

# Holy Eucharist

19 May 2024 | 9.00 am

*Day of Pentecost*



Synod of the Diocese of West Malaysia

**St Mary's Cathedral**

*Making disciples of Jesus Christ*

## Privacy Notice: Livestream of the 9am Liturgical Service

Kindly note that the 9am Liturgical Service is livestreamed on the internet and that your image may be captured during the church service and when you come forward to receive the bread and wine during Holy Communion.

If you do not consent to this, please inform the welcomer who will seat you away from the cameras and arrange for the bread and wine to be brought to you. Alternatively, you may attend the 11am Liturgical Service which is not livestreamed.

[Sermon Outline](#) (page 15) | [Announcements](#) (page 42)

## Hymn: God Has Spoken By The Prophets

*G. W. Briggs 1952*

God has spoken by the prophets  
Spoken the unchanging Word;  
Each from age to age proclaiming  
God the One, the righteous Lord!  
'Mid the world's despair and turmoil  
One firm anchor holding fast:  
God eternal reigns forever,  
God the first and God the last.

God has spoken by Christ Jesus,  
Christ, the everlasting Son,  
Brightness of the Father's glory,  
With the Father ever one;  
Spoken by the Word incarnate,  
God of God ere time was born;  
Light of light, to earth descending,  
Christ as God in human form.

God is speaking by the Spirit,  
Speaking to our hearts again,  
In the age-long word declaring  
God's own message, now as then.  
Through the rise and fall of nations  
One sure faith is standing fast:  
God abides, the Word unchanging,  
God the first and God the last.

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# Introduction

## Prayer of Preparation

*All:* **Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord.  
Amen.**

# Gloria In Excelsis

**All: Glory to God in the highest  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One;  
you alone are the Lord;  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

# Collect

*Collect for Day of Pentecost*

**All: God, who as at this time  
taught the hearts of your faithful people  
by sending to them the light of your Holy Spirit:  
grant us by the same Spirit  
to have a right judgement in all things  
and evermore to rejoice in his holy comfort;  
through the merits of Christ Jesus our Saviour,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.**

# Old Testament Reading: Ezekiel 37:1-14

*(Please be seated)*

<sup>1</sup> The hand of the LORD was upon me, and he brought me out in the Spirit of the LORD and set me down in the middle of the valley; it was full of bones. <sup>2</sup> And he led me around among them, and behold, there were very many on the surface of the valley, and behold, they were very dry. <sup>3</sup> And he said to me, "Son of man, can these bones live?" And I answered, "O Lord GOD, you know." <sup>4</sup> Then he said to me, "Prophecy over these bones, and say to them, O dry bones, hear the word of the LORD. <sup>5</sup> Thus says the Lord GOD to these bones: Behold, I will cause breath to enter you, and you shall live. <sup>6</sup> And I will lay sinews upon you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live, and you shall know that I am the LORD."

<sup>7</sup> So I prophesied as I was commanded. And as I prophesied, there was a sound, and behold, a rattling, and the bones came together, bone to its bone. <sup>8</sup> And I looked, and behold, there were sinews on them, and flesh had come upon them, and skin had covered them. But there was no breath in them. <sup>9</sup> Then he said to me, "Prophecy to the breath; prophesy, son of man, and say to the breath,

Thus says the Lord GOD: Come from the four winds, O breath, and breathe on these slain, that they may live.”

<sup>10</sup> So I prophesied as he commanded me, and the breath came into them, and they lived and stood on their feet, an exceedingly great army.

<sup>11</sup> Then he said to me, “Son of man, these bones are the whole house of Israel. Behold, they say, ‘Our bones are dried up, and our hope is lost; we are indeed cut off.’

<sup>12</sup> Therefore prophesy, and say to them, Thus says the Lord GOD: Behold, I will open your graves and raise you from your graves, O my people. And I will bring you into the land of Israel. <sup>13</sup> And you shall know that I am the LORD, when I open your graves, and raise you from your graves, O my people. <sup>14</sup> And I will put my Spirit within you, and you shall live, and I will place you in your own land. Then you shall know that I am the LORD; I have spoken, and I will do it, declares the LORD.”

*At the end of the reading the reader says,*

*Reader:* This is the Word of the Lord.

*All:* **Thanks be to God.**

## Psalm 104:24-30

*(Please stand: the Psalm will be said responsively.)*

<sup>24</sup> O LORD, how manifold are your works!

In wisdom have you made them all;  
the earth is full of your creatures.

<sup>25</sup> **Here is the sea, great and wide,  
which teems with creatures innumerable,  
living things both small and great.**

<sup>26</sup> There go the ships,  
and Leviathan, which you formed to play in it.

<sup>27</sup> **These all look to you,  
to give them their food in due season.**

<sup>28</sup> When you give it to them, they gather it up;  
when you open your hand, they are filled with good  
things.

<sup>29</sup> **When you hide your face, they are dismayed;  
when you take away their breath, they die  
and return to their dust.**

<sup>30</sup> When you send forth your Spirit, they are created,  
and you renew the face of the ground.



*At the end of the reading the reader says,*

*Reader:* Glory be to the Father, and to the Son  
and to the Holy Spirit,

*All:* **As it was in the beginning, is now,  
and shall be forever.  
Amen.**

# New Testament Reading: Acts 2:1-21

*(Please be seated)*

<sup>1</sup> When the day of Pentecost arrived, they were all together in one place. <sup>2</sup> And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. <sup>3</sup> And divided tongues as of fire appeared to them and rested on each one of them. <sup>4</sup> And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.

<sup>5</sup> Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. <sup>6</sup> And at this sound the multitude came together, and they were bewildered, because each one was hearing them speak in his own language. <sup>7</sup> And they were amazed and astonished, saying, “Are not all these who are speaking Galileans? <sup>8</sup> And how is it that we hear, each of us in his own native language? <sup>9</sup> Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, <sup>10</sup> Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, <sup>11</sup> both Jews and proselytes, Cretans and Arabians—we hear them telling in our own tongues the mighty works of God.”

<sup>12</sup> And all were amazed and perplexed, saying to one another, “What does this mean?” <sup>13</sup> But others mocking said, “They are filled with new wine.”

<sup>14</sup> But Peter, standing with the eleven, lifted up his voice and addressed them: “Men of Judea and all who dwell in Jerusalem, let this be known to you, and give ear to my words. <sup>15</sup> For these people are not drunk, as you suppose, since it is only the third hour of the day. <sup>16</sup> But this is what was uttered through the prophet Joel:

<sup>17</sup> ““And in the last days it shall be, God declares, that I will pour out my Spirit on all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams;

<sup>18</sup> even on my male servants and female servants in those days I will pour out my Spirit, and they shall prophesy.

<sup>19</sup> And I will show wonders in the heavens above and signs on the earth below, blood, and fire, and vapour of smoke;

<sup>20</sup> the sun shall be turned to darkness  
and the moon to blood,  
before the day of the Lord comes, the great and  
magnificent day.

<sup>21</sup> And it shall come to pass that everyone who calls upon  
the name of the Lord shall be saved.'

*At the end of the reading the reader says,*

*Reader:* This is the Word of the Lord.

*All:* **Thanks be to God.**

## Gospel Reading: John 15:26-27; 16:4b-15

*After the reader announces the reading, the people all standing up, all shall say*

### **Glory to Christ our Saviour**

15:26 “But when the Helper comes, whom I will send to you from the Father, the Spirit of truth, who proceeds from the Father, he will bear witness about me. <sup>27</sup> And you also will bear witness, because you have been with me from the beginning.

16:4b “I did not say these things to you from the beginning, because I was with you. <sup>5</sup> But now I am going to him who sent me, and none of you asks me, ‘Where are you going?’ <sup>6</sup> But because I have said these things to you, sorrow has filled your heart. <sup>7</sup> Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Helper will not come to you. But if I go, I will send him to you. <sup>8</sup> And when he comes, he will convict the world concerning sin and righteousness and judgment: <sup>9</sup> concerning sin, because they do not believe in me; <sup>10</sup> concerning righteousness, because I go to the Father, and you will see me no longer; <sup>11</sup> concerning judgment, because the ruler of this world is judged.

<sup>12</sup> “I still have many things to say to you, but you cannot bear them now. <sup>13</sup> When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come. <sup>14</sup> He will glorify me, for he will take what is mine and declare it to you. <sup>15</sup> All that the Father has is mine; therefore I said that he will take what is mine and declare it to you.

*At the end of the reading the reader shall say:*

This is the Gospel of Christ.

*All shall respond:*

**Praise to Christ our Lord.**

# **Sermon: The Spirit Filled Life?**

*John 15:26-27; 16:4b-15*

## **Troubled Disciples**

### **The Spirit Brings:**

1. Conviction of Sin
2. Conviction of Righteousness
3. Conviction of Judgement

## **A Spirit Filled Life?**

**Sharing this life today!**

# The Nicene Creed

*(Please stand.)*

**All: We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
by the power of the Holy Spirit  
he was born of the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate;  
he suffered, died and was buried.  
On the third day he rose again  
in fulfilment of the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**



**He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
With the Father and the Son  
he is worshipped and glorified,  
He has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

# Prayers of Intercession

*(Please kneel or be seated.)*

*Prayers for the nations of the world and our own nation:*

*Leader:* O God, our creator and preserver, we pray for people of every race, and in every kind of need: make your ways known on earth, your saving power among all nations.

(Especially we pray for ...)

*Leader:* Lord, in your mercy

*All:* **hear our prayer.**

*Prayers for the church throughout the world and our own church:*

*Leader:* We pray for your Church throughout the world: guide and govern us by your Holy Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

(Especially we pray for ...)

*Leader:* Lord, in your mercy

*All:* **hear our prayer.**

*Prayers for the sick, the suffering and those who mourn the death of loved ones:*

*Leader:* We commend to your fatherly goodness all who are anxious or distressed in mind or body; comfort and relieve them in their need; give them patience in their sufferings and bring good out of their troubles.

(Especially we pray for ...)

*Leader:* Lord, in your mercy

*All:* **hear our prayer.**

*Prayers conclude with the Lord's Prayer:*

*All:* **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and forever.  
Amen.**

# The Peace

*(Please stand.)*

*The Greeting of Peace is introduced in these or other suitable words:*

**Minister:** We are the body of Christ.

In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

**Minister:** The peace of the Lord be always with you.

**All:** **And also with you.**

*All may exchange a sign of peace (please avoid physical touch while doing so in this time.)*

# Hymn: The Spirit Came, As Promised

*James E Seddon 1915-1983*

The Spirit came, as promised,  
in God's appointed hour;  
and now to each believer  
he comes in love and power:  
and by his Holy Spirit,  
God seals us as his own;  
and through the Son and Spirit  
makes access to his throne.

The Spirit makes our bodies  
the temple of the Lord;  
he binds us all together  
in faith and true accord:  
the Spirit in his greatness,  
brings power from God above;  
and with the Son and Father  
dwells in our hearts in love.

He bids us live together  
in unity and peace,  
employ his gifts in blessing,  
and let base passions cease:  
we should not grieve the Spirit  
by open sin or shame;  
nor let our words and actions  
deny his holy name.

The word, the Spirit's weapon,  
will bring all sin to light;  
and prayer, by his directing,  
will add new joy and might:  
be filled then with his Spirit,  
live out God's will and word;  
rejoice with hymns and singing,  
make music to the Lord!

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# Prayer of Penitence and Confession

*The minister may use this or another call to confession.*

**Minister:** Brothers and sisters: as we come together to share in the holy Communion of the Body and Blood of our Saviour Christ, the Scriptures urge us to examine our lives and repent of our sins. As we do so, let us be thankful that God the Son humbled himself, becoming man, to die for us on the Cross. And by the shedding of his precious blood, he obtained for us forgiveness of sins, and life with him forever. In remembrance of his death, and as a pledge of his love, Jesus instituted this holy sacrament, to our great and endless comfort.

You, then, who truly and earnestly repent of your sins, seek to live in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from now on in his holy ways, draw near with faith, and take this holy sacrament to your comfort. But first, let us make our humble confession to almighty God.

*(Please kneel or be seated)*

**All: Almighty God, our Heavenly Father**

**We admit that we have sinned against you  
in thought, word and deed,  
and deserve your just punishment.**

**We truly repent and are sorry  
for what we have done.**

**Have mercy on us, merciful Father.**

**For the sake of your Son Jesus Christ,  
who died for us,**

**forgive us all that is past,**

**and grant that we may serve you in newness of life  
to the glory of your name.**

**Amen.**



*The minister declares God's forgiveness:*

Almighty God,  
who forgives all who truly repent  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

*All:* **Amen.**

*Then the minister shall say:*

Hear the words of comfort our Saviour Christ says unto all  
that truly turn to him.

Come to me, all who labour and are heavy laden, and I will  
give you rest.

(Matthew 11:28)

God so loved the world, that he gave his only Son, that  
whoever believes in him should not perish but have  
eternal life.

(John 3:16)

Hear also what St Paul says.

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

(1 Timothy 1:15)

Hear also what St John says.

If anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins.

(1 John 2:1-2)

# The Eucharist

*(Please remain kneeling or seated)*

*Minister:* The Lord is here.

*All:* **His Spirit is with us.**

*Minister:* Lift up your hearts.

*All:* **We lift them to the Lord.**

*Minister:* Let us give thanks to the Lord our God.

*All:* **It is right to give him thanks and praise.**

*Minister:* It is indeed right it is our duty and our joy,  
at all times and in all places  
to give you thanks and praise,  
holy Father, heavenly King,  
almighty and eternal God,  
through Jesus Christ your Son our Lord.

And now we give you thanks  
that, after he had ascended far above all heavens,  
and was seated at the right hand of your majesty,  
he sent forth upon the universal Church  
your holy and life-giving Spirit;  
that through his glorious power  
the joy of the everlasting gospel might go forth  
into all the world.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

*All:* **Holy, holy, holy Lord  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the Highest!**

**[Blessed is he who comes in the name of the  
Lord; Hosanna in the Highest!]**

*This Prayer of Humble Access may be said by all*

**All: We do not presume  
to come to this your table, merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.  
We are not worthy so much as to gather up  
the crumbs under your table.  
But you are the same Lord,  
whose nature is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ  
and to drink his blood,  
that we may evermore dwell in him  
and he in us.  
Amen.**

*The Minister prays:*

Almighty God, our Heavenly Father,  
who in your tender mercy gave your only Son  
Jesus Christ to suffer death upon the cross  
for our redemption;  
who made there,  
by his one oblation of himself once offered,  
a full, perfect and sufficient sacrifice  
for the sins of the whole world;  
and who instituted, and in his holy gospel  
commanded us to continue,  
a perpetual memory of his precious death  
until his coming again:  
Hear us, merciful Father, we humbly pray,  
and grant that we who receive  
these gifts of your creation,  
this bread and this wine,  
according to your Son our Saviour  
Jesus Christ's holy institution,  
in remembrance of his death and passion,  
may be partakers, by faith,  
of his most blessed body and blood:

who, in the night he was betrayed,  
took bread, and when he had given you thanks,  
he broke it and gave it to his disciples saying,  
“Take, eat; this is my body which is given for you;  
do this in remembrance of me.”

In the same way, after supper,  
he took the cup, and when he had given you thanks,  
he gave it to them saying,  
“Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins;  
do this, as often as you drink it,  
in remembrance of me.”

*All:* **Amen.**

*All:* **Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
give us your peace.**

# The Distribution

*Minister:*

Jesus is the Lamb of God who takes away the sins of the world.

Eat and drink this in remembrance that he died for you and feed on him in your hearts by faith with thanksgiving.



# Hymn: O Love, How Deep, How Broad, How High!

*Thomas A Kempis 1379-1471*

O love, how deep, how broad, how high!  
It fills the heart with ecstasy,  
that God, the Son of God, should take  
our mortal form for mortals' sake.

He sent no angel to our race  
of higher or of lower place,  
but wore the robe of human frame  
himself, and to this lost world came.

For us he was baptized, and bore  
his holy fast, and hungered sore;  
for us temptations sharp he knew;  
for us the tempter overthrew.

For us to wicked men betrayed,  
scourged, mocked, in purple robe arrayed,  
he bore the shameful cross and death;  
for us at length gave up his breath.

For us he rose from death again,  
for us he went on high to reign;  
for us he sent his Spirit here  
to guide, to strengthen, and to cheer.

To him whose boundless love has won  
salvation for us through his Son,  
to God the Father, glory be  
both now and through eternity.

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# Hymn: O Thou Who Camest From Above

*Charles Wesley 1707-1788*

O thou who camest from above  
the fire celestial to impart,  
kindle a flame of sacred love  
on the mean altar of my heart!

There let it for thy glory burn  
with inextinguishable blaze,  
and trembling to its source return  
in humble prayer and fervent praise.

Jesus, confirm my heart's desire  
to work, and speak, and think for thee;  
still let me guard the holy fire,  
and still stir up the gift in me.

Ready for all thy perfect will,  
my acts of faith and love repeat;  
till death thy endless mercies seal,  
and make the sacrifice complete.

# Hymn: We Believe In God The Father

*Timothy Dudley-Smith, 1926*

We believe in God the Father,  
God almighty, by whose plan  
earth and heaven sprang to being,  
all created things began.

We believe in Christ the Saviour,  
Son of God in human frame,  
virgin-born, the child of Mary  
upon whom the Spirit came.

Christ, who on the cross forsaken,  
like a lamb to slaughter led,  
suffered under Pontius Pilate,  
he descended to the dead.

We believe in Jesus risen,  
heaven's King to rule and reign,  
to the Father's side ascended  
till as judge he comes again.

We believe in God the Spirit;  
in one Church, below, above:  
saints of God in one communion,  
one in holiness and love.  
So by faith, our sins forgiven,  
Christ our Saviour, Lord and friend,  
we shall rise with him in glory  
to the life that knows no end.

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# Prayers of Response

*(Please kneel or be seated.)*

**All: Almighty God,  
we thank you for feeding us  
with the spiritual food  
of the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out into the world  
in the power of your Spirit,  
to live and work  
to your praise and glory.  
Amen.**

## Announcements

# The Blessing

*The gathering ends with a blessing.*

*Minister:* May God the Holy Spirit give you grace  
to confess that Jesus Christ is Lord,  
and to proclaim the word and works of God.  
And the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All:* **Amen.**

*Minister:* Go in peace to love and serve the Lord.

*All:* **In the name of Christ. Amen.**

# Hymn: Standing On The Promises

*Russell Kelso Carter 1849-1928*

Standing on the promises of Christ, my King,  
Through eternal ages let his praises ring;  
Glory in the highest, I will shout and sing,  
Standing on the promises of God.

*Standing, standing,  
Standing on the promises of God my Saviour,  
Standing, standing,  
I'm standing on the promises of God.*

Standing on the promises that cannot fail,  
When the howling storms of doubt and fear assail,  
By the living word of God I shall prevail,  
Standing on the promises of God.

Standing on the promises I now can see,  
Perfect, present cleansing in the blood for me;  
Standing in the liberty where Christ makes free,  
Standing on the promises of God.



Standing on the promises of Christ, the Lord,  
Bound to him eternally by love's strong cord,  
Overcoming daily with the Spirit's sword,  
Standing on the promises of God.

Standing on the promises I cannot fall,  
List'ning ev'ry moment to the Spirit's call,  
Resting in my Saviour, as my all in all,  
Standing on the promises of God.

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## Connect with us

Thank you for joining our service. If you would like for us to get in touch with you, or have any feedback for us, please fill in our Connection Card at [stmarys.my/connect](https://stmarys.my/connect).

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## Giving

### Online transfer

Bank name: **Standard Chartered Bank Malaysia Bhd**

Account name: **St Mary's Cathedral**

Account number: **312 142 334 691**

Recipient reference: If giving a pledge, enter ***your 3-digit pledge number***.  
Otherwise, enter **Online Service** or the service you normally attend.

For one-off giving, please email the bank-in slip or online transfer receipt to: **collections@stmaryscathedral.org.my**

### E-wallet

Scan the following QR code using any e-wallet app (Touch n Go/GrabPay/Boost). Please ensure “St Mary's Cathedral” is listed as the payee.



## St Mary's Cathedral Main Hall

Note: This method of giving is analogous to putting cash into the offertory bag/box. Your donation will go to the General Fund. You will not be given a receipt. Do not use this to give a pledge.

Details on our webpage: [stmarys.my/give](https://stmarys.my/give).

### **Giving via Pledge Envelopes**

In recent years, the church giving system has moved from a pledge envelope system to an online giving system. Those who wish to remain contributing via pledge envelopes are advised to write their pledge numbers on any blank envelopes and drop them in the allocated boxes at church.

## Onsite and Online Services

Here are the details of our English onsite services on Sundays:

- Liturgical Services – 7am, 9am, 11am
- Contemporary (SMACC) Services – 11am, 5pm

If you are joining us online on Sundays, the Liturgical service will be livestreamed at 9am.

More information about our services can be found here: [stmarys.my/services](http://stmarys.my/services).

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## Carparking

If you are attending any of the services or events at St Mary's Cathedral, please park at the Dataran Merdeka Underground Carpark across the road.

The Cathedral Carpark is reserved for women travelling alone who may feel unsafe parking in the Dataran Merdeka Underground Carpark, people with young children who would find it hard to cross the road with them, and those who are elderly, or suffering from illness

or disability who would then find it hard to walk from the carpark across the road.

If you fall into any of the categories above and wish to park in the Cathedral, please visit [stmarys.my/booking](https://stmarys.my/booking) to book a carpark on Sundays. There is also an option for you to indicate on the form that you would like to book a parking spot for 6 months. Your car plate number will then be given to the guards and you will be allowed in.

Bookings for carparking will open at 2pm on Sunday and close at noon on Friday.

If you miss a booking but you fall into any of the categories mentioned above and need to park in the Cathedral, you may request for a temporary paper form from the guard to allow you to park just for that day.

If you are parking in the Cathedral, please drive slowly and carefully for the sake of the safety of the many pedestrians in the Cathedral compound.

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## **Community Meal**

Next Community Meal: 9 June 2024

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## Kids' Church

The Kids' Church classes run on Sunday mornings. The different age groups meet at their respective classrooms on the ground floor of the Cathedral. Parents may pick up their children after the 11am church services ends.

Please email [kidschurch@stmaryscathedral.org.my](mailto:kidschurch@stmaryscathedral.org.my) or speak to our Kids' Church teachers for further information.

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## Opportunities to Serve

Do you have a heart for service and a desire to be part of a vibrant community? St Mary's Cathedral is looking for dedicated people to help us in various roles. If you're a regular at the Cathedral and would like to lend a hand, we encourage you to register your interest today! Simply visit [stmarys.my/serve](http://stmarys.my/serve) to learn more and fill out the serving form. We look forward to welcoming you onto our team!

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# Life Explored

Life Explored is a course that will help people uncover what they're really living for, and shows how, in Christ, God meets our deepest desire for happiness. Each session explores an aspect of God's character. We see that the God of the Bible is good, trustworthy, generous, liberating, fulfilling, life-giving and joyful. And ultimately we see that the greatest pleasure in life is enjoying God himself.

We invite you to join us for 7 Sundays, 2-4pm, starting from 26 May 2024.

A simple complimentary lunch will be served from 1.30pm each week before the course begins and we'd love for you to join us for that as well.

If you are unable to join the in-person course, you may also request for online sessions with a facilitator.

Please visit [stmarys.my/findoutmore](https://stmarys.my/findoutmore) for more details on how to register.

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# Belonging

Belonging is our orientation programme for people who have recently started coming to our services. If you are new with us, please do come along to find out more about our church, what it means to belong to God's kingdom, and how that is expressed in our local church.

Date: Saturday, 15 June 2024

Time: 10am - 3pm (Lunch provided)

Venue: Multi-Purpose Hall, St Mary's Cathedral KL

Register: [stmarys.my/belonging](https://stmarys.my/belonging)

(please register by Wednesday, 12 June 2024)

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## Church Camp (SMAGLOW)

SMAGLOW 2024 is happening from 15-17 September. This year we are going to Ancasa Residences in Port Dickson! The committee is working out the budgets to make it as affordable as possible considering the rising cost. Forms and more details will come out on 2 June, so stay tuned!

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# Golden Circle Fund Raising Breakfast Sale

The Golden Circle Breakfast Sale is scheduled for Sunday, 2 June 2024. This will be a Fund Raising Breakfast Sale and the proceeds will be channelled to the Kota Baru Refugee School Project.

We will be serving home-cooked

- Nasi Lemak
- Mee Hoon
- Idly with Chicken Curry & Chutney
- On the spot Thosai with Dhall & Chutney  
and many more home-cooked dishes.

Please do come and patronize our breakfast corner and support this worthy cause. We acknowledge and thank you all for your generosity in making this project a reality.

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## Ministry Partners News 2024

We are excited to share this new annual booklet in which you can read about the ministries that take place in St Mary's Cathedral and learn about how you can be involved in this gospel partnership. Download the booklet here: [stmarys.my/mpn](https://stmarys.my/mpn)

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# Diocesan Women's Conference

The 53<sup>rd</sup> Diocesan Women's Conference 2024 will be held as follows:

Date: 28-30 June 2024 (Friday-Sunday)

Venue: Grand Kampar Hotel, Kampar

Theme: Season of Propagation (inspired by the verse Psalm 126:5 "Those who sow in tears shall reap with joyful shouting")

Speaker: Ps Santhana Arnold together with her husband, Rev Arnold Rajan are pioneer pastors of City Tabernacle KL. Her giftings are in the area of prophecy and deliverance.

Fees: Single is RM420 & Twin is RM340

Closing date is 10 May. Registering any time after that will be imposed an RM20 late fee.

Anyone who wants more information can contact Joyce Yu-Cheah (012 225 5277).

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## Personal Details Update

Thank you for being here with us at St Mary's Cathedral and we would like to get to know you better.

Here is a form to update your contact details on our church management system, for us to stay in touch with you. This will also help the pastoral and admin teams to have details of those whom we are seeking to serve.

[stmarys.my/survey2024](https://stmarys.my/survey2024)

Rest assured that we will be safeguarding the information and it will not be used for any commercial purposes.

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## **Building Roof & External Walls**

The main roof and external walls of the Cathedral are in need of major repairs to address leaks that are threatening the comfort and safety of the building. We will need to raise funds for the repair and restoration works. For more information on the extent of damage and works, and for occasional updates on the funds collected, please visit [stmarys.my/building](https://stmarys.my/building).

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## **Seminars**

Our website has a page dedicated to seminars that we ran in the past. Topics include gender identity, parenting, relationships and church history. If you would like to listen

to or watch videos of these seminars, you can find them at [stmarys.my/seminars](http://stmarys.my/seminars).

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## **Golden Circle: Chair Exercise**

The Golden Circle conducts a fitness programme for seniors at the Cathedral. Movements consist of chair exercises to strengthen and tone muscles, improve balance, improve lung function, and improve circulation and cardiac function.

Day: Fridays

Time: 9.30-10.30am

Venue: MPH

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## **Donation for Flowers**

If you would like to donate flowers to commemorate occasions (such as anniversary, memorial, baptism, birthday), you can let us know by indicating on the spreadsheet on the notice board at the Cathedral entrance. Please contact Janet Chan (017 213 3418) for the type, colour and cost of flowers. Payment for the flowers can be made by placing it in an envelope and writing on the envelope the purpose for the payment (in

this case 'Flowers'). Please drop the envelope in one of the allocated collection boxes at church. If you would like a receipt to be issued to you, please write your name and contact number on the envelope, and we will send the receipt to you.

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## **St Mary's Agape Mission School**

St Mary's Agape Mission School is always on the lookout for volunteers or anyone looking to sponsor a refugee child's education for the short / long term. No prerequisites required. Please contact us to explore more!  
Dr Mei Tan 012 387 3408 /  
[agapeschool@stmaryscathedral.org.my](mailto:agapeschool@stmaryscathedral.org.my)

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## **The Daily Office**

We invite you to join us for the Daily Office – a short daily service with systematic Bible readings and set prayers. This will take place every day at 7.30am by Zoom (except Sunday).

If you think this would be a helpful part of your daily routine, please join us by simply going to [stmarys.my/dailyoffice](https://stmarys.my/dailyoffice) at about 7.25am each day for a

7.30am start. That will take you directly to the Zoom room where the service takes place. The service will finish before 8am.

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## **Pastoral Needs**

If you are a regular at St Mary's Cathedral and would like to make an appointment to talk to a member of the pastoral team, please let us know by filling in a Connection Card at [stmarys.my/connect](https://stmarys.my/connect) or call the Cathedral Office at 011 5760 3484.

If there is a pastoral emergency, you can reach the pastoral team on our Emergency Pastoral Care Hotline: 011 5762 8524.

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## **Small Groups**

Looking to connect with a Christian community? We encourage you to consider joining one of our in-person or online small groups. This is one of the important ways we grow together as a community of God's people as we gather under his Word and seek to encourage one another to persevere in following Jesus.

If you would like to join a small group, please fill in a form at [stmarys.my/smallgroups](https://stmarys.my/smallgroups) and we'd be happy to help find you one.

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## Youth Fellowship

Our Youth Fellowship (ages 13-18) meets on Sundays at 9am in the GF3 room (the room between the Pantry and the Old Office). If you would like to join us, please sign up at [stmarys.my/youth](https://stmarys.my/youth).

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## Youth Confirmation Programme

If you would like to indicate interest in our Youth Confirmation Programme for your teenager aged 13-17, please let us know at [stmarys.my/youthbaptismconfirmation](https://stmarys.my/youthbaptismconfirmation) and we will inform you when the next one starts.

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## Subscribe to our Mailing List

To receive emails about latest updates and important news about the Cathedral, fill in the form at [stmarys.my/subscribe](https://stmarys.my/subscribe).

## Dataran Merdeka Underground Carpark

Here are the weekend parking rates (Saturday & Sunday):

12am-9.59am – RM 4.00 per entry

10am-11.59pm – RM 5.00 per entry

For more information on payment methods, you can find them at [stmarys.my/dataran](https://stmarys.my/dataran).

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## Work Care Panel

We have a panel to help our Cathedral community look for work or advise about work and training opportunities. If you're looking for work and wouldn't mind a helping hand, fill in our Connection Card at [stmarys.my/connect](https://stmarys.my/connect), indicating that you would like someone from the Work Care Panel to contact you.

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## Photography/Video Recordings during Services

Please note that taking photographs and/or recording videos are not allowed during our services without prior permission. If you would like to have footage of the service, you may look up our [YouTube channel](#).



# WhatsApp Announcement Groups

We have new WhatsApp announcement groups! Do join your service community to receive the appropriate updates on the goings-on here at the cathedral. You can join by clicking the links below. Only admins will be able to post and to see the phone numbers of everyone in the group. You will get the order of service for the congregation you are in each week (with all the announcements within the document). Admins will carefully limit the number of other announcements sent out to avoid overloading your WhatsApp inbox.



[Liturgical 7am](#)



[Liturgical 9am](#)



[Liturgical 11am](#)



[Liturgical Online](#)



[SMACC 1](#)



[SMACC 2](#)