

# Holy Eucharist

7 July 2024 | 9.00 am

*Sixth Sunday after Trinity*



Synod of the Diocese of West Malaysia

**St Mary's Cathedral**

*Making disciples of Jesus Christ*

## Privacy Notice: Livestream of the 9am Liturgical Service

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If you do not consent to this, please inform the welcomer who will seat you away from the cameras and arrange for the bread and wine to be brought to you. Alternatively, you may attend the 11am Liturgical Service which is not livestreamed.

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## Hymn: Glorious Things Of Thee Are Spoken

*John Newton 1725-1807*

Glorious things of thee are spoken,  
Zion, city of our God;  
he whose word cannot be broken  
formed thee for his own abode.  
On the Rock of ages founded,  
what can shake thy sure repose?  
With salvation's walls surrounded,  
thou may'st smile at all thy foes.

See, the streams of living waters,  
springing from eternal love,  
well supply thy sons and daughters,  
and all fear of want remove.

Who can faint while such a river  
ever flows their thirst to assuage:  
grace which, like the Lord the giver,  
never fails from age to age?

Saviour, since of Zion's city  
I through grace a member am,  
let the world deride or pity,  
I will glory in thy name.

Fading is the worldling's pleasure,  
all his boasted pomp and show;  
solid joys and lasting treasure,  
none but Zion's children know.

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# Introduction

## Prayer of Preparation

**All:** Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord.  
Amen.

# Gloria In Excelsis

**All: Glory to God in the highest  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One;  
you alone are the Lord;  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

# Collect

*Collect for the Sixth Sunday after Trinity*

**All: Merciful God,  
you have prepared for those who love you  
such good things as pass our understanding:  
pour into our hearts such love toward you  
that we, loving you in all things and above all things,  
may obtain your promises,  
which exceed all that we can desire;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.**

# Old Testament Reading: Nehemiah 4

*(Please be seated.)*

*The whole text of Nehemiah 3-4 is printed below as this is the preaching passage but verses in [brackets] will not be read in the services.*

[<sup>3:1</sup> Then Eliashib the high priest rose up with his brothers the priests, and they built the Sheep Gate. They consecrated it and set its doors. They consecrated it as far as the Tower of the Hundred, as far as the Tower of Hananel. <sup>2</sup> And next to him the men of Jericho built. And next to them Zaccur the son of Imri built.

<sup>3</sup> The sons of Hassenaah built the Fish Gate. They laid its beams and set its doors, its bolts, and its bars. <sup>4</sup> And next to them Meremoth the son of Uriah, son of Hakkoz repaired. And next to them Meshullam the son of Berechiah, son of Meshezabel repaired. And next to them Zadok the son of Baana repaired. <sup>5</sup> And next to them the Tekoites repaired, but their nobles would not stoop to serve their Lord.

<sup>6</sup> Joiada the son of Paseah and Meshullam the son of Besodeiah repaired the Gate of Yeshanah. They laid its beams and set its doors, its bolts, and its bars. <sup>7</sup> And next

to them repaired Melatiah the Gibeonite and Jadon the Meronothite, the men of Gibeon and of Mizpah, the seat of the governor of the province Beyond the River. <sup>8</sup> Next to them Uzziel the son of Harhaiah, goldsmiths, repaired. Next to him Hananiah, one of the perfumers, repaired, and they restored Jerusalem as far as the Broad Wall.

<sup>9</sup> Next to them Rephaiah the son of Hur, ruler of half the district of Jerusalem, repaired. <sup>10</sup> Next to them Jedaiah the son of Harumaph repaired opposite his house. And next to him Hattush the son of Hashabneiah repaired.

<sup>11</sup> Malchijah the son of Harim and Hasshub the son of Pahath-moab repaired another section and the Tower of the Ovens. <sup>12</sup> Next to him Shallum the son of Hallohesh, ruler of half the district of Jerusalem, repaired, he and his daughters.

<sup>13</sup> Hanun and the inhabitants of Zanoah repaired the Valley Gate. They rebuilt it and set its doors, its bolts, and its bars, and repaired a thousand cubits of the wall, as far as the Dung Gate.

<sup>14</sup> Malchijah the son of Rechab, ruler of the district of Beth-haccherem, repaired the Dung Gate. He rebuilt it and set its doors, its bolts, and its bars.

<sup>15</sup> And Shallum the son of Col-hozeh, ruler of the district of Mizpah, repaired the Fountain Gate. He rebuilt it and covered it and set its doors, its bolts, and its bars. And he built the wall of the Pool of Shelah of the king's garden, as far as the stairs that go down from the city of David.

<sup>16</sup> After him Nehemiah the son of Azbuk, ruler of half the district of Beth-zur, repaired to a point opposite the tombs of David, as far as the artificial pool, and as far as the house of the mighty men. <sup>17</sup> After him the Levites

repaired: Rehum the son of Bani. Next to him Hashabiah, ruler of half the district of Keilah, repaired for his district.

<sup>18</sup> After him their brothers repaired: Bavvai the son of Henadad, ruler of half the district of Keilah. <sup>19</sup> Next to him Ezer the son of Jeshua, ruler of Mizpah, repaired another section opposite the ascent to the armory at the buttress.

<sup>20</sup> After him Baruch the son of Zabbai repaired another section from the buttress to the door of the house of Eliashib the high priest. <sup>21</sup> After him Meremoth the son of Uriah, son of Hakkoz repaired another section from the

door of the house of Eliashib to the end of the house of Eliashib. <sup>22</sup> After him the priests, the men of the surrounding area, repaired. <sup>23</sup> After them Benjamin and

Hasshub repaired opposite their house. After them Azariah the son of Maaseiah, son of Ananiah repaired



beside his own house. <sup>24</sup> After him Binnui the son of Henadad repaired another section, from the house of Azariah to the buttress and to the corner. <sup>25</sup> Palal the son of Uzai repaired opposite the buttress and the tower projecting from the upper house of the king at the court of the guard. After him Pedaiah the son of Parosh <sup>26</sup> and the temple servants living on Ophel repaired to a point opposite the Water Gate on the east and the projecting tower. <sup>27</sup> After him the Tekoites repaired another section opposite the great projecting tower as far as the wall of Ophel.

<sup>28</sup> Above the Horse Gate the priests repaired, each one opposite his own house. <sup>29</sup> After them Zadok the son of Immer repaired opposite his own house. After him Shemaiah the son of Shecaniah, the keeper of the East Gate, repaired. <sup>30</sup> After him Hananiah the son of Shelemiah and Hanun the sixth son of Zalaph repaired another section. After him Meshullam the son of Berechiah repaired opposite his chamber. <sup>31</sup> After him Malchijah, one of the goldsmiths, repaired as far as the house of the temple servants and of the merchants, opposite the Muster Gate, and to the upper chamber of the corner. <sup>32</sup> And between the upper chamber of the

corner and the Sheep Gate the goldsmiths and the merchants repaired.]

<sup>4:1</sup> Now when Sanballat heard that we were building the wall, he was angry and greatly enraged, and he jeered at the Jews. <sup>2</sup> And he said in the presence of his brothers and of the army of Samaria, “What are these feeble Jews doing? Will they restore it for themselves? Will they sacrifice? Will they finish up in a day? Will they revive the stones out of the heaps of rubbish, and burned ones at that?” <sup>3</sup> Tobiah the Ammonite was beside him, and he said, “Yes, what they are building—if a fox goes up on it he will break down their stone wall!” <sup>4</sup> Hear, O our God, for we are despised. Turn back their taunt on their own heads and give them up to be plundered in a land where they are captives. <sup>5</sup> Do not cover their guilt, and let not their sin be blotted out from your sight, for they have provoked you to anger in the presence of the builders.

<sup>6</sup> So we built the wall. And all the wall was joined together to half its height, for the people had a mind to work.

<sup>7</sup> But when Sanballat and Tobiah and the Arabs and the Ammonites and the Ashdodites heard that the repairing

of the walls of Jerusalem was going forward and that the breaches were beginning to be closed, they were very angry. <sup>8</sup> And they all plotted together to come and fight against Jerusalem and to cause confusion in it. <sup>9</sup> And we prayed to our God and set a guard as a protection against them day and night.

<sup>10</sup> In Judah it was said, “The strength of those who bear the burdens is failing. There is too much rubble. By ourselves we will not be able to rebuild the wall.” <sup>11</sup> And our enemies said, “They will not know or see till we come among them and kill them and stop the work.” <sup>12</sup> At that time the Jews who lived near them came from all directions and said to us ten times, “You must return to us.” <sup>13</sup> So in the lowest parts of the space behind the wall, in open places, I stationed the people by their clans, with their swords, their spears, and their bows. <sup>14</sup> And I looked and arose and said to the nobles and to the officials and to the rest of the people, “Do not be afraid of them. Remember the Lord, who is great and awesome, and fight for your brothers, your sons, your daughters, your wives, and your homes.”

<sup>15</sup> When our enemies heard that it was known to us and that God had frustrated their plan, we all returned to the wall, each to his work. <sup>16</sup> From that day on, half of my servants worked on construction, and half held the spears, shields, bows, and coats of mail. And the leaders stood behind the whole house of Judah, <sup>17</sup> who were building on the wall. Those who carried burdens were loaded in such a way that each laboured on the work with one hand and held his weapon with the other. <sup>18</sup> And each of the builders had his sword strapped at his side while he built. The man who sounded the trumpet was beside me. <sup>19</sup> And I said to the nobles and to the officials and to the rest of the people, “The work is great and widely spread, and we are separated on the wall, far from one another. <sup>20</sup> In the place where you hear the sound of the trumpet, rally to us there. Our God will fight for us.”

<sup>21</sup> So we laboured at the work, and half of them held the spears from the break of dawn until the stars came out.

<sup>22</sup> I also said to the people at that time, “Let every man and his servant pass the night within Jerusalem, that they may be a guard for us by night and may labour by day.”

<sup>23</sup> So neither I nor my brothers nor my servants nor the

men of the guard who followed me, none of us took off our clothes; each kept his weapon at his right hand.

*At the end of the reading, the reader says,*

*Reader:* This is the Word of the Lord.

*All:* **Thanks be to God.**

## Psalm 69:22-28

*(Please stand: the Psalm will be said responsively.)*

<sup>22</sup> Let their own table before them become a snare;  
and when they are at peace, let it become a trap.

<sup>23</sup> **Let their eyes be darkened, so that they cannot see,  
and make their loins tremble continually.**

<sup>24</sup> Pour out your indignation upon them,  
and let your burning anger overtake them.

<sup>25</sup> **May their camp be a desolation;  
let no one dwell in their tents.**

<sup>26</sup> For they persecute him whom you have struck down,  
and they recount the pain of those you have  
wounded.

<sup>27</sup> **Add to them punishment upon punishment;  
may they have no acquittal from you.**

<sup>28</sup> Let them be blotted out of the book of the living;  
let them not be enrolled among the righteous.

*At the end of the reading the reader says,*

*Reader:* Glory be to the Father, and to the Son  
and to the Holy Spirit,

*All:* **As it was in the beginning, is now,  
and shall be forever.**

**Amen.**

# New Testament Reading: Ephesians 4:11-16

*(Please be seated.)*

<sup>11</sup> And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, <sup>12</sup> to equip the saints for the work of ministry, for building up the body of Christ, <sup>13</sup> until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, <sup>14</sup> so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. <sup>15</sup> Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, <sup>16</sup> from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

*At the end of the reading, the reader says,*

*Reader:* This is the Word of the Lord.

*All:* **Thanks be to God.**

## Gospel Reading: Luke 22:24-30

*After the reader announces the reading, the people all standing up, all shall say:*

**Glory to Christ our Saviour.**

<sup>24</sup> A dispute also arose among them, as to which of them was to be regarded as the greatest. <sup>25</sup> And he said to them, “The kings of the Gentiles exercise lordship over them, and those in authority over them are called benefactors. <sup>26</sup> But not so with you. Rather, let the greatest among you become as the youngest, and the leader as one who serves. <sup>27</sup> For who is the greater, one who reclines at table or one who serves? Is it not the one who reclines at table? But I am among you as the one who serves.

<sup>28</sup> “You are those who have stayed with me in my trials, <sup>29</sup> and I assign to you, as my Father assigned to me, a kingdom, <sup>30</sup> that you may eat and drink at my table in my kingdom and sit on thrones judging the twelve tribes of Israel.



*At the end of the reading, the reader shall say,*

This is the Gospel of Christ.

*All shall respond:*

**Praise to Christ our Lord.**

# **Sermon: God's Kingdom Group Project**

## ***Nehemiah 3-4***

1. Group effort (Nehemiah 3)

2. The opposition (Nehemiah 4:1-10)

3. God the ultimate builder (Nehemiah 4:15-23)

# The Nicene Creed

*(Please stand.)*

**All: We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
by the power of the Holy Spirit  
he was born of the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate;  
he suffered, died and was buried.  
On the third day he rose again  
in fulfilment of the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
With the Father and the Son  
he is worshipped and glorified,  
He has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

# Prayers of Intercession

*(Please kneel or be seated.)*

*Prayers for the nations of the world and our own nation*

*Leader:* O God, our creator and preserver, we pray for people of every race, and in every kind of need: make your ways known on earth, your saving power among all nations.

(Especially we pray for ...)

*Leader:* Lord, in your mercy

*All:* **hear our prayer.**

*Prayers for the church throughout the world and our own church*

*Leader:* We pray for your Church throughout the world: guide and govern us by your Holy Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.

(Especially we pray for ...)

*Leader:* Lord, in your mercy

*All:* **hear our prayer.**

*Prayers for the sick, the suffering and those who mourn the death of loved ones*

*Leader:* We commend to your fatherly goodness all who are anxious or distressed in mind or body; comfort and relieve them in their need; give them patience in their sufferings and bring good out of their troubles.

(Especially we pray for ...)

*Leader:* Lord, in your mercy

*All:* **hear our prayer.**

*Prayers conclude with the Lord's Prayer.*

*All:* **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and forever.  
Amen.**

# The Peace

*(Please stand.)*

*The Greeting of Peace is introduced in these or other suitable words.*

**Minister:** We are the body of Christ.

In the one Spirit we were all baptised into one body. Let us then pursue all that makes for peace and builds up our common life.

**Minister:** The peace of the Lord be always with you.

**All:** **And also with you.**

*All may exchange a sign of peace.*

# Hymn: Thy Kingdom Come, O God

*Lewis Hensley 1824-1905*

Thy kingdom come, O God,  
thy rule, O Christ, begin;  
break with thine iron rod  
the tyrannies of sin.

Where is thy reign of peace  
and purity and love?  
When shall all hatred cease,  
as in the realms above?

When comes the promised time  
that war shall be no more,  
and lust, oppression, crime  
shall flee thy face before?

We pray thee, Lord, arise,  
and come in thy great might;  
revive our longing eyes,  
which languish for thy sight.



Men scorn thy sacred name,  
and wolves devour thy fold;  
by many deeds of shame  
we learn that love grows cold.

O'er lands both near and far  
thick darkness broodeth yet:  
arise, O Morning Star,  
arise, and never set!

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# Prayer of Penitence and Confession

*The minister may use this or another call to confession.*

*Minister:* Brothers and sisters: as we come together to share in the holy Communion of the Body and Blood of our Saviour Christ, the Scriptures urge us to examine our lives and repent of our sins. As we do so, let us be thankful that God the Son humbled himself, becoming man, to die for us on the Cross. And by the shedding of his precious blood, he obtained for us forgiveness of sins, and life with him forever. In remembrance of his death, and as a pledge of his love, Jesus instituted this holy sacrament, to our great and endless comfort.

You, then, who truly and earnestly repent of your sins, seek to live in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from now on in his holy ways, draw near with faith, and take this holy sacrament to your comfort. But first, let us make our humble confession to almighty God.

*(Please kneel or be seated.)*

**All: Almighty God, our Heavenly Father  
we have sinned against you  
and against our neighbour,  
in thought and word and deed,  
in the evil we have done  
and in the good we have not done,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry, and repent of all our sins.  
For the sake of your Son, Jesus Christ,  
who died for us,  
forgive us all that is past;  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

*The minister declares God's forgiveness:*

Almighty God,  
who forgives all who truly repent  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

*All:* **Amen.**

*Then the minister shall say,*

Hear the words of comfort our Saviour Christ says unto all  
that truly turn to him.

Come to me, all who labour and are heavy laden, and I will  
give you rest.

(Matthew 11:28)

God so loved the world, that he gave his only Son, that  
whoever believes in him should not perish but have  
eternal life.

(John 3:16)

Hear also what St Paul says.

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

(1 Timothy 1:15)

Hear also what St John says.

If anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins.

(1 John 2:1-2)

# The Eucharist

*(Please remain kneeling or seated.)*

*Minister:* The Lord is here.

*All:* **His Spirit is with us.**

*Minister:* Lift up your hearts.

*All:* **We lift them to the Lord.**

*Minister:* Let us give thanks to the Lord our God.

*All:* **It is right to give him thanks and praise.**

*Minister:* It is indeed right it is our duty and our joy,  
at all times and in all places  
to give you thanks and praise,  
holy Father, heavenly King,  
almighty and eternal God,  
through Jesus Christ your Son our Lord.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

*All:* **Holy, holy, holy Lord  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the Highest!**

**[Blessed is he who comes in the name of the  
Lord; Hosanna in the Highest!]**

*This Prayer of Humble Access may be said by all.*

**All: We do not presume  
to come to this your table, merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.  
We are not worthy so much as to gather up  
the crumbs under your table.  
But you are the same Lord,  
whose nature is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ  
and to drink his blood,  
that we may evermore dwell in him  
and he in us.  
Amen.**



*The Minister prays:*

Almighty God, our Heavenly Father,  
who in your tender mercy gave your only Son  
Jesus Christ to suffer death upon the cross  
for our redemption;  
who made there,  
by his one oblation of himself once offered,  
a full, perfect and sufficient sacrifice  
for the sins of the whole world;  
and who instituted, and in his holy gospel  
commanded us to continue,  
a perpetual memory of his precious death  
until his coming again:  
Hear us, merciful Father, we humbly pray,  
and grant that we who receive  
these gifts of your creation,  
this bread and this wine,  
according to your Son our Saviour  
Jesus Christ's holy institution,  
in remembrance of his death and passion,  
may be partakers, by faith,  
of his most blessed body and blood:

who, in the night he was betrayed,  
took bread, and when he had given you thanks,  
he broke it and gave it to his disciples saying,  
“Take, eat; this is my body which is given for you;  
do this in remembrance of me.”

In the same way, after supper,  
he took the cup, and when he had given you thanks,  
he gave it to them saying,  
“Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins;  
do this, as often as you drink it,  
in remembrance of me.”

**All: Amen.**

**All: Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
give us your peace.**

# The Distribution

*Minister:*

Jesus is the Lamb of God who takes away the sins of the world.

Eat and drink this in remembrance that he died for you and feed on him in your hearts by faith with thanksgiving.

# Hymn: Lord Jesus, Think On Me

*A.W. Chatfield 1808-1896*

Lord Jesus, think on me,  
and purge away my sin;  
from earthborn passions set me free,  
and make me pure within.

Lord Jesus, think on me  
with many a care opprest;  
let me thy loving servant be,  
and taste thy promised rest.

Lord Jesus, think on me,  
nor let me go astray;  
through darkness and perplexity  
point thou the heavenly way.

Lord Jesus, think on me,  
that, when the flood is past,  
I may the eternal brightness see,  
and share thy joy at last.

# Hymn: Sovereign Grace O'er Sin Abounding

*John Kent 1766-1843*

Sovereign grace o'er sin abounding!  
Ransomed souls, the tidings swell;  
'Tis a deep that knows no sounding;  
Who its breadth or length can tell?  
On its glories, on its glories,  
Let my soul for ever dwell.

What from Christ the soul can sever,  
Bound by everlasting bands?  
Once in Him, in Him for ever;  
Thus the eternal covenant stands.  
None shall pluck thee, none shall pluck thee  
From the Saviour's mighty hands.

Heirs of God, joint-heirs with Jesus,  
Long ere time its race begun;  
To His name eternal praises;  
O what wonders love has done!  
One with Jesus, one with Jesus,  
By eternal union one.

On such love, my soul, still ponder,  
Love so great, so rich, so free;  
Say, while lost in holy wonder,  
Why, O Lord, such love to me?  
Hallelujah! Hallelujah!  
Grace shall reign eternally.

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# Hymn: How Deep The Father's Love

*Stuart Townend*

How deep the Father's love for us  
How vast beyond all measure  
That He should give His only Son  
To make a wretch His treasure  
How great the pain of searing loss  
The Father turned His face away  
As wounds which mar the Chosen One  
Bring many sons to glory

Behold the Man upon a cross  
My sin upon His shoulders  
Ashamed I hear my mocking voice  
Call out among the scoffers  
It was my sin that held Him there  
Until it was accomplished  
His dying breath has brought me life  
I know that it is finished

I will not boast in anything  
No gifts, no power, no wisdom  
But I will boast in Jesus Christ  
His death and resurrection  
Why should I gain from His reward  
I cannot give an answer  
But this I know with all my heart  
His wounds have paid my ransom

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# Prayers of Response

*(Please kneel or be seated)*

**All: Almighty God,  
we thank you for feeding us  
with the spiritual food  
of the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out into the world  
in the power of your Spirit,  
to live and work  
to your praise and glory.  
Amen.**

## Announcements

# The Blessing

*The gathering ends with a blessing.*

*Minister:* The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All:* **Amen.**

*Minister:* Go in peace to love and serve the Lord.

*All:* **In the name of Christ. Amen.**

# Hymn: Forth In Thy Name, O Lord, I Go

*Charles Wesley 1707-1788*

Forth in Thy name, O Lord, I go,  
My daily labour to pursue;  
Thee, only Thee, resolved to know  
In all I think, or speak, or do.

The task Thy wisdom hath assigned,  
O let me cheerfully fulfil;  
In all my works Thy presence find,  
And prove Thy good and perfect will.

Preserve me from my calling's snare,  
And hide my simple heart above,  
Above the thorns of choking care,  
The gilded baits of worldly love.

Thee may I set at my right hand,  
Whose eyes my inmost substance see,  
And labour on at Thy command,  
And offer all my works to Thee.

Give me to bear Thy easy yoke,  
And every moment watch and pray,  
And still to things eternal look,  
And hasten to Thy glorious day.

For Thee delightfully employ  
Whate'er Thy bounteous grace hath given;  
And run my course with even joy,  
And closely walk with Thee to Heaven.

Public Domain

## Connect with us

Thank you for joining our service. If you would like for us to get in touch with you, or have any feedback for us, please fill in our Connection Card at [stmarys.my/connect](https://stmarys.my/connect).

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## Giving

### Online transfer

Bank name: **Standard Chartered Bank Malaysia Bhd**

Account name: **St Mary's Cathedral**

Account number: **312 142 334 691**

Recipient reference: If giving a pledge, enter ***your 3-digit pledge number***.  
Otherwise, enter **Online Service** or the service you normally attend.

For one-off giving, please email the bank-in slip or online transfer receipt to: **collections@stmaryscathedral.org.my**

### E-wallet

Scan the following QR code using any e-wallet app (Touch n Go/GrabPay/Boost). Please ensure “St Mary's Cathedral” is listed as the payee.



## St Mary's Cathedral Main Hall

Note: This method of giving is analogous to putting cash into the offertory bag/box. Your donation will go to the General Fund. You will not be given a receipt. Do not use this to give a pledge.

Details on our webpage: [stmarys.my/give](https://stmarys.my/give).

### **Giving via Pledge Envelopes**

In recent years, the church giving system has moved from a pledge envelope system to an online giving system. Those who wish to remain contributing via pledge envelopes are advised to write their pledge numbers on any blank envelopes and drop them in the allocated boxes at church.

## Onsite and Online Services

Here are the details of our English onsite services on Sundays:

- Liturgical Services – 7am, 9am, 11am
- Contemporary (SMACC) Services – 11am, 5pm

If you are joining us online on Sundays, the Liturgical service will be livestreamed at 9am.

More information about our services can be found here: [stmarys.my/services](http://stmarys.my/services).

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## Carparking

If you are attending any of the services or events at St Mary's Cathedral, please park at the Dataran Merdeka Underground Carpark across the road.

The Cathedral Carpark is reserved for women travelling alone who may feel unsafe parking in the Dataran Merdeka Underground Carpark, people with young children who would find it hard to cross the road with them, and those who are elderly, or suffering from illness

or disability who would then find it hard to walk from the carpark across the road.

If you fall into any of the categories above and wish to park in the Cathedral, please visit [stmarys.my/booking](https://stmarys.my/booking) to book a carpark on Sundays. There is also an option for you to indicate on the form that you would like to book a parking spot for 6 months. Your car plate number will then be given to the guards and you will be allowed in.

Bookings for carparking will open at 2pm on Sunday and close at noon on Friday.

If you miss a booking but you fall into any of the categories mentioned above and need to park in the Cathedral, you may request for a temporary paper form from the guard to allow you to park just for that day.

If you are parking in the Cathedral, please drive slowly and carefully for the sake of the safety of the many pedestrians in the Cathedral compound.

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## **Community Meal**

Next Community Meal: 14 July 2024

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## Kids' Church

The Kids' Church classes run on Sunday mornings. The different age groups meet at their respective classrooms on the ground floor of the Cathedral. Parents may pick up their children after the 11am church services ends.

Please email [kidschurch@stmaryscathedral.org.my](mailto:kidschurch@stmaryscathedral.org.my) or speak to our Kids' Church teachers for further information.

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## Opportunities to Serve

Do you have a heart for service and a desire to be part of a vibrant community? St Mary's Cathedral is looking for dedicated people to help us in various roles. If you're a regular at the Cathedral and would like to lend a hand, we encourage you to register your interest today! Simply visit [stmarys.my/serve](http://stmarys.my/serve) to learn more and fill out the serving form. We look forward to welcoming you onto our team!

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## Being Anglican Course (Part 2 of the Adult Confirmation Programme)

The next round of Part 2 of the Cathedral's Adult Confirmation Programme, 'Being Anglican', will run for 4 Saturdays (20 July, 27 July, 3 August, 10 August), 10.30am-12.30pm, in Room GF5 at St Mary's Cathedral.

If you are 18 and above and are interested in being confirmed, then please let us know at [stmarys.my/adultconfirmation](https://stmarys.my/adultconfirmation). If you have already done 'Just for Starters' (Part 1), let us know on the form and we will enrol you in the 'Being Anglican' course.

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## Kids' Church: Family Picnic

Kids' Church Family Picnic is happening on 20 July 2024, from 8.30am to 10.30am at Perdana Botanical Gardens!

This event is for children ages 0-12 and their families. It will be a great opportunity for kids, parents, and Kids' Church teachers to connect and enjoy a lovely Saturday morning together. We hope to see you there!

Please register by Wednesday, 17 July 2024, at [stmarys.my/kcfamilypicnic](https://stmarys.my/kcfamilypicnic)

# Cathedral Women's Fellowship Talk: Intimacy

We are designed for relationships, but sometimes struggle most with those we are closest to. Come and explore the problems and promise of intimacy and find hope for our relationships with friends, husbands, and God himself.

Date: Saturday, 3 August 2024

Time: 9.30am - 2.00pm

Venue: MPH, St Mary's Cathedral

Fee: RM10 (for lunch)

Speakers: Judi Cheah and Frances Lim (clinical psychologist)

Note: Only for women ages 18 and above.

If interested, please register here: [stmarys.my/cwf](https://stmarys.my/cwf)

If you need more information, please contact Judi Cheah (012 375 7694).

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## SMAGLOW 2024: Prayers of Pilgrimage

SMAGLOW, our camp for the English congregations of the Cathedral, is happening from 15-17 September in Ancasa Residences, Port Dickson! Our speaker, Rev. John Warner,

will take us through the Psalms and how it can be a source of encouragement for us daily through the different seasons of our lives.

Camp fees are subsidised by the church and are priced at RM420 per person for a twin room sharing with different rates for children pending their ages. If anyone needs an extra mattress, it is RM300 per adult/child.

The camp form and details are available at [stmarys.my/smaglow](https://stmarys.my/smaglow), which will be updated from time to time. We are also looking for volunteers in some areas. Do check out the website above for more details. If anyone has any questions, can reach out to the organisers via [smaglow@stmaryscathedral.org.my](mailto:smaglow@stmaryscathedral.org.my)

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## **Ministry Partners News 2024**

We are excited to share this new annual booklet in which you can read about the ministries that take place in St Mary's Cathedral and learn about how you can be involved in this gospel partnership. Download the booklet here: [stmarys.my/mpn](https://stmarys.my/mpn)

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## Personal Details Update

Thank you for being here with us at St Mary's Cathedral and we would like to get to know you better.

Here is a form to update your contact details on our church management system, for us to stay in touch with you. This will also help the pastoral and admin teams to have details of those whom we are seeking to serve.

[stmarys.my/survey2024](https://stmarys.my/survey2024)

Rest assured that we will be safeguarding the information and it will not be used for any commercial purposes.

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## Building Roof & External Walls

The main roof and external walls of the Cathedral are in need of major repairs to address leaks that are threatening the comfort and safety of the building. We will need to raise funds for the repair and restoration works. For more information on the extent of damage and works, and for occasional updates on the funds collected, please visit [stmarys.my/building](https://stmarys.my/building).

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## Seminars

Our website has a page dedicated to seminars that we ran in the past. Topics include gender identity, parenting, relationships and church history. If you would like to listen to or watch videos of these seminars, you can find them at [stmarys.my/seminars](http://stmarys.my/seminars).

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## Golden Circle: Chair Exercise

The Golden Circle conducts a fitness programme for seniors at the Cathedral. Movements consist of chair exercises to strengthen and tone muscles, improve balance, improve lung function, and improve circulation and cardiac function.

Day: Fridays

Time: 9.30-10.30am

Venue: MPH

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## Donation for Flowers

If you would like to donate flowers to commemorate occasions (such as anniversary, memorial, baptism, birthday), you can let us know by indicating on the

spreadsheet on the notice board at the Cathedral entrance. Please send a WhatsApp message to Janet Chan (017 213 3418) and she will contact you to discuss the type, colour and cost of flowers. Payment for the flowers can be made by placing it in an envelope and writing on the envelope the purpose for the payment (in this case 'Flowers'). Please drop the envelope in one of the allocated collection boxes at church. If you would like a receipt to be issued to you, please write your name and contact number on the envelope, and we will send the receipt to you.

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## **St Mary's Agape Mission School**

St Mary's Agape Mission School is always on the lookout for volunteers or anyone looking to sponsor a refugee child's education for the short / long term. No prerequisites required.

As a number of students are resettling in the next few months, if anyone has cold weather clothes you no longer need and wish to give them away, please contact Dr Mei Tan at [agapeschool@stmaryscathedral.org.my](mailto:agapeschool@stmaryscathedral.org.my)

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## The Daily Office

We invite you to join us for the Daily Office – a short daily service with systematic Bible readings and set prayers. This will take place every day at 7.30am by Zoom (except Sunday).

If you think this would be a helpful part of your daily routine, please join us by simply going to [stmarys.my/dailyoffice](https://stmarys.my/dailyoffice) at about 7.25am each day for a 7.30am start. That will take you directly to the Zoom room where the service takes place. The service will finish before 8am.

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## Pastoral Needs

If you are a regular at St Mary's Cathedral and would like to make an appointment to talk to a member of the pastoral team, please let us know by filling in a Connection Card at [stmarys.my/connect](https://stmarys.my/connect) or call the Cathedral Office at 011 5760 3484.

If there is a pastoral emergency, you can reach the pastoral team on our Emergency Pastoral Care Hotline: 011 5762 8524.



## Small Groups

Looking to connect with a Christian community? We encourage you to consider joining one of our in-person or online small groups. This is one of the important ways we grow together as a community of God's people as we gather under his Word and seek to encourage one another to persevere in following Jesus.

If you would like to join a small group, please fill in a form at [stmarys.my/smallgroups](https://stmarys.my/smallgroups) and we'd be happy to help find you one.

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## Youth Fellowship

Our Youth Fellowship (ages 13-18) meets on Sundays at 9am in the GF3 room (the room between the Pantry and the Old Office). If you would like to join us, please sign up at [stmarys.my/youth](https://stmarys.my/youth).

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## Youth Confirmation Programme

If you would like to indicate interest in our Youth Confirmation Programme for your teenager aged 13-17, please let us know at

[stmarys.my/youthbaptismconfirmation](http://stmarys.my/youthbaptismconfirmation) and we will inform you when the next one starts.

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## Subscribe to our Mailing List

To receive emails about latest updates and important news about the Cathedral, fill in the form at [stmarys.my/subscribe](http://stmarys.my/subscribe).

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## Dataran Merdeka Underground Carpark

Here are the weekend parking rates (Saturday & Sunday):

12am-9.59am – RM 4.00 per entry

10am-11.59pm – RM 5.00 per entry

For more information on payment methods, you can find them at [stmarys.my/dataran](http://stmarys.my/dataran).

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## Work Care Panel

We have a panel to help our Cathedral community look for work or advise about work and training opportunities.

If you're looking for work and wouldn't mind a helping hand, fill in our Connection Card at [stmarys.my/connect](https://stmarys.my/connect), indicating that you would like someone from the Work Care Panel to contact you.

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## **Photography/Video Recordings during Services**

Please note that taking photographs and/or recording videos are not allowed during our services without prior permission. If you would like to have footage of the service, you may look up our [YouTube channel](#).

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## **WhatsApp Announcement Groups**

We have new WhatsApp announcement groups! Do join your service community to receive the appropriate updates on the goings-on here at the cathedral. You can join by clicking the links below. Only admins will be able to post and to see the phone numbers of everyone in the group. You will get the order of service for the congregation you are in each week (with all the announcements within the document). Admins will carefully limit the number of other announcements sent out to avoid overloading your WhatsApp inbox.



[Liturgical 7am](#)



[Liturgical 9am](#)



[Liturgical 11am](#)



[Liturgical Online](#)



[SMACC 1](#)



[SMACC 2](#)