

Holy Eucharist

21 April 2024 | 9.00 am

The Fourth Sunday of Easter



Synod of the Diocese of West Malaysia

St Mary's Cathedral

Making disciples of Jesus Christ

Privacy Notice: Livestream of the 9am Liturgical Service

Kindly note that the 9am Liturgical Service is livestreamed on the internet and that your image may be captured during the church service and when you come forward to receive the bread and wine during Holy Communion.

If you do not consent to this, please inform the welcomer who will seat you away from the cameras and arrange for the bread and wine to be brought to you. Alternatively, you may attend the 11am Liturgical Service which is not livestreamed.

[Sermon Outline](#) (page 14) | [Announcements](#) (page 41)

Hymn: Join All the Glorious Name

Isaac Watts, 1674-1748

Join all the glorious names
of wisdom, love, and power,
that ever mortals knew,
that angels ever bore:
all are too mean to speak his worth,
too mean to set my Saviour forth.

But O what gentle terms,
what condescending ways
doth our Redeemer use
to teach his heavenly grace!
Mine eyes with joy and wonder see
what forms of love he bears for me.

My dear almighty Lord,
my Conqueror and my King,
thy sceptre and thy sword,
thy reign of grace, I sing;
thine is the power: behold I sit
in willing bonds before thy feet.

Now let my soul arise,
and tread the tempter down;
my Captain leads me forth
to conquest and a crown.
A feeble saint shall win the day,
though death and hell obstruct the way.

Should all the hosts of death,
and powers of hell unknown,
put their most dreadful forms
of rage and mischief on,
I shall be safe, for Christ displays
superior power, and guardian grace.

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Introduction

Prayer of Preparation

All: Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord.
Amen.

Gloria In Excelsis

**All: Glory to God in the highest
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord;
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Collect for the Fourth Sunday of Easter

**All: Almighty God,
whose Son Jesus Christ
is the resurrection and the life:
raise us, who trust in him,
from the death of sin to the life of righteousness,
that we may seek those things which are above,
where he reigns with you
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.**

Old Testament Reading: Jeremiah 2:1-8

(Please be seated)

¹ The word of the LORD came to me, saying, ² “Go and proclaim in the hearing of Jerusalem, Thus says the LORD,

“I remember the devotion of your youth,
your love as a bride,
how you followed me in the wilderness,
in a land not sown.

³ Israel was holy to the LORD,
the firstfruits of his harvest.

All who ate of it incurred guilt;
disaster came upon them,
declares the LORD.”

⁴ Hear the word of the LORD, O house of Jacob, and all the clans of the house of Israel. ⁵ Thus says the LORD:

“What wrong did your fathers find in me
that they went far from me,
and went after worthlessness, and became worthless?

⁶ They did not say, ‘Where is the LORD
who brought us up from the land of Egypt,

who led us in the wilderness,
in a land of deserts and pits,
in a land of drought and deep darkness,
in a land that none passes through,
where no man dwells?’

⁷ And I brought you into a plentiful land
to enjoy its fruits and its good things.

But when you came in, you defiled my land
and made my heritage an abomination.

⁸ The priests did not say, ‘Where is the LORD?’

Those who handle the law did not know me;
the shepherds transgressed against me;
the prophets prophesied by Baal
and went after things that do not profit.

At the end of the reading the reader says

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Psalm 31:1-8

(Please stand: the Psalm will be said responsively.)

To the choirmaster. A Psalm of David.

¹ In you, O LORD, do I take refuge;
let me never be put to shame;
in your righteousness deliver me!

² **Incline your ear to me;
rescue me speedily!**

**Be a rock of refuge for me,
a strong fortress to save me!**

³ For you are my rock and my fortress;
and for your name's sake you lead me and guide me;

⁴ **you take me out of the net they have hidden for me,
for you are my refuge.**

⁵ Into your hand I commit my spirit;
you have redeemed me, O LORD, faithful God.

**⁶ I hate those who pay regard to worthless idols,
but I trust in the LORD.**

**⁷ I will rejoice and be glad in your steadfast love,
because you have seen my affliction;
you have known the distress of my soul,**

**⁸ and you have not delivered me into the hand of the
enemy;
you have set my feet in a broad place.**

At the end of the reading the reader says

Reader: **Glory be to the Father, and to the Son
and to the Holy Spirit,**

All: **As it was in the beginning, is now,
and shall be forever.**

Amen.

New Testament Reading: Revelation 2:1-7

(Please be seated)

¹ “To the angel of the church in Ephesus write: ‘The words of him who holds the seven stars in his right hand, who walks among the seven golden lampstands.

² “‘I know your works, your toil and your patient endurance, and how you cannot bear with those who are evil, but have tested those who call themselves apostles and are not, and found them to be false. ³ I know you are enduring patiently and bearing up for my name's sake, and you have not grown weary. ⁴ But I have this against you, that you have abandoned the love you had at first.

⁵ Remember therefore from where you have fallen; repent, and do the works you did at first. If not, I will come to you and remove your lampstand from its place, unless you repent. ⁶ Yet this you have: you hate the works of the Nicolaitans, which I also hate. ⁷ He who has an ear, let him hear what the Spirit says to the churches. To the one who conquers I will grant to eat of the tree of life, which is in the paradise of God.’

At the end of the reading the reader says

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Gospel Reading: John 14:15-21

After the reader announces the reading, the people all standing up, all shall say

Glory to Christ our Saviour

¹⁵ “If you love me, you will keep my commandments.

¹⁶ And I will ask the Father, and he will give you another Helper, to be with you forever, ¹⁷ even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.

¹⁸ “I will not leave you as orphans; I will come to you. ¹⁹ Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live. ²⁰ In that day you will know that I am in my Father, and you in me, and I in you. ²¹ Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him.”

At the end of the reading the reader shall say

This is the Gospel of Christ

All shall respond

Praise to Christ our Lord

Sermon: Ephesus: Returning To First Love

Revelation 2:1-7

1. The Letter from Jesus

- i. To the Angel of the Church of _____ write
- ii. The words of him who
<appellation from Revelation 1>

[Principle 1] Jesus holds and walks among his Church.

2. To The Ephesians

- iii. I know your <attributes & actions>
- iv. But I have this against you -
- v. Therefore, <Command to respond, repent>

[Principle 2] Our Love for God begins at the Gospel.

3. For the Whole Church

- vi. He who has ears, let him hear what the Spirit says to the Churches
- vii. To the one who conquers,
<promise from Revelation 22>

[Principle 3] The Church conquers by daily yielding to the Spirit.

[Main Idea] Our love for God needs to be renewed daily in the Gospel.

The Nicene Creed

(Please stand)

**All: We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
by the power of the Holy Spirit
he was born of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate;
he suffered, died and was buried.
On the third day he rose again
in fulfilment of the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
With the Father and the Son
he is worshipped and glorified,
He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

(Please kneel or be seated)

Prayers for the nations of the world and our own nation:

Leader: O God, our creator and preserver, we pray for people of every race, and in every kind of need: make your ways known on earth, your saving power among all nations.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the church throughout the world and our own church:

Leader: We pray for your Church throughout the world: guide and govern us by your Holy Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the sick, the suffering and those who mourn the death of loved ones:

Leader: We commend to your fatherly goodness all who are anxious or distressed in mind or body; comfort and relieve them in their need; give them patience in their sufferings and bring good out of their troubles.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers conclude with the Lord's Prayer:

All: **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever.
Amen.**

The Peace

(Please stand.)

The Greeting of Peace is introduced in these or other suitable words:

Minister: We are the body of Christ.

In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

Minister: The peace of the Lord be always with you.

All: **And also with you.**

All may exchange a sign of peace (please avoid physical touch while doing so in this time.)

Hymn: Thus Saith The Lord To Ephesus

John Newton, 1725-1807

Thus saith the LORD to Ephesus,
And thus he speaks to some of us;
“Amidst my churches, lo I stand,
And hold the pastors in my hand.

Thy works to me, are fully known,
Thy patience, and thy toil, I own;
Thy views of gospel truth are clear,
Nor canst thou other doctrine bear.

Yet I must blame while I approve,
Where is thy first, thy fervent love?
Dost thou forget my love to thee,
That thine is grown so faint to me?

Recall to mind the happy days
When thou wast fill'd with joy and praise;
Repent, thy former works renew,
Then I'll restore thy comforts too.

Return at once, when I reprove,
Lest I thy candlestick remove,
And thou, too late, thy loss lament;
I warn before I strike, Repent."

Hearken to what the Spirit saith,
To him that overcomes by faith;
"The fruit of life's unfading tree,
In paradise his food shall be"

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Prayer of Penitence and Confession

The minister may use this or another call to confession

Minister: Brothers and sisters: as we come together to share in the holy Communion of the Body and Blood of our Saviour Christ, the Scriptures urge us to examine our lives and repent of our sins. As we do so, let us be thankful that God the Son humbled himself, becoming man, to die for us on the Cross. And by the shedding of his precious blood, he obtained for us forgiveness of sins, and life with him forever. In remembrance of his death, and as a pledge of his love, Jesus instituted this holy sacrament, to our great and endless comfort.

You, then, who truly and earnestly repent of your sins, seek to live in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from now on in his holy ways, draw near with faith, and take this holy sacrament to your comfort. But first, let us make our humble confession to almighty God.

(Please kneel or be seated)

All: Almighty God, our Heavenly Father

**We admit that we have sinned against you
in thought, word and deed,
and deserve your just punishment.**

**We truly repent and are sorry
for what we have done.**

Have mercy on us, merciful Father.

**For the sake of your Son Jesus Christ,
who died for us,**

forgive us all that is past,

**and grant that we may serve you in newness of life
to the glory of your name.**

Amen.

The minister declares God's forgiveness

Almighty God,
who forgives all who truly repent
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All: **Amen.**

Then the minister shall say:

Hear the words of comfort our Saviour Christ says unto all
that truly turn to him.

Come to me, all who labour and are heavy laden, and I will
give you rest.

(Matthew 11:28)

God so loved the world, that he gave his only Son, that
whoever believes in him should not perish but have
eternal life.

(John 3:16)

Hear also what St Paul says.

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

(1 Timothy 1:15)

Hear also what St John says.

If anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins.

(1 John 2:1-2)

The Eucharist

(Please remain kneeling or seated)

Minister: The Lord is here.

All: **His Spirit is with us.**

Minister: Lift up your hearts.

All: **We lift them to the Lord.**

Minister: Let us give thanks to the Lord our God.

All: **It is right to give him thanks and praise.**

Minister: It is indeed right it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ your Son our Lord.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

All: **Holy, holy, holy Lord
God of power and might,
Heaven and earth are full of your glory.
Hosanna in the Highest!**

**[Blessed is he who comes in the name of the
Lord; Hosanna in the Highest!]**

This Prayer of Humble Access may be said by all

**All: We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy so much as to gather up
the crumbs under your table.
But you are the same Lord,
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that we may evermore dwell in him
and he in us.
Amen.**

The Minister prays

Almighty God, our Heavenly Father,
who in your tender mercy gave your only Son
Jesus Christ to suffer death upon the cross
for our redemption;
who made there,
by his one oblation of himself once offered,
a full, perfect and sufficient sacrifice
for the sins of the whole world;
and who instituted, and in his holy gospel
commanded us to continue,
a perpetual memory of his precious death
until his coming again:
Hear us, merciful Father, we humbly pray,
and grant that we who receive
these gifts of your creation,
this bread and this wine,
according to your Son our Saviour
Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers, by faith,
of his most blessed body and blood:

who, in the night he was betrayed,
took bread, and when he had given you thanks,
he broke it and gave it to his disciples saying,
“Take, eat; this is my body which is given for you;
do this in remembrance of me.”

In the same way, after supper,
he took the cup, and when he had given you thanks,
he gave it to them saying,
“Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins;
do this, as often as you drink it,
in remembrance of me.”

All: Amen.

**All: Jesus, Lamb of God,
have mercy on us.**

**Jesus, bearer of our sins,
have mercy on us.**

**Jesus, redeemer of the world,
give us your peace.**

The Distribution

Minister:

Jesus is the Lamb of God who takes away the sins of the world.

Eat and drink this in remembrance that he died for you and feed on him in your hearts by faith with thanksgiving.

Hymn: More Love To Thee, O Christ

Elizabeth Prentiss, 1818-1878

More love to Thee, O Christ,
More love to Thee!
Hear Thou the prayer I make
on bended knee;
This is my earnest plea:
More love, O Christ to Thee,
More love to Thee!
More love to Thee!

Once earthly joy I craved,
Sought peace and rest;
Now Thee alone I seek,
Give what is best;
This all my prayer shall be:
More love, O Christ to Thee,
More love to Thee!
More love to Thee!

Let sorrow do its work,
Send grief and pain;
Sweet are Thy messengers,
Sweet their refrain;
When they can sing with me,
More love, O Lord to Thee,
More love to Thee!
More love to Thee!

Then shall my latest breath,
Whisper Thy praise:
This be the parting cry,
My heart shall raise;
This still its prayer shall be:
More love, O Christ to Thee,
More love to Thee!
More love to Thee!

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Hymn: My Jesus, I Love Thee

William R. Featherstone, 1846-1873

My Jesus, I love Thee, I know Thou art mine;
for Thee all the follies of sin I resign;
my gracious Redeemer, my Saviour art Thou;
if ever I loved Thee, my Jesus, 'tis now.

I love Thee because Thou hast first loved me
and purchased my pardon on Calvary's tree;
I love Thee for wearing the thorns on Thy brow;
if ever I loved Thee, my Jesus, 'tis now.

I'll love Thee in life, I will love Thee in death,
and praise Thee as long as Thou lendest me breath;
and say, when the deathdew lies cold on my brow:
"If ever I loved Thee, my Jesus, 'tis now."

In mansions of glory and endless delight,
I'll ever adore Thee in heaven so bright;
I'll sing with the glittering crown on my brow:
"If ever I loved Thee, my Jesus, 'tis now."

Hymn: Forgive Our Sins As We Forgive

Rosamond Herklots, 1905-1987

'Forgive our sins as we forgive,'
You taught us, Lord, to pray
But you alone can grant us grace
To live the words we say

How can your pardon reach and bless
The unforgiving heart
That broods on wrongs and will not let
Old bitterness depart?

In blazing light your cross reveals
The truth we dimly knew:
How small the debts men owe to us
How great our debt to you!

Lord, cleanse the depths within our souls
And bid resentment cease;
Then, reconciled to God and man
Our lives will spread your peace

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Prayers of Response

(Please kneel or be seated)

**All: Almighty God,
we thank you for feeding us
with the spiritual food
of the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out into the world
in the power of your Spirit,
to live and work
to your praise and glory.
Amen.**

Announcements

The Blessing

The gathering ends with a blessing.

Minister: The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All: **Amen.**

Minister: Go in peace to love and serve the Lord.

All: **In the name of Christ. Amen.**

Hymn: Church Of God, Elect And Glorious

J. E. Seddon, 1915-1983

Church of God, elect and glorious,
Holy nation, chosen race;
Called as God's own special people,
Royal priests and heirs of grace:
Know the purpose of your calling,
Show to all God's mighty deeds;
Tell of love that knows no limits,
Grace that meets all human needs.

God has called you out of darkness
Into his most marv'lous light;
Brought his truth to life within you,
Turned your blindness into sight.
Let your light so shine around you
That God's name is glorified;
And all find fresh hope and purpose
In Christ Jesus crucified.

Once you were an alien people,
Strangers to God's heart of love;
But he brought you home in mercy,
Citizens of heav'n above.

Let his love flow out to others,
Let them feel a Father's care;
That they too may know his welcome
And his countless blessings share.

Church of God, elect and holy,
Be the people he intends;
Strong in faith and swift to answer
Each command your Master sends:
Royal priests, fulfill your calling
Through your sacrifice and prayer;
Give your lives in joyful service
Sing his praise, his love declare.

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Thank you for joining our service. If you would like for us to get in touch with you, or have any feedback for us, please fill in our Connection Card at stmarys.my/connect.

Giving

Online transfer

Bank name: **Standard Chartered Bank Malaysia Bhd**

Account name: **St Mary's Cathedral**

Account number: **312 142 334 691**

Recipient reference: If giving a pledge, enter ***your 3-digit pledge number***.
Otherwise, enter **Online Service** or the service you normally attend.

For one-off giving, please email the bank-in slip or online transfer receipt to: **collections@stmaryscathedral.org.my**

E-wallet

Scan the following QR code using any e-wallet app (Touch n Go/GrabPay/Boost). Please ensure “St Mary's Cathedral” is listed as the payee.



St Mary's Cathedral Main Hall

Note: This method of giving is analogous to putting cash into the offertory bag/box. Your donation will go to the General Fund. You will not be given a receipt. Do not use this to give a pledge.

Details on our webpage: stmarys.my/give.

Giving via Pledge Envelopes

In recent years, the church giving system has moved from a pledge envelope system to an online giving system. Those who wish to remain contributing via pledge envelopes are advised to write their pledge numbers on any blank envelopes and drop them in the allocated boxes at church.

Onsite and Online Services

Here are the details of our English onsite services on Sundays:

- Liturgical Services – 7am, 9am, 11am
- Contemporary (SMACC) Services – 11am, 5pm

If you are joining us online on Sundays, the Liturgical service will be livestreamed at 9am.

More information about our services can be found here: stmarys.my/services.

Carparking

If you are attending any of the services or events at St Mary's Cathedral, please park at the Dataran Merdeka Underground Carpark across the road.

The Cathedral Carpark is reserved for women travelling alone who may feel unsafe parking in the Dataran Merdeka Underground Carpark, people with young children who would find it hard to cross the road with them, and those who are elderly, or suffering from illness

or disability who would then find it hard to walk from the carpark across the road.

If you fall into any of the categories above and wish to park in the Cathedral, please visit stmarys.my/booking to book a carpark on Sundays. There is also an option for you to indicate on the form that you would like to book a parking spot for 6 months. Your car plate number will then be given to the guards and you will be allowed in.

Bookings for carparking will open at 2pm on Sunday and close at noon on Friday.

If you miss a booking but you fall into any of the categories mentioned above and need to park in the Cathedral, you may request for a temporary paper form from the guard to allow you to park just for that day.

If you are parking in the Cathedral, please drive slowly and carefully for the sake of the safety of the many pedestrians in the Cathedral compound.

Community Meal

Next Community Meal: 19 May 2024

Kids' Church

The Kids' Church classes run on Sunday mornings. The different age groups meet at their respective classrooms on the ground floor of the Cathedral. Parents may pick up their children after the 11am church services ends.

Please email kidschurch@stmaryscathedral.org.my or speak to our Kids' Church teachers for further information.

Opportunities to Serve

Do you have a heart for service and a desire to be part of a vibrant community? St Mary's Cathedral is looking for dedicated people to help us in various roles. If you're a regular at the Cathedral and would like to lend a hand, we encourage you to register your interest today! Simply visit stmarys.my/serve to learn more and fill out the serving form. We look forward to welcoming you onto our team!

Notice of Annual General Meeting for the Year Ending 2023

Notice is hereby given that the Annual General Meeting of the Cathedral is scheduled to be held on Saturday, 27 April 2024 at 10.30am in the Multi-Purpose Hall, St Mary's Cathedral.

- The AGM reports will be available from 12 April 2024 to electoral roll members. Kindly request for a copy online at stmarys.my/agm or you can call the Cathedral Office at 03 26928672 during office hours to request for a copy.
- Only electoral roll members are invited to attend and to vote at the AGM. If you like to register to attend the AGM, please register at stmarys.my/agm by 5pm, 25 April. If you find it hard to register online, you can call the Cathedral Office at 03 26928672 during office hours and Mrs Nesamani will help with the registration.
- Nominations for People Warden, Council Members and Internal Auditors can be submitted by email to the Dean at andrew.cheah@stmaryscathedral.org.my with the names of the proposer and seconder before the meeting or be nominated and seconded at the meeting. There will be a response to the email. In the

event you do not receive a response, kindly follow up with the office.

- Motion on the amendments to the Cathedral Constitution will be proposed by the Very Rev Dr Andrew Cheah (Dean of St Mary's Cathedral) on behalf of the Cathedral Council.
- Any other business and deliberations pertaining to the AGM must be brought to the attention of the Dean and Hon. Secretary before 19 April 2024 by emailing andrew.cheah@stmaryscathedral.org.my and secretary@stmaryscathedral.org.my
- While questions from the floor will be permitted, we would appreciate it if you could submit questions you may have that arise from the reports, accounts or budget before 19 April. You may do so by emailing secretary@stmaryscathedral.org.my. This would enable questions and answers to be prepared beforehand to expedite proceedings.

Tuesday Night Training

Tuesday Night Training (TNT) is a good and systematic way for all of us to keep studying God's Word and to be

trained for ministry. The second term for 2024 begins on 14 May.

Theological courses on offer are Bible Overview, Prayer Book and Romans. There is also a Christian Living course entitled 'Where To, Lord?'

If you are new to TNT, we encourage you to consider taking our Bible Overview course. This is a great way to learn how the whole Bible fits together and points to Jesus.

Find out more about the courses and register here:

stmarys.my/tnt

Church Camp (SMAGLOW)

Our camp for the English Liturgical and SMACC congregations will be held from 15-17 September (Sunday – Tuesday) at Ancasa Residences, Port Dickson. Please mark those dates in your calendar. More details to follow.

Diocesan Women's Conference

The 53rd Diocesan Women's Conference 2024 will be held as follows:

Date: 28-30 June 2024 (Friday-Sunday)

Venue: Grand Kampar Hotel, Kampar

Theme: Season of Propagation (inspired by the verse Psalm 126:5 “Those who sow in tears shall reap with joyful shouting”)

Speaker: Ps Santhana Arnold together with her husband, Rev Arnold Rajan are pioneer pastors of City Tabernacle KL. Her giftings are in the area of prophecy and deliverance.

Fees: Single is RM420 & Twin is RM340

Closing date is 10 May. Registering any time after that will be imposed an RM20 late fee.

Anyone who wants more information can contact Joyce Yu-Cheah (012 225 5277).

Personal Details Update

Thank you for being here with us at St Mary's Cathedral and we would like to get to know you better.

Here is a form to update your contact details on our church management system, for us to stay in touch with you. This will also help the pastoral and admin teams to have details of those whom we are seeking to serve.

stmarys.my/survey2024

Rest assured that we will be safeguarding the information and it will not be used for any commercial purposes.

Building Roof & External Walls

The main roof and external walls of the Cathedral are in need of major repairs to address leaks that are threatening the comfort and safety of the building. We will need to raise funds for the repair and restoration works. For more information on the extent of damage and works, and for occasional updates on the funds collected, please visit stmarys.my/building.

Seminars

Our website has a page dedicated to seminars that we ran in the past. Topics include gender identity, parenting, relationships and church history. If you would like to listen

to or watch videos of these seminars, you can find them at stmarys.my/seminars.

Golden Circle: Chair Exercise

The Golden Circle conducts a fitness programme for seniors at the Cathedral. Movements consist of chair exercises to strengthen and tone muscles, improve balance, improve lung function, and improve circulation and cardiac function.

Day: Fridays

Time: 9.30-10.30am

Venue: MPH

Donation for Flowers

If you would like to donate flowers to commemorate occasions (such as anniversary, memorial, baptism, birthday), you can let us know by indicating on the spreadsheet on the notice board at the Cathedral entrance. Please contact Janet Chan (017 213 3418) for the type, colour and cost of flowers. Payment for the flowers can be made by placing it in an envelope and writing on the envelope the purpose for the payment (in

this case 'Flowers'). Please drop the envelope in one of the allocated collection boxes at church. If you would like a receipt to be issued to you, please write your name and contact number on the envelope, and we will send the receipt to you.

St Mary's Agape Mission School

St Mary's Agape Mission School is now in its 10th year of operation and currently has over 100 students. As such, the school is always on the lookout for volunteers who might be keen to teach the children. If you have a heart for seeing vulnerable children receive an education and would like to find out more about what is involved, please contact Mei Tan at 012 387 3408. (Retired teachers are preferred.)

The school is located near Ampang, and the time for volunteering is 9am-12pm and/or 1-3pm from Mondays to Thursdays.

The Daily Office

We invite you to join us for the Daily Office – a short daily service with systematic Bible readings and set prayers.

This will take place every day at 7.30am by Zoom (except Sunday).

If you think this would be a helpful part of your daily routine, please join us by simply going to stmarys.my/dailyoffice at about 7.25am each day for a 7.30am start. That will take you directly to the Zoom room where the service takes place. The service will finish before 8am.

Pastoral Needs

If you are a regular at St Mary's Cathedral and would like to make an appointment to talk to a member of the pastoral team, please let us know by filling in a Connection Card at stmarys.my/connect or call the Cathedral Office at 011 5760 3484.

If there is a pastoral emergency, you can reach the pastoral team on our Emergency Pastoral Care Hotline: 011 5762 8524.

Small Groups

Looking to connect with a Christian community? We encourage you to consider joining one of our in-person or online small groups. This is one of the important ways we grow together as a community of God's people as we gather under his Word and seek to encourage one another to persevere in following Jesus.

If you would like to join a small group, please fill in a form at stmarys.my/smallgroups and we'd be happy to help find you one.

Youth Fellowship

Our Youth Fellowship (ages 13-18) meets on Sundays at 9am in the GF3 room (the room between the Pantry and the Old Office). If you would like to join us, please sign up at stmarys.my/youth.

Youth Confirmation Programme

If you would like to indicate interest in our Youth Confirmation Programme for your teenager aged 13-17, please let us know at

stmarys.my/youthbaptismconfirmation and we will inform you when the next one starts.

Subscribe to our Mailing List

To receive emails about latest updates and important news about the Cathedral, fill in the form at stmarys.my/subscribe.

Dataran Merdeka Underground Carpark

Here are the weekend parking rates (Saturday & Sunday):

12am-9.59am – RM 4.00 per entry

10am-11.59pm – RM 5.00 per entry

For more information on payment methods, you can find them at stmarys.my/dataran.

Work Care Panel

We have a panel to help our Cathedral community look for work or advise about work and training opportunities.

If you're looking for work and wouldn't mind a helping hand, fill in our Connection Card at stmarys.my/connect, indicating that you would like someone from the Work Care Panel to contact you.

Photography/Video Recordings during Services

Please note that taking photographs and/or recording videos are not allowed during our services without prior permission. If you would like to have footage of the service, you may look up our [YouTube channel](#).

WhatsApp Announcement Groups

We have new WhatsApp announcement groups! Do join your service community to receive the appropriate updates on the goings-on here at the cathedral. You can join by clicking the links below. Only admins will be able to post and to see the phone numbers of everyone in the group. You will get the order of service for the congregation you are in each week (with all the announcements within the document). Admins will carefully limit the number of other announcements sent out to avoid overloading your WhatsApp inbox.



[Liturgical 7am](#)



[Liturgical 9am](#)



[Liturgical 11am](#)



[Liturgical Online](#)



[SMACC 1](#)



[SMACC 2](#)