

# Morning Prayer

Online Service | Sunday, 29 March 2020



Synod of the Diocese of West Malaysia

**St Mary's Cathedral**

*Making disciples of Jesus Christ*

## Greeting

¶ *The Minister welcomes the people to the online service.*

## Hymn: All People That On Earth Do Dwell

1. All people that on earth do dwell,  
sing to the Lord with cheerful voice.  
Serve him with joy, his praises tell,  
come now before him and rejoice!

2. Know that the Lord is God indeed;  
he formed us all without our aid.  
We are the flock he comes to feed,  
the sheep who by his hand were made.

*Chorus*  
*O let the earth rejoice, lift up your voice*  
*and magnify his holy name (x 2)*

3. O enter then his gates with joy,  
within his courts his praise proclaim.  
Let thankful songs your tongues employ,  
O bless and magnify his name.

4. Because the Lord our God is good,  
his mercy is forever sure.  
His faithfulness at all times stood  
and shall from age to age endure.

*Chorus*  
*O let the earth rejoice, lift up your voice*  
*and magnify his holy name (x 2)*

5. Praise God from whom all blessings flow;  
praise him, all creatures here below;  
Praise him above, ye heavenly host;  
praise Father, Son, and Holy Ghost.

Words: William Kethe  
Music: Old 100th (from the Genevan Psalter)  
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## The Apostles' Creed

*All*        **I believe in God, the Father almighty,  
creator of heaven and earth.**  
**I believe in Jesus Christ, his only Son, our Lord.**  
**He was conceived by the power of the Holy Spirit**  
**and born of the Virgin Mary.**  
**He suffered under Pontius Pilate,**  
**was crucified, died, and was buried.**  
**He descended to the dead.**  
**On the third day he rose again.**

**He ascended into heaven, and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

### **Old Testament: Exodus 33:18 – 34:9**

<sup>18</sup> Moses said, "Please show me your glory." <sup>19</sup> And he said, "I will make all my goodness pass before you and will proclaim before you my name 'The LORD.' And I will be gracious to whom I will be gracious, and will show mercy on whom I will show mercy. <sup>20</sup> But," he said, "you cannot see my face, for man shall not see me and live." <sup>21</sup> And the LORD said, "Behold, there is a place by me where you shall stand on the rock, <sup>22</sup> and while my glory passes by I will put you in a cleft of the rock, and I will cover you with my hand until I have passed by. <sup>23</sup> Then I will take away my hand, and you shall see my back, but my face shall not be seen."

<sup>1</sup> The LORD said to Moses, "Cut for yourself two tablets of stone like the first, and I will write on the tablets the words that were on the first tablets, which you broke. <sup>2</sup> Be ready by the morning, and come up in the morning to Mount Sinai, and present yourself there to me on the top of the mountain. <sup>3</sup> No one shall come up with you, and let no one be seen throughout all the mountain. Let no flocks or herds graze opposite that mountain." <sup>4</sup> So Moses cut two tablets of stone like the first. And he rose early in the morning and went up on Mount Sinai, as the LORD had commanded him, and took in his hand two tablets of stone. <sup>5</sup> The LORD descended in the cloud and stood with him there, and proclaimed the name of the LORD. <sup>6</sup> The Lord passed before him and proclaimed, "The LORD, the LORD, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, <sup>7</sup> keeping steadfast love for thousands forgiving iniquity and transgression and sin, but who will by no means clear the guilty visiting the iniquity of the fathers on the children and the children's children, to the third and the fourth generation." <sup>8</sup> And Moses quickly bowed his head toward the earth and worshiped. <sup>9</sup> And he said, "If now I have found favour in your sight, O Lord, please let the Lord go in the midst of us, for it is a stiff-necked people, and pardon our iniquity and our sin, and take us for your inheritance."

*Reader*      This is the Word of the Lord.

*All*            **Thanks be to God.**

## Psalm 130

*A Song of Ascents.*

<sup>1</sup> Out of the depths I cry to you, O LORD!

<sup>2</sup> O Lord, hear my voice!

Let your ears be attentive

to the voice of my pleas for mercy!

<sup>3</sup> If you, O LORD, should mark iniquities,

O Lord, who could stand?

<sup>4</sup> But with you there is forgiveness,

that you may be feared.

<sup>5</sup> I wait for the LORD, my soul waits,

and in his word I hope;

<sup>6</sup> my soul waits for the Lord

more than watchmen for the morning,

more than watchmen for the morning.

<sup>7</sup> O Israel, hope in the LORD!

For with the LORD there is steadfast love,

and with him is plentiful redemption.

<sup>8</sup> And he will redeem Israel

from all his iniquities.

*Reader*     Glory be to the Father and to the Son and to the Holy Spirit,

*All*            **As it was in the beginning, is now and shall be forever. Amen**

## New Testament: Romans 8:26-39

<sup>26</sup> Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. <sup>27</sup> And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. <sup>28</sup> And we know that for those who love God all things work together for good for those who are called according to his purpose. <sup>29</sup> For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers. <sup>30</sup> And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified.

<sup>31</sup> What then shall we say to these things? If God is for us, who can be against us? <sup>32</sup> He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? <sup>33</sup> Who shall bring any charge against God's elect? It is God who justifies. <sup>34</sup> Who is to condemn? Christ Jesus is the one who died—more than that, who was raised— who is at the right hand of God who indeed is interceding for us. <sup>35</sup> Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? <sup>36</sup> As it is written,

“For your sake we are being killed all the day long;  
we are regarded as sheep to be slaughtered.”

<sup>37</sup> No, in all these things we are more than conquerors through him who loved us. <sup>38</sup> For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, <sup>39</sup> nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

*Reader*     This is the Word of the Lord.

*All*         **Thanks be to God.**

# **Sermon: Out of the Depths (Psalm 130)**

**Introduction: In the depths...**

## **Context**

- 1. Cry to the Lord (1-2)**
- 2. Seek the Lord's forgiveness (3-4)**
- 3. Wait for the Lord (5-6)**
- 4. Hope in the Lord (7-8)**

## **Conclusion**

## Song: My Hope Is Built On Nothing Less

1. My hope is built on nothing less  
Than Jesus' blood and righteousness  
I dare not trust the sweetest frame  
But wholly lean on Jesus' name

3. His oath, His covenant, His blood  
Support me in the whelming flood  
When all around my soul gives way  
He then is all my hope and stay

### *Chorus*

*On Christ the solid Rock I stand  
All other ground is sinking sand  
All other ground is sinking sand*

4. When He shall come with trumpet sound  
Oh may I then in Him be found  
Dressed in His righteousness alone  
Faultless to stand before the throne

2. When darkness hides His lovely face  
I rest on His unchanging grace  
In every high and stormy gale  
My anchor holds within the veil

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## Prayer of Confession

This saying is true and worthy of full acceptance, that Christ Jesus came into the world to save sinners.

*1 Timothy 1.15*

But with you there is forgiveness, that you may be feared.

*Psalms 103:4*

*All*        **Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour,  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry, and repent of all our sins.  
For the sake of your Son, Jesus Christ,  
who died for us,  
forgive us all that is past;  
and grant that we may serve you in newness of life  
to the glory of your name. Amen.**

*Minister* God wills that all should be saved  
and in response to his call we acknowledge our sins.  
He pardons those who humbly repent and truly believe the gospel.  
Therefore, we have peace with God, through Jesus Christ,  
to whom be blessing and honour for ever. **Amen**

## Liturgical Prayers

### ¶ *The collect for the Fifth Sunday of Lent.*

*All* **Most merciful God,  
who by the death and resurrection of your Son Jesus Christ  
delivered and saved the world:  
grant that by faith in him who suffered on the cross  
we may triumph in the power of his victory;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.**

### ¶ *Collect for grace.*

*All* **O Lord our heavenly Father, Almighty and Everlasting God,  
we praise you for bringing us safely to the beginning of this day:  
defend us with your mighty power,  
and grant that we fall into no sin, nor run into any kind of danger,  
but govern and guide us at all times,  
so that we may do what is right in your sight;  
through Jesus Christ our Lord. Amen.**

### ¶ *The Lord's Prayer.*

*All* **Our Father in heaven,  
hallowed be your Name,  
your kingdom come, your will be done,  
on earth as in heaven.**



**Give us today our daily bread.  
Forgive us our sins, as we forgive those who sin against us.  
Lead us not into temptation, but deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

## **Informal Prayers**

### **Song: Creation Awaits**

1: I am alive, saved by your sacrifice  
Death overcome, glory dispels the night  
You call the lifeless to wake  
from death to life  
Out of darkness arise

2: I am set free, saved from the power of sin  
Guilt, overcome, your Spirit at work within  
You break the chains of the law,  
I am released  
From the burden of sin

#### *Chorus*

*Now we cry, "Father", we are your children,  
We are adopted as your own  
No condemnation, we are forgiven,  
Nothing can take us from your love*

3: I am redeemed,  
raised with my saviour Christ  
Fear, overcome, I will be glorified  
You will forever defend and stand beside  
I am safe in your love

#### *Bridge*

*Creation awaits the glorious day  
When Jesus returns and trials will fade*

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## **Closing and Grace**

*All*            **The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore. Amen.**

*Minister*    Go in peace to love and serve the Lord.

*All*            **In the name of Christ. Amen.**

## Discussion Questions

### Pre-Service

1. How are you feeling about the past few weeks of lockdowns? Are there times you have felt discouraged or down?
2. How do you cope when you're feeling down/discouraged?

### Post-Service

3. Do you find it easy or hard to pray to the Lord during difficult times?
4. Why is it important to take time to reflect on our sin during this time of difficulty?
5. What is the right response to disasters according to Jesus in Luke 13:1-5? Why?
6. Are you someone who finds it difficult to "wait for the Lord"? How can we grow in patient trust in the Lord when we face troubles?
7. How does knowing God's character give us hope when we're in the depths?  
*O Israel, hope in the LORD! For with the LORD there is steadfast love, and with him is plentiful redemption. And he will redeem Israel from all his iniquities. (Psalm 130:7-8).*
8. When will we experience God's plentiful redemption? (Romans 8:18-25) How can we remain patient in hope as we wait?