

Holy Eucharist

10 October 2021



Synod of the Diocese of West Malaysia

St Mary's Cathedral

Making disciples of Jesus Christ

Welcome

Collects

(Please stand)

All: **Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord.
Amen.**

Collect for the nineteenth Sunday after Trinity

**All: O God, forasmuch as without you
we are not able to please you;
mercifully grant that your Holy Spirit
may in all things direct and rule our hearts;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.**

Old Testament Reading: 1 Samuel 21:1-22:2

(Please be seated)

¹ Then David came to Nob, to Ahimelech the priest. And Ahimelech came to meet David, trembling, and said to him, “Why are you alone, and no one with you?” ² And David said to Ahimelech the priest, “The king has charged me with a matter and said to me, ‘Let no one know anything of the matter about which I send you, and with which I have charged you.’ I have made an appointment with the young men for such and such a place. ³ Now then, what do you have on hand? Give me five loaves of bread, or whatever is here.” ⁴ And the priest answered David, “I have no common bread on hand, but there is holy bread—if the young men have kept themselves from women.” ⁵ And David answered the priest, “Truly women have been kept from us as always when I go on an expedition. The vessels of the young men are holy even when it is an ordinary journey. How much more today will their vessels be holy?” ⁶ So the priest gave him the holy bread, for there was no bread there but the bread of the Presence, which is removed from before the Lord, to be replaced by hot bread on the day it is taken away.

⁷ Now a certain man of the servants of Saul was there that day, detained before the Lord. His name was Doeg the Edomite, the chief of Saul's herdsmen.

⁸ Then David said to Ahimelech, "Then have you not here a spear or a sword at hand? For I have brought neither my sword nor my weapons with me, because the king's business required haste." ⁹ And the priest said, "The sword of Goliath the Philistine, whom you struck down in the Valley of Elah, behold, it is here wrapped in a cloth behind the ephod. If you will take that, take it, for there is none but that here." And David said, "There is none like that; give it to me."

¹⁰ And David rose and fled that day from Saul and went to Achish the king of Gath. ¹¹ And the servants of Achish said to him, "Is not this David the king of the land? Did they not sing to one another of him in dances,

'Saul has struck down his thousands,
and David his ten thousands'?"

¹² And David took these words to heart and was much afraid of Achish the king of Gath. ¹³ So he changed his behavior before them and pretended to be insane in their hands and made marks on the doors of the gate and let his spittle run down his beard. ¹⁴ Then Achish said to his

servants, “Behold, you see the man is mad. Why then have you brought him to me? ¹⁵ Do I lack madmen, that you have brought this fellow to behave as a madman in my presence? Shall this fellow come into my house?”

^{22:1} David departed from there and escaped to the cave of Adullam. And when his brothers and all his father's house heard it, they went down there to him. ² And everyone who was in distress, and everyone who was in debt, and everyone who was bitter in soul, gathered to him. And he became commander over them. And there were with him about four hundred men.

At the end of the reading the reader says

Reader: This is the Word of the Lord.

All: **Thanks be to God.**

Gospel Reading: Luke 6:1-5

After the reader announces the reading (the people all standing up), all shall say

Glory to Christ our Saviour

¹ On a Sabbath, while he was going through the grainfields, his disciples plucked and ate some heads of grain, rubbing them in their hands. ² But some of the Pharisees said, “Why are you doing what is not lawful to do on the Sabbath?” ³ And Jesus answered them, “Have you not read what David did when he was hungry, he and those who were with him: ⁴ how he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?” ⁵ And he said to them, “The Son of Man is lord of the Sabbath.”

At the end of the reading the reader shall say

This is the Gospel of Christ

All shall respond

Praise to Christ our Lord

Sermon: The King To Align With

1 Samuel 21-22

1. Background

2. The Story

- **Nob (21:1-9)**
 - **Gath [foreign King] (21:10-15)**
 - **The Cave of Adullam (22:1-2)**
 - **Moab [foreign king] (22:3-5)**
- **Consequences for Nob (22:6-23)**

3. So where do we fit in?

The Nicene Creed

(Please stand)

**All: We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
by the power of the Holy Spirit
he was born of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate;
he suffered, died and was buried.
On the third day he rose again
in fulfilment of the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
With the Father and the Son
he is worshipped and glorified,
He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

(Please kneel or be seated)

Prayers for the nations of the world and our own nation:

Leader: O God, our creator and preserver, we pray for people of every race, and in every kind of need: make your ways known on earth, your saving power among all nations.
(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers for the church throughout the world and our own church:

Leader: We pray for your Church throughout the world: guide and govern us by your Holy Spirit, that all who profess and call themselves Christians may be led into the way of truth, and hold the faith in unity of spirit, in the bond of peace, and in righteousness of life.
(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayer for the sick, the suffering and those who mourn the death of loved ones:

Leader: We commend to your fatherly goodness all who are anxious or distressed in mind or body; comfort and relieve them in their need; give them patience in their sufferings and bring good out of their troubles.

(Especially we pray for ...)

Leader: Lord, in your mercy

All: **hear our prayer.**

Prayers conclude with the Lord's Prayer:

All: **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and forever.
Amen.**

Prayer of Confession

(Please remain kneeling or seated)

The minister may use this or another call to confession

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Let us therefore confess our sins in penitence and faith,

firmly resolved to keep God's commandments and to live in love and peace with all people.

***All:* Almighty God, our Heavenly Father**

**We admit that we have sinned against you
in thought, word and deed,
and deserve your just punishment.**

**We truly repent and are sorry
for what we have done.**

Have mercy on us, merciful Father.

**For the sake of your Son Jesus Christ,
who died for us,**

forgive us all that is past,

**and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The minister declares God's forgiveness

Almighty God,
who forgives all who truly repent
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All: **Amen.**

The Eucharist

(Please remain kneeling or seated)

Minister: Lift up your hearts

All: **We lift them to the Lord**

Minister: Let us give thanks to the Lord our God

All: **It is right to give him thanks and praise**

The Minister prays

Almighty God, our Heavenly Father,
We thank you that in your love and mercy,
you gave your only Son Jesus Christ
to die on the cross for our redemption.

We thank you that by offering himself once for all,
he made a full, perfect and sufficient sacrifice for sin
and completely satisfied your holiness,
justice and love.

And he instructed us to remember his death together
until his coming again.

Hear us, merciful Father,
and grant that by your Holy Spirit,
we who eat and drink this bread and wine,
according to our Lord's command

may remember his death for us with faith,
trusting in him alone for our salvation
and so share in his body and blood.

For on the night he was betrayed, he took bread,
and when he had given you thanks, he broke it
and gave it to his disciples saying,

“Take, eat; this is my body which is given for you;
do this in remembrance of me.”

In the same way, after supper, he took the cup,
and when he had given you thanks,
he gave it to them saying,

“Drink from this, all of you;
for this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins;
do this, as often as you drink it,
in remembrance of me.”

All: **Amen.**

The Distribution

Minister:

Eat and drink this in remembrance that Christ died for you and feed on him in your hearts by faith with thanksgiving

Hymn: The Lord's My Shepherd

Scottish Psalter 1650

The Lord's my Shepherd, I'll not want;
he makes me down to lie
in pastures green; he leadeth me
the quiet waters by.

My soul he doth restore again,
and me to walk doth make
within the paths of righteousness,
e'en for his own name's sake.

Yea, though I walk in death's dark vale,
yet will I fear none ill;
for thou art with me, and thy rod
and staff me comfort still.

My table thou hast furnished
in presence of my foes;
My head thou dost with oil anoint,
and my cup overflows.

Goodness and mercy all my life
shall surely follow me;
and in God's house forevermore
my dwelling-place shall be.

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Hymn: Take My Life

Frances Ridley Havergal 1836-1879

Take my life, and let it be
consecrated, Lord, to thee;
take my moments and my days,
let them flow in ceaseless praise.

Take my hands, and let them move
at the impulse of thy love;
take my feet, and let them be
swift and beautiful for thee.

Take my voice, and let me sing
always, only, for my King;
take my lips, and let them be
filled with messages from thee.

Take my silver and my gold;
not a mite would I withhold;
take my intellect, and use
every power as thou shalt choose.

Take my will, and make it thine;
it shall be no longer mine;
take my heart: it is thine own;
it shall be thy royal throne.

Take my love; my Lord, I pour
at thy feet its treasure store;
take myself, and I will be
ever, only, all for thee.

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Hymn: Great Is Thy Faithfulness

W.M. Runyan 1870-1957

Great is Thy faithfulness, O God my Father;
there is no shadow of turning with thee;
Thou changest not, thy compassions, they fail not;
as thou hast been thou forever wilt be.

Great is thy faithfulness!

Great is thy faithfulness!

*Morning by morning new mercies I see;
all I have needed thy hand has provided:
great is thy faithfulness, Lord, unto me!*

Summer and winter, and springtime and harvest;
sun, moon, and stars in their courses above
join with all nature in manifold witness,
to Thy great faithfulness, mercy, and love.

Pardon for sin and a peace that endureth,
Thy own dear presence to cheer and to guide;
strength for today and bright hope for tomorrow:
blessings all mine, with ten thousand beside!

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Prayer of Response

(Please kneel or be seated)

**All: Heavenly Father,
we offer ourselves to you as a living sacrifice
through Jesus Christ our Lord.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

Announcements

Dismissal

The gathering ends with a blessing.

Minister: The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All: **Amen.**

Minister: Go in peace to love and serve the Lord.

All: **In the name of Christ. Amen.**

Connect with us

Thank you for joining our service. If you would like for us to get in touch with you, or have any feedback for us, please fill in our connection card at stmarys.my/connect

Giving

Online transfer

Bank name: **Standard Chartered Bank Malaysia Bhd**

Account name: **St Mary's Cathedral**

Account number: **312 142 334 691**

Recipient reference: If giving a pledge, enter ***your 3-digit pledge number.***

Otherwise, enter **Online Service**

For one-off giving, please email the bank-in slip or online transfer receipt to: **collections@stmaryscathedral.org.my**

Boost e-wallet

Scan the following QR code using the Boost App. Be sure to confirm "St Mary's Cathedral" is listed as the payee.



St Mary's Cathedral

Note: This method of giving is analogous to putting cash into the offertory bag/box. Your donation will go to the General Fund. You will not be given a receipt. Do not use this to give a pledge.

Details on our webpage: stmarys.my/give

Onsite & Online Services

God willing, we will be having the following English services in the Cathedral on Sunday, 17 October.

- English Liturgical Service – 10.00 am
- English Contemporary (SMACC) Service – 5.00 pm

If you would like to book to come, you can do so at stmarys.my/booking. Bookings will open at 2.00 pm on Sunday and will close at noon on Friday or when all the seats are taken, whichever comes first. If you find it hard to book online, you can call the Cathedral Office on 011-5760-3484 during office hours and Mrs Nesamani will help with the booking. **You will need to have a confirmed booking before you can come on Sunday.**

If you are joining us online on Sundays, both the services above will be livestreamed from the Cathedral (Liturgical at 10.00 am, SMACC at 5.00 pm).

More information about our services can be found here: stmarys.my/services

Adult Confirmation Programme

Our Adult Confirmation Programme at St Mary's has 2 parts. Part 1 is called 'Just for Starters' – and the same material is also used for baptism preparation and other bible studies as well. This is normally done one-to-one or in a very small group. Part 2 is called 'Being Anglican' (it was previously called 'Adult Anglican Confirmation 2') and it's a basic introduction to Christian living in an Anglican church. *(It is not to be confused with the Anglicanism*

programme which is for leaders and people who want to study Anglican doctrine and practice in a more detailed way.)

The next round of Part 2 of the Adult Confirmation Programme, 'Being Anglican', by Rev Lee Kon Yim, will begin on 24 October at 2.00 pm and will go for 5-6 sessions.

If you are 18 and above and are interested in being confirmed then please let us know at stmarys.my/adultconfirmation. If you have already done 'Just for Starters', let us know on the form and we will enrol you in the 'Being Anglican' course. Otherwise, we will just hold your enquiry until the next time we run 'Just for Starters', so you can do part 1 first before doing part 2.

If you have already been prepared for confirmation, and you are just waiting for it to happen, there is no need to fill out the form. Someone will be in contact with you this week to arrange a time for the confirmation. However, if you don't hear from us this week, please call the Cathedral Office on 011- 5760-3484 next Monday, 18 October, or email office@stmaryscathedral.org.my or fill in a Connection Card at stmarys.my/connect and let us know.

Youth Confirmation Programme

If you would like to indicate interest in our Youth Confirmation Programme for your teenager aged 13-17, please let us know at stmarys.my/youthconfirmation and we will inform you when the next one starts.

Adopt-A-Family Initiative

Since our last update, the Adopt-A-Family initiative has now adopted an additional 16 families in a new community! We are now caring for 35 families in three communities in Kuala Lumpur. This wouldn't have been possible without your contribution and prayers.

This new community is looking to set up a day care centre so that some moms can go to work and other moms can earn some income from taking care of the kids in the community. To set up this day care centre, they would need kids furniture, mattresses, stationery, books and toys. If you have any suitable pre-loved items and would like to contribute to this, please fill in a Connection Card at stmarys.my/connect, and someone from our 'Adopt-A-Family' team will send you more details.

Online Public Tours of St Mary's Cathedral

Learn about the history of the Cathedral and its connection with Malaysia's past. Embark on a fascinating guided tour of this early English Gothic style church. This tour will take you through over 10 stations in the Cathedral. See the official seat of the Anglican Bishop of West Malaysia, a pipe organ designed and built by the famous Englishman Henry Willis, historical plaques hung in memory of notable people, and, of course, amazing stained glass windows.

Sign up by 14 October for a free online public tour of the Cathedral on Saturday, 16 October 2021 at 11.00 am.

Please visit stmarys.my/tours for more details on how to sign up.

Banns of Marriage

I publish the banns of marriage between Ezra Voon Bu Khiong and Emily Thea Li Ching - both of St. Mary's Cathedral.

This is the THIRD TIME of asking. If any of you know any reason in law why these persons may not marry each other, you are to declare to me.

Dean,
Very Rev Dr Andrew Cheah

The Daily Office

We invite you to join us for the Daily Office - a short daily service with systematic Bible readings and set prayers. This will take place every day at 7.30 am by Zoom (except Sunday).

If you think this would be a helpful part of your daily routine over this segment of the lockdown, please join us by simply going to stmarys.my/dailyoffice at about 7.25 am each day for a 7.30 am start. That will take you directly to the Zoom room where the service takes place. The service will finish well before 8.00 am.

If you can't use Zoom for any reason, but you are keen to be involved, then give our office a call during office hours on 01157603484 and we will be happy to discuss special arrangements with you.

Small Groups

Looking to connect with a Christian community to share lives and grow spiritually? As we have not been able to attend church services and see each other physically, please do consider joining an online small group to study God's Word, as well as to support and encourage one another.

Do fill in this form and we will connect you to a small group: stmarys.my/smallgroups

Kids' Church

Kids' Church meets online every week at the following times:

- 3-4 year olds on Sunday at 10.20 am
- 5-6 year olds on Sunday at 9.00 am
- 7-9's on Saturday at 2.00 pm
- 10-12's on Sunday at 2.00 pm

If you would like to enrol your child or find out more about Kids' Church, please visit stmarys.my/kids

Youth Fellowship

Our Youth Fellowship (ages 13-18) meets on Sundays at 2.00 pm. If you would like to join us, please sign up at stmarys.my/youth.

Zoom Prayer Meeting

We will be having our Zoom prayer meeting on the second and fourth Saturdays of each month. The link to this prayer meeting will be sent to you in our Friday emails (if you are not on our mailing list, please subscribe to it here: stmarys.my/subscribe).

Subscribe to our Mailing List

To receive emails about latest updates and important news about the Cathedral, fill in the form at stmarys.my/subscribe

Work Care Panel

We have a panel to help our Cathedral community look for work or advise about work and training opportunities. If you're looking for work and wouldn't mind a helping hand, fill in our connection card at stmarys.my/connect, indicating that you would like someone from the Work Care Panel to contact you.

Pastoral Emergencies

If you or someone you know is finding this time a particularly challenging one, or would like someone to pray with you, please do call one of your leaders or congregational pastors. Please also remember that you can use our Emergency Pastoral Care Hotline on 011 5762 8524.

Please do reach out if you need help with food or other essentials like groceries. You can let us know by filling in a Connection Card at stmarys.my/connect.