for services at the Cathedral. However, you can still use the booking page to book a carpark at the Royal Selangor Club or at the Cathedral, if you need to. You can book at: [stmarys.my/booking](https://stmarys.my/booking). If you are parking at the Dataran Merdeka Carpark, you do not need to book a carpark. Carparking is free. Bookings for carparking will open at 2.00 pm on Sunday and close at noon on Friday.

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## **Onsite Service Volunteers**

We are looking for volunteers to help out at our onsite services. If you are a regular at St Mary's Cathedral and would like to volunteer, please fill in the form at [stmarys.my/volunteer](https://stmarys.my/volunteer)

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## Hope Explored

Hope Explored is a 3-session course that helps you to explore the great longings in life: for hope, for peace and for purpose. Do join us to find out what the gospel of Luke says about these longings.

After Hope Explored, you will continue your journey with Christianity Explored, a 7-session course that helps you to explore further who Jesus is and what He came to do for you and how He gives meaning and purpose to your life.

The course started on 1 May, but you can still register by 1.00 pm this Sunday if you would like to join the course at 2.00 pm. Please visit [stmarys.my/findoutmore](https://stmarys.my/findoutmore) for more details on how to register.

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## Gender Identity – Zoom Seminar

What does the Bible say about issues regarding gender identity, and how should we as Christians respond to these issues? Join us on Zoom this Wednesday, 18 May, at 8.00 pm, as Canon Sam Allberry shows us how to navigate conversations about gender identity. Please register for this Zoom seminar at [stmarys.my/genderidentity](https://stmarys.my/genderidentity)

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## Tuesday Night Training

Tuesday Night Training (TNT) is a good and systematic way for all of us to keep studying God's Word and to be trained for ministry. The second term for 2022 begins on 7 June.

Theological courses on offer are Bible Overview, Christian Worship and Doctrine 2. There is also a Ministry Skills course entitled 'So Many Question - Part 1' which will begin at the same time.

If you are new to TNT, we encourage you to consider taking our Bible Overview course. This is a great way to learn how the whole Bible fits together and points to Jesus.

All our courses for this term will be online (Zoom). Find out more about the courses and register here:

[stmarys.my/tnt](https://stmarys.my/tnt)

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## **St Mary's Agape Mission School**

St Mary's Agape Mission School is now in its 9<sup>th</sup> year of operation and currently has over 100 students. As such, the school is always on the lookout for volunteers who might be keen to teach the children. If you have a heart for seeing vulnerable children receive an education and would like to find out more about what is involved, please contact Mei Tan on 012 387 3408.

The school is located near Ampang, and the time for volunteering is 9.00 am – 12.00 pm and/or 1.00 – 3.00 pm from Mondays to Thursdays.

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## **Diocesan Youth Council – Leadership Training Programme**

The Diocesan Youth Council is organising a training for youth and young adult leaders in May. Find out from Paul's letter to Titus how God's grace shapes the way we live our lives and what godly leadership looks like.

Date: Saturday, 21 May 2022

Time: 10.00 am – 3.30 pm

Venue: St Paul's Church, Petaling Jaya and on Zoom

Speaker: Rev Vijendra Daniel

Link to register: [bit.ly/DYC2022Leaders2](https://bit.ly/DYC2022Leaders2)

(registration closes at 12.00 pm on Thursday, 19 May)

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## **Diocesan Women's Conference**

The 51<sup>st</sup> Diocesan Women's Conference 2022 will be held as follows:

Date : 17 – 19 June 2022

Venue : City Bayview Hotel, Penang

Fees : Registration by 30 April 2022

RM 480 (Single)

RM 350 (Twin)

(Surcharge RM 20 after 30 April 2022)

Please contact Joyce Cheah (012 225 5277) for registration and further details.

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## **Strategic Evangelism Workshop**

As Christians we're called to be ambassadors for Christ – some of us find that exciting, others find it daunting and some wonder where to start!

Christianity Explored Malaysia, in partnership with Gospel City Network, is organizing an online training workshop to think through the motivation, message and methods of strategic evangelism.

Date: Saturday, 21 May 2022

Time: 9.00 am – 1.00 pm

Meeting: Online via Zoom

Trainer: Rev Tim Nicholls, St George's Penang

Link to register: [ceministries.org.my/events](https://ceministries.org.my/events)

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## The Daily Office

We invite you to join us for the Daily Office - a short daily service with systematic Bible readings and set prayers. This will take place every day at 7.30 am by Zoom (except Sunday).

If you think this would be a helpful part of your daily routine, please join us by simply going to [stmarys.my/dailyoffice](https://stmarys.my/dailyoffice) at about 7.25 am each day for a 7.30 am start. That will take you directly to the Zoom room where the service takes place. The service will finish before 8.00 am.

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## Cathedral Zoom Prayer Meeting

We will be having our Zoom prayer meeting at 8.00 pm on the second and fourth Saturdays of each month. Please join us as we pray for our church and one another. You can join this prayer meeting at

[stmarys.my/prayermeeting](https://stmarys.my/prayermeeting)

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## Pastoral 'Clinics'

In addition to whatever ways of contacting the pastoral team that are already available, Rev Gordon Kong is also available on Thursdays between 9.00 am – 12.00 pm, if you would like to talk to a pastor. If you are a regular at St Mary's Cathedral and would like to book a half hour appointment slot with Rev Gordon, please call the Cathedral Office on 011 5760 3484 by the previous day.

If you are a woman and there are pastoral matters you need to talk about with another woman, you can contact Mrs Christine Rajaratnam or Miss Danielle Cheng. If you would like one of them to contact you, please fill in a Connection Card at [stmarys.my/connect](https://stmarys.my/connect) or call the Cathedral Office to arrange an appointment.

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## Small Groups

Looking to connect with a Christian community? We encourage you to consider joining one of our online or in-person small groups. This is one of the important ways we grow together as a community of God's people as we gather under His Word and seek to encourage one another to persevere in following Jesus.

If you would like to join a small group, please fill in a form at [stmarys.my/smallgroups](https://stmarys.my/smallgroups) and we'd be happy to help find you one.

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## Kids' Church

Kids' Church meets online every week at the following times:

- 3-4 year olds on Sunday at 10.00 am
- 5-6 year olds on Sunday at 9.00 am
- 7-9 year olds on Saturday at 2.00 pm
- 10-12 year olds on Sunday at 2.00 pm

If you would like to enrol your child or find out more about Kids' Church, please visit [stmarys.my/kids](https://stmarys.my/kids)

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## Youth Fellowship

Our Youth Fellowship (ages 13-18) meets on Sundays at 2.00 pm. If you would like to join us, please sign up at [stmarys.my/youth](http://stmarys.my/youth)

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## Subscribe to our Mailing List

To receive emails about latest updates and important news about the Cathedral, fill in the form at [stmarys.my/subscribe](http://stmarys.my/subscribe)

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## Dataran Merdeka Underground Carpark

There is currently free parking at the Dataran Merdeka Underground Carpark until further notice. Please take note that this free parking is available to the public and therefore, no special pass from the Cathedral is needed to park there. If anyone requires you to pay for parking, please take a picture or video of the incident and forward it to [office@stmaryscathedral.org.my](mailto:office@stmaryscathedral.org.my).

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## Work Care Panel

We have a panel to help our Cathedral community look for work or advise about work and training opportunities. If you're looking for work and wouldn't mind a helping hand, fill in our Connection Card at [stmarys.my/connect](https://stmarys.my/connect), indicating that you would like someone from the Work Care Panel to contact you.

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## Pastoral Emergencies

If you or someone you know is finding this time a particularly challenging one, or would like someone to pray with you, please do call one of your leaders or congregational pastors. Please also remember that you can use our Emergency Pastoral Care Hotline on 011 5762 8524.